

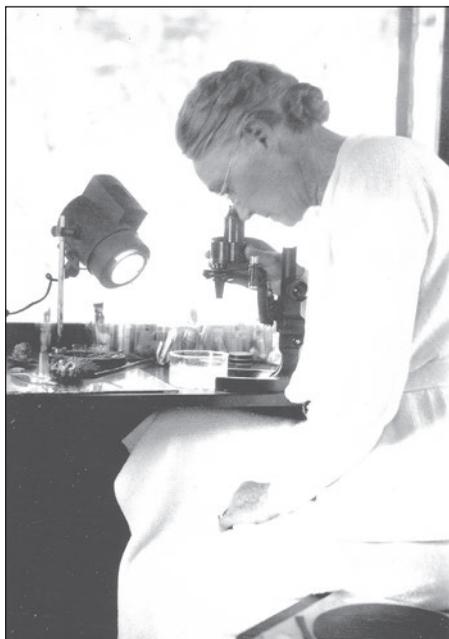


# International Women's Day Celebration

A film about Rachel Carson and the announcement of a new endowed conservation fund for girls will be part of the virtual celebration of International Women's Day on Monday, March 8 for the JN "Ding" Darling National Wildlife Refuge on Sanibel. The global observance, which began in 1911, applauds the social, economic, cultural and political achievements of women all over the world. The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) orchestrates the day's virtual events.

As part of its 9th annual "Ding" Darling Film Series, DDWS will air *A Sense of Wonder*, a 54-minute documentary chronicling environmental pioneer, biologist Rachel Carson, in the final year of her life. It portrays Carson as she looks back over her dealings with the government, media and chemical industry following the release of her then-controversial watershed book, *Silent Spring*, in 1962.

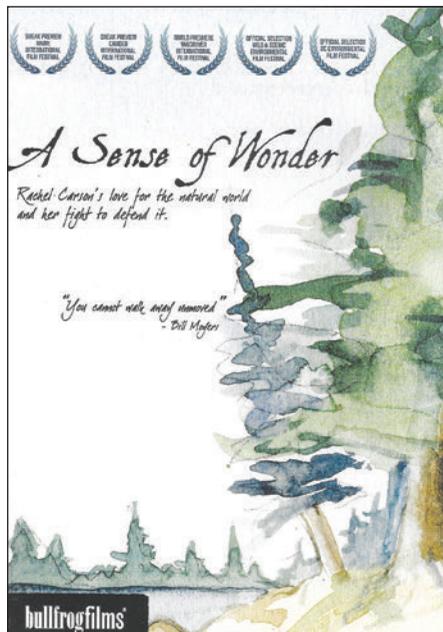
The film, sponsored by Sanibel Captiva Beach Resorts, is available for viewing for free any time that day, with a Zoom virtual discussion scheduled for 5 p.m. Pre-registration for the film and discussion are required; visit [www.dingdarlingsociety.org/articles/lecture-and-film-series](http://www.dingdarlingsociety.org/articles/lecture-and-film-series) for links. Those



**Dr. Louise Merrimon Perry retired to Sanibel, where she provided free eye exams for children** photos provided

who register for the film will receive an email a day before the showing with the streaming link and password along with a link to the Zoom discussion.

Also, in conjunction with International Women's Day, DDWS announces the establishment of a permanent endowed fund honoring the life of Dr. Louise Merrimon Perry, the first woman to donate land to the refuge, protecting the coastal Perry Tract on Sanibel Island. The Dr.



**Participants can view a free film that day**

Louise Merrimon Perry Conservation Fund for Girls, known familiarly as the LMP Fund for Girls, honors the highly respected ophthalmologist and malacologist who retired to Sanibel.

Dr. Perry valued and appreciated the island's wildlife and understood the importance of protecting its habitat from future development. Upon her passing in 1962, she donated her four-plus acre beachfront property to the U.S. Fish & Wildlife Service to maintain as a safe haven for wildlife.

The Perry Tract lies adjacent to

Gulfside City Park, where DDWS and the refuge installed a kiosk for beach visitors to learn more about Dr. Perry, the shells and wildlife they may find, and the importance of helping to protect and preserve the land.

Dr. Perry's family is establishing the endowed conservation fund to support women in the field of conservation and those - who as a teacher, program leader, or in other such roles - are impacting the lives of girls by inspiring future conservation stewards.

"What an appropriate day to celebrate two outstanding women and their work saving wildlife," said DDWS Executive Director Birgie Miller. "Throughout history, women have made and continue to make a significant impact in conservation, but their contributions often go unrecognized. The LMP Fund for Girls will allow the refuge and DDWS to recognize and support women making those small and large differences in conservation. It is an honor to recognize Dr. Perry in this way."

Anyone interested in supporting the LMP Fund for Girls in honor of International Women's Day can visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org) to make a gift online or call Miller at 292-0566.\*

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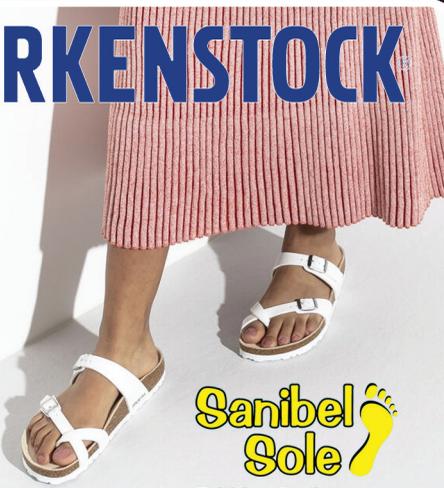
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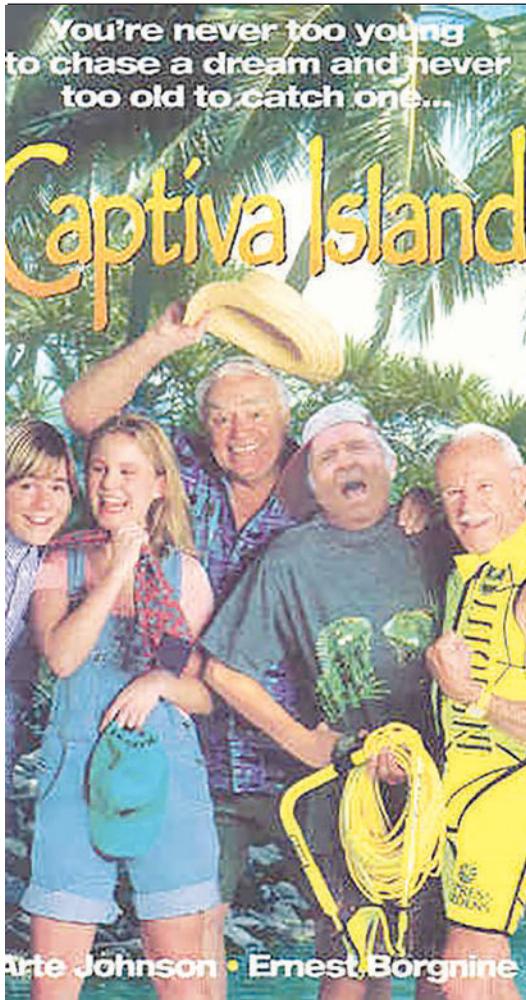
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Captiva Island Historical Society

## Looking Back: Captiva Island

This week's image gives a look back at a 1995 poster for the movie *Captiva Island*, starring Ernest Borgnine and Arte Johnson.



The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at [www.captiva.islandhistoricalsociety.org/archives/](http://www.captiva.islandhistoricalsociety.org/archives/) research to view many more images to bring you closer to Captiva. ✨

image courtesy  
Captiva Island Historical Society Archives

## Churches/Temples

**BAT YAM-TEMPLE OF THE ISLANDS**  
Complete Shabbat Worship Service including Torah reading Zoomed from Fellowship Hall at SCUUC every Friday night at 7:30 p.m. Shabbat morning discussion led by Rabbi Fuchs at 9:30 a.m. (email [batyamsanibel@gmail.com](mailto:batyamsanibel@gmail.com) to request the Zoom links). Food and paper drive donation drop-offs on the first Thursday of each month from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of Christ. Rabbi Stephen Fuchs, Cantor Murray Simon, President Michael Hochschild, [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 732-780-2016.

**HISTORIC CAPTIVA CHAPEL BY THE SEA**  
Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 8, 2020 through April 25, 2021. Services posted on Chapel's Website for viewing. Weekly Bible Study on Tuesdays at 10 a.m. Masks are mandatory and social distancing will be in effect. [www.captivachapel.com](http://www.captivachapel.com), [www.facebook.com/Captiva-Chapel-By-The-Sea](http://www.facebook.com/Captiva-Chapel-By-The-Sea), 11580 Chapin Lane Captiva, 472-1646.

**CHAVURAT SHALOM**  
(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact [ChavuratShalom@gmail.com](mailto:ChavuratShalom@gmail.com) to participate on Zoom.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

**SANIBEL COMMUNITY CHURCH**  
Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main Sanctuary. Now offering a "Masks Only" service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at [www.sanibelchurch.com](http://www.sanibelchurch.com), 1740 Periwinkle Way, 472-2684.

**SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST**  
The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 11 a.m., [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

**ST. ISABEL CATHOLIC CHURCH**  
Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

**ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH**  
The Rev. Bill Van Oss, Rector. View Sunday service online, through Facebook or YouTube. Most services and meetings have transitioned to online formats. Visit website for information on Bible studies and other offerings. Drive Up Communion every Sunday, 9:15 to 10:15 a.m., [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

**UNITARIAN UNIVERSALISTS OF THE ISLANDS**  
Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901.

Email changes to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-1213. ✨



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# New Videos On Historical Village Website



From left, Jim Pickens, Ty Symroski and Ray Rhodes photos provided

Some new educational entertainment is available on the Sanibel Historical Village's website, [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

First, the Gavin brothers, Eugene and Ken, visited the village for a Volunteer Update event to talk about black history on Sanibel. It is very informative and sometimes surprising. To view the video, go to [www.sanibelmuseum.org](http://www.sanibelmuseum.org), then click on Volunteers, then Volunteer Updates (or go right to <https://sanibelmuseum.org/volunteer-updates/>).

Second, the Fish (& Fishy!) Stories of Sanibel Twilight Talk featuring Jim



From left, Ken and Eugene Gavin with historical village board member Annette Hendrick

Pickens, Ray Rhodes and Ty Symroski is a must-see with lots of laughs. Go to [www.sanibelmuseum.org](http://www.sanibelmuseum.org), then click on News, then Twilight Talks (or go right to <https://sanibelmuseum.org/twilight-talks/>).

These events are being held in compliance with CDC guidelines, with masks and social distancing required. "Our Volunteer Updates are done without a live audience due to the virus, so our guests are speaking just to the camera and the moderator," said Emilie Alfino, executive director. "I think it

makes it a little harder for them, but it has been working out very well for our audience." Twilight Talks this year have been held outdoors with fewer than 50 people attending to allow for social distancing.

The next Volunteer Update will be about the *Algiers*, and the video will be available by mid-March. "We are postponing future Twilight Talks to early next year, hoping we can have a larger - and live - audience at that time," Alfino said.

The Sanibel Historical Village is

open from 10 a.m. to 4 p.m. Tuesday through Saturday, located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults 18 and older; no charge for those under 18 and members. Due to the COVID pandemic, docent-guided tours are available by reservation only for groups of no less than six and no more than 10 and are based upon docent availability. All CDC guidelines are being followed, with masks required and social distancing in practice. There is handicap access at the village. For information, call 472-4648 during business hours or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

## Correction

In the article on page 10 of the February 19 issue, *A Look Behind The Tanks At Virtual Shell Show*, submitted by the Sanibel-Captiva Shell Club, it was stated at the end: "Museum officials are thankful for the more than 50 sponsors whose donations will enable them to continue the research grants program. Special thanks goes to the presenting sponsor, Beaches of Fort Myers and Sanibel."

It should have read: "The Sanibel-Captiva Shell Club is thankful for the more than 50 sponsors whose donations will enable them to continue the research grants program. Special thanks goes to the presenting sponsor, Beaches of Fort Myers and Sanibel."

We apologize for the error.

# DO YOU KNOW YOUR BIRTHSHELL?

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## for City Council

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KEVIN RUANE

“John Henshaw is running for city council... he’s kind, a super hard worker, incredibly bright and not running for his ego, but because he wants to serve. He’s got my vote. He is: Committed to and believes in the Comprehensive Land Use Plan - the Sanibel Plan and the principles behind it. Committed to making a difference - preserving our sanctuary island. Have the education and experience to tackle the issues threatening Sanibel and finding solutions to improve our community.”



CLAIR BECKMANN

“John Henshaw has the qualifications and expertise to represent Sanibel’s citizens on water quality issues, on island, in Lee County, in Tallahassee and Washington, D.C. He is an environment and conservation professional with federal and state government experience. He is committed to the safety and health of our community, and will be a great addition to Sanibel City Council.”

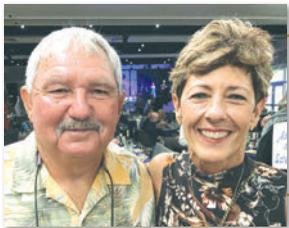


BOB BROOKS

“John Henshaw is committed to the safety and health of our community and the preservation of our island environment, and higher water quality. He supports island businesses and has the education and experience to find solutions in a collaborative way.”



SCOT CONGRESS



“We support John Henshaw for Sanibel City Council. His experience in public safety and environmental health, along with his community involvement in island organizations and causes, will help maintain and improve the quality of life for families on Sanibel.”

BILLY & SALLI KIRKLAND

“John has proven to be committed to our island lifestyle time and again. That’s why we are supporting John for City Council. We hope you’ll join us.”

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## Why Me

- Committed to and believes in the Comprehensive Land Use Plan - the Sanibel Plan and the principles behind it.
- Committed to making a difference - preserving our sanctuary island.
- Has the education and experience to tackle the issues threatening Sanibel and finding solutions to improve our community.



JOHN AND JANE HENSHAW WITH THEIR DAUGHTER AND GRANDCHILDREN

# Angle Of Light Stymies Isabel Construction

by Wendy McMullen

Does having to build a smaller house than your neighbors constitute undue and unnecessary hardship? That was the knotty problem facing the Sanibel Planning Commission at Tuesday's meeting.

The application for a variance to the city's angle of light codes was made by Jeffery Gustafson, who wants to buy the bayfront building site at 1226 Isabel Drive from current owner Kristin Bluvas.

In order to build the house he wants on the 90- by 120-foot site, Gustafson needs a variance to Sanibel's unique angle of light code introduced some years ago in order to prevent high multi-story structures from blocking the light to neighboring homes. The primary angle of light measures the height of the structure at a 45-degree angle from the property's setback lines. If the proposed building is found to block the light on any side of the property, it is not permitted without a variance.

After lengthy debate, it was a tie vote with Commissioners Karen Storjohann, Laura DeBruce and Paul Nichols in favor of the applicant and Ty Symroski, Matt Kirchner and Chairman Roger Grogman opposed. Commissioner Eric Pfeifer declared a conflict of interest because his company represents the proposed buyer.

Commissioners in favor of approving the variance argued that the Sanibel Harbours subdivision, in which the land is located, had a number of large houses, many of which were built before the angle of light restrictions came into place. They also cited the many revisions to the plans for the building. In August 2020, the applicant proposed a 2,465-square-foot home with a 462-square-foot swimming pool, part of which encroached on the Bay Beach zone, which is considered part of the preservation district.

The land on Isabel Drive is located within two ecological zones, Altered

Land and Bay Beach. Altered Land allows the greatest density of all the Sanibel ecological zones but the Bay Beach zone greatly limits construction.

Advised that it would be easier to get a variance to the angle of light code rather than the Bay Beach zone, a smaller structure with a footprint of 1,969 square feet and 582-square-foot swimming pool was proposed. The new plan, however, still encroached nine feet on the front setback, which is 50 feet from the center of the road and did not comply with angle of light limitations.

Commissioner Karen Storjohann said that she thought the proposed house was the least intrusive possible but lamented the lack of foresight on the part of the applicant in not bringing along an independent architect who is aware of city laws and who can design a four-bedroom house that conforms to city laws the first time, in order to avoid the long process of seeking variances. Commissioner Ty Symroski, however, pointed out that this house was bigger than most other properties in the area.

"I don't see this as a unique parcel," he said referring to the provision that variances can be granted if the parcel is unique. "And I don't see any hardship that is presented to the applicant.

"The value of the lot is in anticipation of a variance, which I don't think reflects our Sanibel plan," he continued. "He wants a house similar to his neighbors but a lot of the other houses are on much larger lots. We're just pushing the limit more and more."

City staff had determined that the proposed single-family residence was consistent in scale with an average-sized single-family residence in the neighborhood and the requested variance is considered minimum necessary to mitigate the hardship demonstrated. They also reported that the proposed residence would comply with the maximum height limit of 35 feet measured from pre-development grade, as well as the angle of light plane on the east and west sides of the property.

Even though unable to vote, Commissioner Eric Pfeifer could and did comment on the application, pointing out that the design would not be averse

to the general neighborhood scheme and that the variances had been reduced from two to one.

"The variance asked for is the the minimum necessary," he said, commenting that the angle of light only affects the street and not the two houses either side.

"Think about why this ordinance came about," he said. "It was because neighboring houses could be affected by tall structures. This doesn't affect neighboring houses."

Neighbor Erika Steiner, whose ground level home is next door, agreed.

"It's impractical to think you are going to get a cute little cottage on that lot," she said, adding that she had no objections to the proposed construction.

The 3 to 3 decision meant that the application was denied. Builder Ron DeCorte said that the applicant would try to redesign the home to conform to the angle of light restrictions, and a continuance was granted.

The bayfront site is .30 of an acre and has been for sale for two years. It is currently priced at \$1.239 million, down from \$1.995 when it was listed initially.✪

## Siding Replicates Little Brown Church

by Wendy McMullen

An after-the-fact development permit was approved at Tuesday's planning commission meeting for the siding on the building known originally as The Little Brown Church in the Sanibel Community Church complex on Periwinkle Way.

The planning commission approved a Certificate of Appropriateness that was required to allow for the replacement of exterior siding at the historic chapel at the church. A development permit is required for alterations to buildings listed on the city's local register of historic landmarks and the siding went beyond the original scope of work for the project, which raised and renovated the building.

The cypress siding and cedar shake shingles replace existing creosote siding and faux shake shingles. The brown color was selected to restore the church's historic nickname.

Contractor Matt Kirchner, also a planning commissioner, used a photo, dated 1920, to match the original size and shape of the siding. The church was built in 1917.

"It's a very important building to our history so I think it's important to get as much historical accuracy as we can," said Roger Grogman, chairman of the planning commission.

Commissioner Eric Pfeifer moved to approve the permit and all commissioners voted to approve with the exception of Kirchner, who abstained because of his involvement with the project.✪

## Airport Reports Decrease In January Traffic

During January, 686,563 passengers traveled through Southwest Florida International Airport in Fort Myers. This was a decrease of 39.4 percent compared to January 2020; however, it was a 5.9 percent increase compared to December 2020.

The traffic leader in January was Southwest Airlines with 149,608 total passengers. Rounding out the top five airlines were Delta (138,462), United (91,985), American (81,639) and JetBlue (64,981).

Southwest Florida International Airport had 8,628 aircraft operations, a decrease of 15.1 percent compared to January 2020. Page Field saw 11,334 operations, a 3.1 percent decrease compared to January 2020.

Southwest Florida International Airport served nearly six million passengers in 2020 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction. For more information, visit [www.flylcpa.com](http://www.flylcpa.com) or on Facebook at [www.facebook.com/flyRSW](http://www.facebook.com/flyRSW).✪

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# A VOTE FOR MARY IS A VOTE FOR SANIBEL



Visiting the construction of the Caloosahatchee River (C-43) West Basin Storage Reservoir Project. It will help store and manage basin runoff for meeting estuary needs during the dry season.



Let's Pink Out Sanibel & Captiva Islands



- Community **Leader** and Supporter
- Past **Chair Woman** Sanibel Captiva Chamber of Commerce
- Past **President** American Business Women's Association
- **Founder** of Let's Pink Out Sanibel & Captiva Islands
- Real Estate **Professional**
- **Licensed** Community Association Manager

“The accumulated knowledge and vast experience Mary has as an island resident, realtor, community volunteer and leader will be invaluable in serving us on City Council. We have worked with Mary professionally and found her to communicate well with people, listen to both sides and implement smart, innovative solutions. Preserving our island community is important for Sanibel and we know Mary will prioritize this and other key issues.”

—Jeff & Kathy Samson

“Mary Bondurant is one of the island's most ardent supporters, a successful businesswoman and civic-minded leader. She is a wonderful communicator and has been very generous with her time and attention to the important and vital issues that make our island community such a great place to live. We believe she will be an outstanding addition to the City Council and are confident she will put her full efforts into problem-solving and finding solutions to successfully maintain Sanibel's unique identity as a natural conservation island as well as an island paradise we can all enjoy.”

—Bob & Lisa Walsh, R. S. Walsh Landscaping, Inc.

“On top of her significant track record including military service, a successful business career, and dedicated volunteerism, Mary possesses two additional characteristics which we believe make her a slam dunk for a seat on the Island council. First, Mary is a genuinely great person who cares about others deeply. Her kindness and generosity are always front and center. Sanibel needs someone exactly like her representing all of us as we navigate both our challenges and opportunities. **She will work for the people because she IS one of us.** Secondly, Mary cares deeply about Sanibel—our history, our long term viability, our beautiful beaches, and our businesses. I can't overstate the importance of that to full time residents like us. Our family strongly supports Mary and we will proudly vote for her on March 2.”

—Kevin & Toni Harrigan

**MARY**  
**BONDURANT**  
**FOR CITY COUNCIL**  
 DEDICATION – COMPASSION – HARMONY

**MaryForSanibel.com**

PAID FOR BY MARY BONDURANT FOR CITY COUNCIL 2021



# Bat Yam Temple of the Islands

announces the return of  
our annual **CONCERT!**  
This year's virtual musical  
extravaganza is  
**A CANTOR,  
A PASTOR AND A  
BLUEGRASS BAND**  
featuring  
**NEFESH MOUNTAIN!**



**\* Attendance is Free to the public \***

**\* Virtual seats are limited \***

**\* Concert sponsors receive  
additional musical benefits \***

**Register now for your  
free ticket (link) at  
[www.batyam.org](http://www.batyam.org)**

## OBITUARY



**MARCIA K. "DANA" PARISH**

Marcia K. "Dana" Parish passed away suddenly at her Sanibel Island, Florida home on January 12, 2021 at the age of 84. She was born in Oak Park, Illinois on August 23, 1936

to John and Kathryn (Gallagher) Zipay of Maywood, Illinois but spent much of her youth in Rockton, Illinois with her Uncle Victor R. and Charlotte V. (Gallagher) Edgar, known as Aunt Ver and Uncle Bob.

A graduate of the University of Illinois, she married Howard F. Parish in Wayland, Massachusetts on October 20, 1959. She taught foreign languages, spending the majority of her career at Mark T. Sheehan High School in Wallingford, Connecticut. She loved gardening and then later, golf and skiing. However, her greatest interest was culture, language and travel.

She is preceded by her husband and a son, Thomas H. Parish and survived by: sons James S. and daughter-in-law Helen C. Oxner; Jedediah F. and daughter-in-law Beth Ashley; and a grandson Chester A; as well as numerous relatives in Florida, Illinois and New England.

There will be a small, immediate-family service to be held at a future date based on her wishes and current conditions, when her ashes and her husband's will be released together.

Determined to stop counting birthdays at 59, she enjoyed life and remained busy, seemingly invincible until the end.✧

## Rabbi To Address South African Congregation

submitted by Tanya Hochschild

Rabbi Stephen Fuchs of Bat Yam Temple of the Islands has been invited by Rabbi Julia Margolis of Bet Luria Synagogue of Johannesburg, South Africa to lead a study session, entitled *The Golden Calf Still Lives* in our Communities.

The Golden Calf in Exodus represents the greed and self-centeredness so prevalent in our world today. We worship the calf each time our relentless pursuit of material gain thwarts our interest in making a positive difference in the lives of others.

Rabbi Fuchs is the former president of the World Union for Progressive Judaism and rabbi emeritus of Congregation Beth Israel, West Hartford, Connecticut. In retirement, he serves as rabbi of Bat Yam Temple of the Islands on Sanibel.

Between 2014 and 2019, Rabbi Fuchs and his wife, Vickie, spent between five and 10 weeks in Germany. They taught about the Shoah in German high schools, and where Rabbi Fuchs taught in synagogues, offered a seminar for rabbinical and cantorial students at the Abraham Geiger College in Berlin, and where he spoke in more than two dozen churches, most of which had never invited a rabbi to speak previously.

Rabbi Fuchs has also delivered several addresses at Kristallnacht commemorations in Leipzig, the city where his late father, Leo Fuchs, was born, grew up and was arrested on that fateful night, November 9, 1938.

His book, *And Often the First Jew*, focuses on the work he and Vickie have done in Germany. He is the author of

six books. His first, *What's in It for Me? Finding Ourselves in Biblical Narratives*, has been translated into several languages.

In addition to his rabbinical studies, Rabbi Fuchs earned a doctor of ministry degree from Vanderbilt Divinity School in Nashville, Tennessee, which in 2017 honored him with its Distinguished Alumnus of the Year Award.✧

## Top 10 Books On The Island

1. *The Sanatorium* by Sarah Pearse
  2. *The Four Winds* by Kristin Hannah
  3. *A Perilous Proposal* by Jennifer Schiff
  4. *The Invisible Woman* by Erica Robuck
  5. *Code Name Helene* by Ariel Lawhon
  6. *Anxious People* by Fredrick Backman
  7. *The Paris Library* by Janet Skeslien Charles
  8. *Weather* by Jenny Offill
  9. *Keep Sharp* by Dr. Sanjay Gupta
  10. *A Piece of the World* by Christina Baker Kline
- Courtesy MacIntosh Books and Paper.✧

## Local Named To Dean's List

Jordan Baugh from Sanibel was named to the Dean's List for the 2020-21 fall semester at Miami University.

Miami University students who are ranked in the top 20 percent of undergraduate students within their division for first semester 2020-21 have been named to the Dean's List, recognizing academic performance.✧

# MIKE MILLER

## for Sanibel City Council



**Business experience as  
CPA, CFA and CFO**

**Legal expertise as  
Florida attorney**

**Community civic  
leadership**

### Mike's Priorities

-  Protect citizens and visitors from spread of Covid-19
-  Maintain the City's financial strength in light of revenue risks and capital needs
-  Reduce harmful algae blooms by fighting nutrient pollution and Lake O. discharges
-  Improve resilience to storms, rain events and sea level rise
-  Protect our home rule authority

For info go to: [miller4sanibel.com](http://miller4sanibel.com)

Paid for by Mike Miller for Sanibel City Council



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Judie Sharbaugh  
Tom Sharbaugh  
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## Community House Events

**A**nita Force Marshall teaches Letting Loose with Watercolors on Tuesday, March 2 at 9:30 a.m. Students will paint an alphabet cone. Cost is \$30 for members and \$35 for guests. Beachcomber painting kits can be rented for \$10.

March 46 The 84th annual Sanibel Shell Festival will take place March 4 to 6; Thursday and Friday from 9 a.m. to 3 p.m., and Saturday from 9 a.m. to 2 p.m. The raffle drawing will be held on March 6 at 1 p.m. There will be shell jewelry, floral arrangements, critters, books and other items for sale. Chef Jarred Harris will have sweet and savory pies in keeping with the tradition of early shell festivals. Authors will be on hand to sign their books. The Sanibel-Captive Shell Club artistic and scientific exhibits will be held virtually. Entrance fee of \$5 suggested donation (no charge for children under age 12) includes a bag of shells and coupons including a buy one get one half off to the Bailey-Matthews National Shell Museum. Time slot reservations are suggested but not required.

There will be no Shell Crafters on Monday, March 1 as they prepare for the 84th annual Shell Festival. Shell Crafters are looking for book donations: topics including shells and ocean life; Sanibel and Captiva; and books by local authors. They can be dropped off at The Community House now through Monday, March 1.

Classes and other events will not take place during the Shell Festival, March 4 to 6.

Shell Crafters are on site with their handmade items for sale on Mondays from 10 a.m. to noon. Classes are being offered at 10 a.m. with limited spaces available.

Line Dancing with Maria Di Rosa is offered on Tuesdays at 1 p.m. Cost is \$5 per class.

The Sanibel Party Bridge Club meets on Tuesdays at 1 p.m. All are welcome. Bringing a partner is preferred. Cost is \$5 suggested donation.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring your own supplies to paint with fellow artists; no instruction. Cost is \$10 per session.

Sissi Janku teaches painting classes on the first and third Wednesdays of the month, January through March. Cost per class is \$60 for members and \$65 for nonmembers.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5. Masks and social distancing required.

Chair Stretching/Yoga with Mahnaz Bassiri is offered on Thursdays at 1 p.m.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights, \$5 suggested donation.



**The Community House** photo by Logan Hart

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. \$5 suggested donation.

Shell Critter Kits are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit, shipping is \$8 additional.

Camp to Go Art Kits are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*

## New Flounder Regulations

**T**he Florida Fish and Wildlife Conservation Commission (FWC) has announced the following changes will go into effect for flounder beginning March 1:

- Extending all FWC flounder regulations into federal waters;

- Increasing the minimum size limit from 12 to 14 inches total length (recreational and commercial);

- Reducing the recreational daily bag limit from 10 to five fish per person;

- Establishing an October 15 through November 30 recreational closed season;

- For commercial harvesters using allowable gear – Establishing a commercial trip and vessel limit of 150 fish from December 1 to October 14, and 50 fish from October 15 to November 30;

- Modifying the incidental bycatch limit for commercial harvesters using non-allowable gear from 50 pounds per trip to 50 fish per trip;

- Creating a federal waters trawl bycatch limit of 150 fish per trip from December 1 to October 14, and 50 fish per trip from October 15 to November 30.

FWC approved these changes at its December 2020 meeting because a stock status update suggested that the flounder fishery statewide has been in a general declining trend and is likely overfished and undergoing overfishing on the Atlantic coast of Florida. Other south Atlantic and gulf states have also reported declines in flounder populations and have been making their own regulation changes.

Learn more at [www.myfwc.com/marine](http://www.myfwc.com/marine).\*

**f** [www.jerrysofsanibel.com](http://www.jerrysofsanibel.com) **ig**

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Phone: (239) 472-9300

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## *City Council*

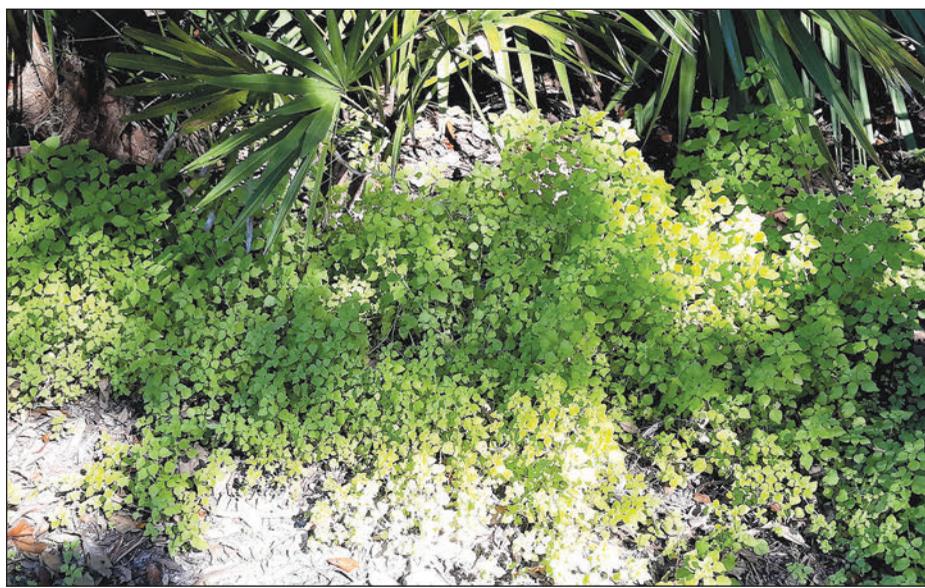
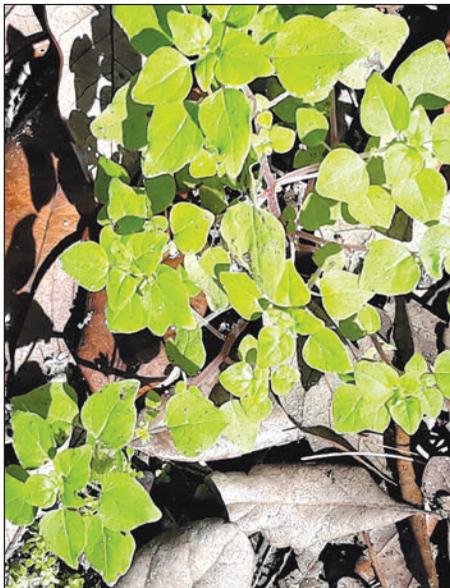
- Connected to younger island families through continued management of island youth sports programs
- Full-time Sanibel resident for over 21 years with two children that attended the Sanibel School
- Continued support for environmental responsibility while focusing on local and regional issues
- The Sanibel Plan has been the City's guide since 1976; thoughtful, future modifications will keep us on course
- Supportive of ongoing virus mitigation while supporting local businesses
- Conservative fiscal management and budgeting
- MBA in Business Management, BA Accounting, BA Finance

---

*Discover more about Tim and his views on topics important to Sanibel by visiting*

**[SanibelCityCouncil.com](http://SanibelCityCouncil.com)**

*Paid for by Tim Drobnyk for Sanibel City Council*



The young leaves are tender, and according to some sources, edible. However, exercise caution, for some people report allergic or toxic effects.

photos by Gerri Reaves

Plant Smart

## Clear Weed

by Gerri Reaves

Clear weed (*Parietaria floridana*) is a short-lived native perennial usually considered a weed.

A member of the nettle family, it is common in much of the state, as well as the southeastern U.S.

The name is inspired by the tender

Clear weed is a native mat-forming groundcover that likes shady spots and is a host plant for the red admiral butterfly

four-angled translucent stems. Another name is Florida pellitory.

This groundcover has branching stems, either creeping or erect, and might grow only a few inches tall or up to a foot or so.

The heart-shaped or deltoid leaves are tender and light green with smooth edges and rounded tips.

They have a cucumber-like odor when crushed, thus another name, cucumber weed.

The leaves are purportedly edible, but exercise caution, for sources differ, some warning of allergic or toxic reactions to

the plant, including severe itching.

Tiny greenish flowers appear in the leaf axils in winter to spring. The bracts, or leaf-like structures, are longer than the actual flowers, which have four stamens but lack petals.

Leave it to self-sow and it forms pretty delicate mats, especially in shady areas near walls and rocks.

It prefers cooler weather, so it springs back and thrives in winter.

The fibrous roots are not deep, so it's easy to rip out.

But consider this before you do: Not only is it pretty and low-maintenance,

but it is a larval food for the red admiral butterfly.

Sources: [www.eattheweeds.com](http://www.eattheweeds.com), [www.exploreorca.com](http://www.exploreorca.com), and [www.plants.usda.gov](http://www.plants.usda.gov).

*Plant Smart explores the diverse flora of South Florida.\**

## Osprey Nest Monitors Needed On Captiva

The International Osprey Foundation (TIOF) is seeking "citizen scientists" on Captiva to locate and monitor osprey nests.

"Monitoring is easy and fun and can be done by land or sea," said Carol Smith, coordinator.

TIOF has been monitoring osprey nests on Sanibel for over 20 years. "We want to expand our data to include the osprey on Captiva," Smith said.

The nesting season begins in January and ends in May. Even though the season is already under way, volunteers are still welcome.

Volunteers have designated routes and observe the nests approximately every two weeks. Nesting data documents the health and breeding of ospreys as well as how environmental factors such as water quality and fish availability affect their nesting success.

Those interested may contact TIOF at P.O. Box 250, Sanibel, FL 33957 or email [TIOF@outlook.com](mailto:TIOF@outlook.com).\*

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• difenacoum	<b>sccf.org</b>
• difethialone	

Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



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**VOTE TUES MARCH 2**  
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VOTE DR. SCOTT  
**CRATER**  
 FOR SANIBEL CITY  
**COUNCIL**

FUNDED BY SCOTT CRATER FOR SANIBEL CITY COUNCIL



Jenny Evans photos provided

**Native Landscapes and Garden Center Foundation.**

A yard is often viewed as simply a way to improve the appearance of your home. In this presentation, Evans will discuss how your yard can be so much more while still being attractive, including being a place to conserve natural resources and a refuge for local wildlife.

Virtual Speaker Series programs begin at 4 p.m. and are approximately one hour in length. The talks will be presented using Zoom and are limited to 100 participants so advanced registration is required. Admission per device is \$10 plus applicable taxes and fees. To register, visit [www.crowclinic.org](http://www.crowclinic.org) or CROW's

## Turn Your Lawn Into A Native Wildlife Refuge

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Virtual Speaker Series presented by LCEC continues on Tuesday, March 2 with the topic Reframing Our Perspective: Gardening in Southwest Florida by Jenny Evans, native landscapes and adult education director for Sanibel-Captiva Conservation

Facebook page under the Events tab.

CROW's 2021 Virtual Speaker Series presented by LCEC features weekly programs, offered January through April, hosting professionals from across Southwest Florida who engage, educate and entertain participants with information about local conservation initiatives. For a full schedule of presentations and topics in the series, visit [www.crowclinic.org](http://www.crowclinic.org).

## Free Guided Tours At Refuge

JN "Ding" Darling National Wildlife Refuge has resumed its free tours on refuge programming. Staff must limit the outdoor tours to 10 people or fewer.

There is no set schedule for the tours, which will run through April 11. The refuge posts its offerings weekly at [www.dingdarling.eventbrite.com](http://www.dingdarling.eventbrite.com), where participants must pre-register free-of-charge.

Tours include a Birding the Refuge car caravan tour, Bailey Tract Tour, Indigo Trail Walk, Bike Tour, Beach Walk, Birds of the Refuge Walk, Endangered Species car caravan tour, Mindfulness Walk and Art Journal Walk. Participants must wear facemasks and bring their own binoculars and scopes.

For safety guidelines and other information, visit [www.dingdarlingsociety.org/articles/free-refuge-programs](http://www.dingdarlingsociety.org/articles/free-refuge-programs) or call 472-1100 ext. 221.

## IN LOVING MEMORY



**JACK RYAN TUMMINELLO**

November 15, 2010 – March 2, 2016

Jack, you were an angel in this world who left us too soon  
It's been 6 years since you were called to heaven & we miss you every day

We may never understand why but we take comfort knowing that you are wrapped in the loving arms of the Lord

Always our angel, always loved

Pop Pop & Grandma

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From page 1

## Auction

grants to organizations whose mission of empowerment mirrors Zonta's own. Since 2002, the Peek home tour has enabled Zonta to distribute over \$1 million in grants to area nonprofits.

"Zonta has enjoyed fabulous community support for the past two decades," said fundraising chair Judy Langley, "and we hope this repurposed event will keep 'Peek' interest alive during challenging times. We remain hopeful that in the future, we will be able to return to the familiar home tour."

For more information or to donate, visit [www.zontasancap.org](http://www.zontasancap.org).

Show your colors!



This bumper sticker is available at these favorite island stores.

- Beach Stuff
- CVS Pharmacy
- Island Pharmacy
- Jerry's Foods
- Suncatchers' Dream

# Raffle Features Baskets Full Of Island Treasures

The island business community is taking a stand for clean water by donating gift certificates to the 2nd annual Captains For Clean Water raffle fundraiser, hosted by Sanibel's Best Homemade Ice Cream. All raffle proceeds go toward education on issues facing Florida's estuaries and Everglades.

"Despite the impact of the past 12 months and resulting challenges confronting every island business, I have been overwhelmed by the passion for clean water and the generosity of contributors," said Laurie Verme, fundraising host and owner of Sanibel's Best Homemade Ice Cream. "We are all digging deep to support Captains because we understand the importance of their work for our community."

"Lighthouse Café pledged to match the 2020 Sanibel's Best donation and, even though it's been a tough year, we stand by our promise," said Dan Billheimer, owner of Lighthouse Café. "The checks being presented to Captains For Clean Water on March 12 mean a lot to us and all the residents, visitors and local businesses who have pitched in."

Two luxury resort baskets are offered: a four-day, three night stay at Sundial Beach Resort & Spa; and a three-day, two-night stay at Casa Ybel Resort. Baskets also include gift certificates from island restaurants and shops plus local artwork.



From left: Stephen Nadalin, Shane Lawrence and Alice Verme of Sanibel's Best Homemade Ice Cream; Dan Billheimer, owner of Lighthouse Café; Laurie Verme, owner of Sanibel's Best Homemade Ice Cream; and Tony Yahav, co-owner of EmOceans with the raffle baskets photo provided

"Two very attractive outdoor activities baskets are on offer," said Verme. "Captain Whitney Jones, owner of Whitney's Bait & Tackle, donated a half-day charter to the Fishing Basket. It will be a great excursion because Capt. Whitney is acknowledged as an expert local guide, plus he's a master rod-builder, and self-proclaimed 'full time fish guy.'"

The Sanibel Beach Getaway Basket includes a beach essentials from EmOceans Coastal Wear. This basket also includes a pickleball package, courtesy of the Sanibel Pickleball Group and the Bondurant family, and a private lesson contributed by local instructor Peter Redpath.

"We are pleased to support this great cause on Sanibel," said Eddie Yahav, co-owner of EmOceans. "EmOceans is new to Seahorse Plaza on Sanibel, but a long-time supporter of clean water in Southwest Florida."

Unique jewelry from Sanibel is featured again this year in the Jewelry Spectacular Basket including high value pieces, gift cards from Lily and Co. Jewelers and diamond earrings from J&L Estate Jewelry, donated by the Verme family.

Raffle tickets can be purchased in person until the drawing at 3 p.m. on Friday, March 12 at Sanibel's Best Homemade Ice Cream, located at 362

Periwinkle or ordered by mail with check made out to Captains For Clean Water. Designate which raffle basket your tickets should be applied to. Tickets are \$3 each, six tickets for \$10, 15 tickets for \$20 tickets and 50 tickets for \$50.

The signature Captains For Clean Water Dolphin Tracks ice cream will continue to be available throughout 2021. "Every scoop of Dolphin Tracks sold raises funds to support water education and outreach," said Capt. Chris Wittman, inventor of Dolphin Tracks. "We are pleased to continue this effort into the second year in partnership with Sanibel's Best Homemade Ice Cream."\*

## SMALL BUSINESS OWNER

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## GREW UP ON THE ISLAND

### Jason's Results on Council

#### Budget

Balanced all 4 years, no taxes raised, and pension funded from 50% to 80%.

#### Water Quality

Coastal resiliency projects to tackle erosion, the Donax Water Reclamation Plant, and the Jordan Marsh built.

#### Services

New Senior Center and CHR offices procured, pushed the modernization of the Police Office to provide dedicated space for female officers.



### What Our Island Needs

- ★ Recovery from COVID-19
- ★ Fight for Water Quality
- ★ Continue Balancing Budget
- ★ Support Our Businesses
- ★ Smart Growth

"I fully endorse Jason Maughan who has helped keep the budget balanced and taxes low, protected our citizens and businesses, and fought for water quality."

★ Mayor Kevin Ruane ★

"I will be Jason Maughan's biggest supporter when it comes to election time."

★ Mayor Mick Denham ★

# Change Of Season, Change Gears



by Capt. Matt Mitchell

I'm often asked by clients what is my favorite time of year to fish. Without a doubt, both spring and fall offer the most variety along with tarpon fishing. Seasons in South Florida are not as defined as northern regions. Early or late cold fronts along with heat waves make that line of when is best much more fuzzy.

Our best fishing here happens when our water temperature creeps up into the mid 70s. Last year, this happened by mid-March though most years this does not happen until mid-April. We experienced an early spring along with some of

the most amazing tarpon fishing I can remember.

This same thing holds true in the fall. The arrival of our first strong cold front that brings the water temperature down to below 70 degrees brings an end to tarpon fishing. This usually happens around Thanksgiving, though some years it has been as late as early January.

With most of our tarpon dates sold well in advance, I usually tell clients to book in May or June for your best chance. With well-made plans, there is nothing worse than having clients show up in early April after a late cold front when there are simply no tarpon here to catch. When I schedule tarpon trips, I start May 1. If the tarpon show up early, I offer it to my clients that are already booked along with locals that I have on tarpon standby.

Fish have no calendar and move according to water temperatures. No matter how long you have had that fishing trip booked in advance, mother nature can be very cruel. Another thing to keep in mind when booking that fishing trip is weather. Clients often ask what the weather will be like weeks ahead. Even with all the advances in meteorology here in Florida, it's hard to tell what even tomorrow's weather will be.

If you plan on that bucket list tarpon trip, don't put all your efforts into a single trip. See if you can go out twice or more or spread the days out over the week while you're here. This almost ensures you at least one decent weather day.

The arrival of our migratory tarpon will always be my favorite time of year. Switching gears and going on that daily hunt for the Silver King is what makes our area second to none. The huge influx of tarpon we see annually is the most incredible time of year for me to be on the water.

Back to that earlier question of when is the best time of year to fish: "Anytime you can!"



Reagan and Jack got in on incredible snook action this week while fishing with Capt. Matt Mitchell photos provided

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

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**1**

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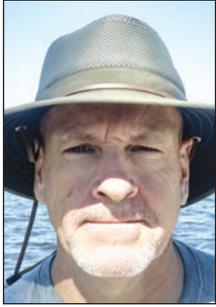
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**CROW Case Of The Week:**

# Peninsula Cooter

by Bob Petcher



The peninsula cooter (*Pseudemys peninsularis*) is a freshwater turtle and one of larger aquatic turtles, averaging nine to 13 inches in length. Its medium-sized dome sports a dark color with

orange or yellow lines.

The peninsula cooter is often confused with its cousin, the Florida red-bellied cooter, but the former lacks a reddish plastron. Both tend to prefer slow-moving waterways so that they have plenty of areas to bask in the sun.

At CROW, an adult female peninsula cooter was admitted to CROW after being found in North Fort Myers with her mouth and shell actively bleeding. Upon presentation, the patient was coughing up blood and had shell fractures – including older fractures that had already healed. From the notable injuries and radiograph findings, it was suspected that she was hit by a car.

“Last year, we saw 57 gopher tortoises and 13 box turtles, land-dwelling, either hit by car or with unknown cause of trauma,” said Dr. Robin Bast, CROW staff veterinarian. “Last year, we saw 92 water turtles – including peninsula cooters, red-bellied cooters, softshell turtles and



**Patient #21-477 was coughing up blood and bleeding in her shell and mouth but, after great care at CROW, she was released back into the wild eight days after admittance**

photo by Haillie Mesics

snapping turtles – either hit by a car or with unknown cause of trauma.”

Radiographs found pulmonary contusions, lung bruising and attributed lung trauma to the non-displaced carapace (bottom shell) fracture.

“The lungs of a turtle are located directly underneath the top part of the shell or carapace, so if there is enough blunt force trauma to cause a fracture of the shell, then there is a high likelihood of lung trauma such as bleeding into the lung,

(known as) pulmonary contusions,” said Dr. Bast. “The fracture of the top part of the shell, also known as the carapace, was well-aligned or non-displaced, meaning it did not require surgery to fix it. It will heal on its own.”

The patient was placed on supportive medications such as antibiotics, iron and B12.

“These drugs don’t directly treat the lung bruising, however, they help support a patient who has lost blood volume – in this

case, bleeding into the lungs – until they can regenerate new red blood cells,” said Dr. Bast.

After a few days of close monitoring, the patient had stopped coughing up blood. She was active, able to swim, submerge and walk normally.

“These medications don’t directly stop the bleeding itself,” Dr. Bast reiterated. “The bleeding slows and stops over time, which then resulted in less blood being coughed up/cleared out of the respiratory tract.”

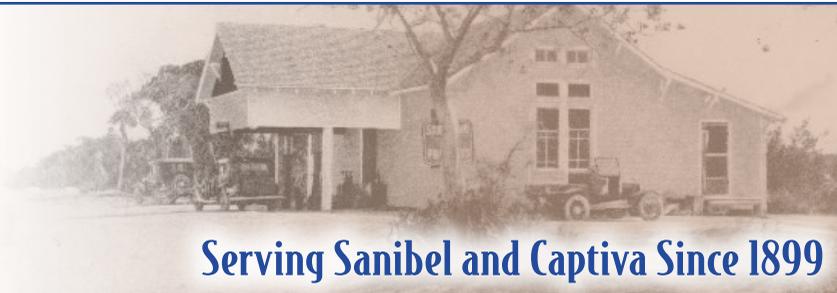
The patient was reportedly not eating well, yet veterinarians cleared the peninsula cooter for release once she had received three antibiotic doses. This measure was to help her continue successfully healing in the wild. The patient was released in North Fort Myers on February 19.

“The patient did not require surgery, and had received sufficient pain medication and antibiotics. With normal bloodwork and all respiratory symptoms resolved, this patient was cleared to continue healing on its own in the wild,” said Dr. Bast. “Sometimes patients don’t want to eat in captivity due to high stress; rather than place a feeding tube, we returned this turtle back home so he can forage on his own.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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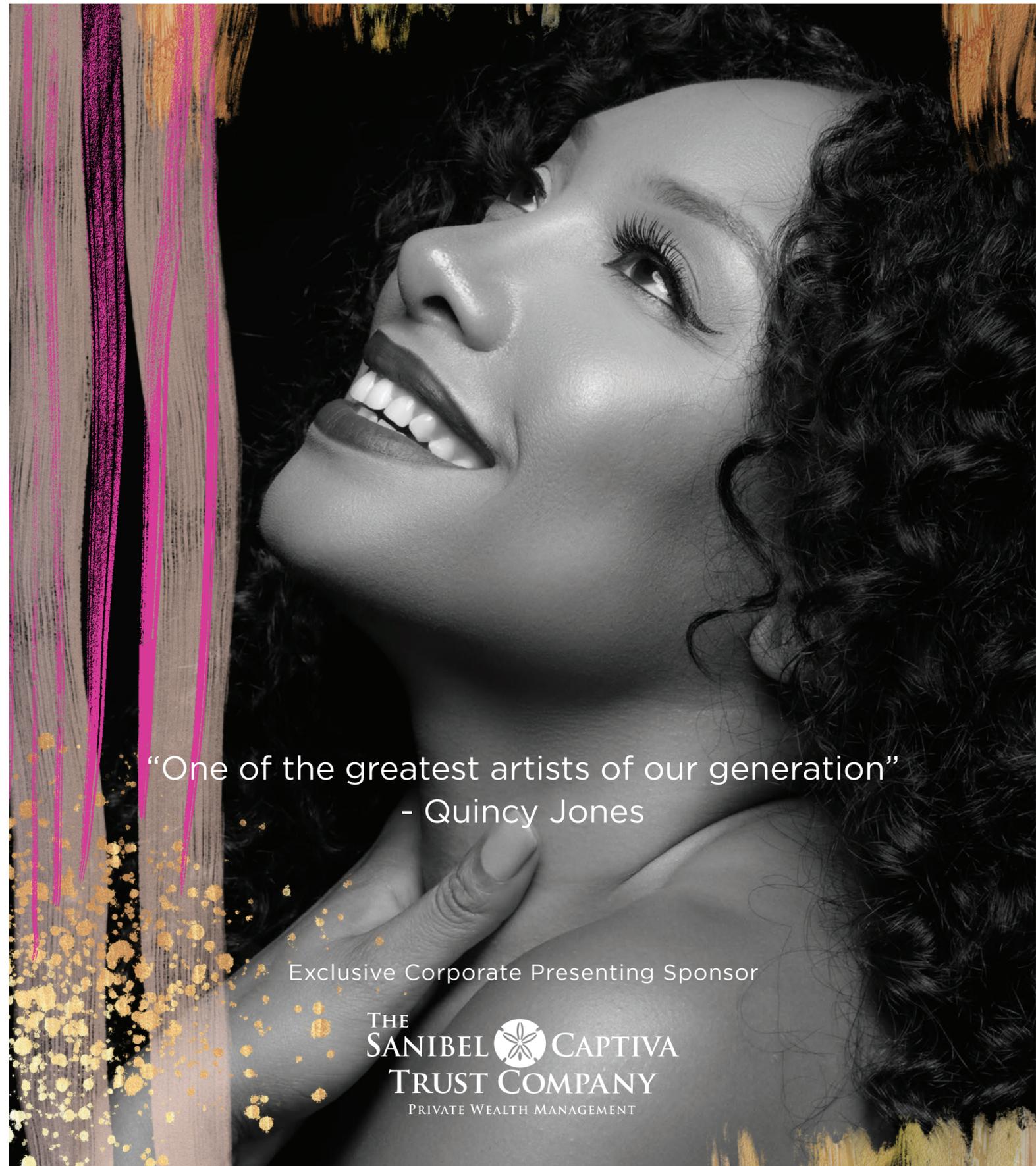


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## New Educators At Sea School

submitted by Nicole Finnicum

Sanibel Sea School has added two new marine science educators to its team of ocean advocates. The two educators arrived just in time to help kick off Sanibel Sea School's busy spring and summer seasons, and will be working in educational programming for children and families.

Joey Garofano joins Sanibel Sea School as no stranger to Sanibel. He worked previously as a Segway tour guide with Segway Tours of Sanibel and is familiar with the flora and fauna of Southwest Florida.

Before coming to Sanibel, Garofano studied youth programming and camp management at University of Wisconsin - Stevens Point. There, he created a solid foundation in environmental education and took his skills across the United States teaching children of all ages.

As a Boy Scout and lover of the natural environment, Garofano is excited to share his passion with kids at Sanibel Sea School during classes, summer camps and specialty programs.

Additionally, Kimberly Bowukamp will be joining the ranks of the education team as a seasonal educator and will work through August, primarily assisting with educational day courses.

Originally hailing from Michigan, Bowukamp recently graduated from Michigan State University with a



Kimberly Bowukamp and Joey Garofano  
photo provided

degree in fisheries and wildlife and a concentration in wildlife biology. She worked as an environmental education volunteer on the east coast of Florida and also worked as an interpretive park ranger at The Great Smoky Mountains National Park in Tennessee.

Bowukamp is excited to continue to learn about the marine environment on Sanibel and share the excitement of ocean discovery with kids.

Part of the Sanibel-Captiva Conservation Foundation (SCCF) family, Sanibel Sea School's mission is to improve the ocean's future, one person at a time.✧

From page 1

## Virtual Shell Show

Sanibel-Captiva Shell Club presents the  
**2021 Virtual SanibelShell Show**  
The Show Must Go On!

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35 original videos  
Mar 5 + 6, 12pm to 3pm EST  
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March 5 + 6, 2021 on YouTube [sanibelshellclub.com](http://sanibelshellclub.com)

image provided

collections and aquaria, and everything you wanted to know about Sanibel's sand dollars.

Interactive portions of the virtual show will ask viewers to vote for the "Best Shell" photo from finalists selected out of over 300 photos submitted from 15 countries. Frequent door prize drawings will be conducted

throughout the two-day show for viewers who post a comment on YouTube, the club website or via email to [info@sanibelshellclub.com](mailto:info@sanibelshellclub.com).

For more information, call show chair Clair Beckmann at 303-319-2435 or email [shellshow@sanibelshellclub.com](mailto:shellshow@sanibelshellclub.com).✧

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Shell Of The Week

# The Cande Barrel Bubble



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Interim Director and Curator

Last week, I presented the little Channeled Barrel Bubble; today, I want to introduce a very similar species,

the Cande Barrel Bubble, *Acteocina candei* (d'Orbigny, 1841). Although reaching comparable size (about 5 mm, or 0.2 inch), today's species differs from the Channeled Barrel Bubble by having a slightly taller spire, more cylindrical shape, and by reproductive and anatomical differences. Read more about mollusks and their shells at [www.shellmuseum.org/shell-guide](http://www.shellmuseum.org/shell-guide) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

The Bailey-Matthews National Shell is open from 10 a.m. to 5 p.m. daily. Safety measures have been put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit [www.shellmuseum.org](http://www.shellmuseum.org).

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.✪



Cande Barrel Bubble, *Acteocina candei*, from Sanibel. Photos by José H. Leal.

photo by José H. Leal

## Gray Triggerfish Season To Open

The recreational gray triggerfish season reopens to harvest in gulf state and federal waters on March 1 and will remain open through May 31, closing June 1 through July 31 for an annual spawning season closure.

If you plan to fish for gray triggerfish in gulf state or federal waters (excluding Monroe County) from a private recreational vessel, you must sign up as a state reef fish angler (annual renewal is required) at [www.gooutdoorsflorida.com](http://www.gooutdoorsflorida.com). To learn more, visit [www.myfwc.com](http://www.myfwc.com)/marine and click on Recreational Regulations and State Reef Fish Survey under Reef Fish.✪

## American Legion Post 123

American Legion Post 123 is having a fish and shrimp fry from noon to 8 p.m. this Sunday, February 28. All are welcome.



On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesdays. Steak sandwiches and cheesesteak are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.✪

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LINKS TO EACH DAY'S VIDEO SHOWING WILL BE ON SANIBELSHELLCLUB.COM

## FRIDAY MARCH 5, 2021

**12:00** Welcome by Clair Beckmann, Chair of Virtual Sanibel Shell Show  
 History of Sanibel Shell Show  
 Sanibel Beach-by-Beach  
 Photo Contest Category Finalists  
 The Live Junonia Challenge, Bailey-Matthews National Shell Museum  
 DIY Shell Project: Beach Bling Hand Sanitizer  
 Sailor's Valentines Shell Mosaic Art  
 Photo Contest - Gastropods Category - All Entries

**1:00** Virtual Fossil Field Trip with U of Florida  
 Behind the Scenes of U of Florida Fossil Collection Area  
 Sanibel Stoop Slideshow - All Entries  
 Snorkeling Sanibel  
 After the Storm on the Sanibel Beaches  
 101 Ways to Display Your Shells  
 Photo Contest - Bivalves Category- All Entries  
 Behind the Scenes of U of Florida Zoology Collection Area  
 Photo Contest Winners and Honorable Mentions

**2:00** Photo Contest - People Category - All Entries  
 Live Critters on Sanibel Beach  
 Beach Bungalow Shell Doll House and She Shed  
 3D Visualization of Spirula Squid Shell  
 Live Mollusks in their Shells  
 Photo Contest Category Finalists  
 Local Recollections of the Sanibel Shell Show  
 Basic Shell Cleaning

**3:00** Day 1 Closing

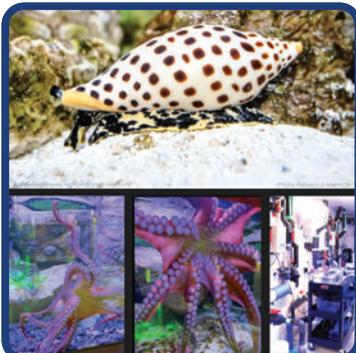
## SATURDAY MARCH 6, 2021

**12:00** Welcome by Clair Beckmann, Chair of Virtual Sanibel Shell Show  
 Overview of a "Normal" Sanibel Shell Show  
 Photo Contest Category Finalists  
 FGCU Water School Research Updates  
 DIY Shell Project: Printers Tray Shell Display  
 Fossil Collecting in the Driveway  
 Photo Contest- Funny Category - All Entries  
 Seashell Artistry  
 Welcome to Conchologists of America

**1:00** Your Favorite Shell Photo Slideshow - All Entries  
 U of South Florida: Molluscan Research Updates  
 Beach Etiquette Through the Eyes of a Mollusk  
 DIY Shell Flower Shadow Box  
 Shell Museums Around the World  
 Photo Contest - Sanibel Beach Category - All Entries  
 Mollusks 101  
 Wedding Bells and Wedding Shells

**2:00** Painted Sanibel Shells  
 SCCF: San Carlos Bay Water Quality Research Updates  
 Sand Dollars on Sanibel  
 Photo Contest - Live Mollusks Category - All Entries  
 Cleaning Sand Dollars, Urchins, Sea Stars  
 DIY Shell Project: Shell + Jewelry Magnets  
 Photo Contest Category Finalists  
 A Shelling Challenge on the Beach  
 Photo Contest - Fossils Category - All Entries  
 Behind the Tanks at Bailey-Matthews National Shell Museum

**3:00** Day 2 Closing



EVERYTHING YOU NEED TO KNOW IS ON [HTTPS://SANIBELSHELLCLUB.COM](https://sanibelsHELLclub.com)

# Adapting To A New Community



by Allison Havill Todd

**M**oving has been named as one of the top 10 most stressful life events you may experience. Add moving during a pandemic to the mix, and it may rate in the top five highest stressors. It can be difficult to find your place in a new community and establish a social network even in a location as beautiful and desirable to live as Sanibel or Captiva island.

While I have had a fairly easy time embracing my new life here, I realize there are many newcomers who struggle with finding ways to connect with others, particularly with the social restrictions we have in place and the absence of many of the usual events and gatherings. But there are avenues you may consider to expand your network of friends and enjoy your life to the fullest in your island home.

If you prefer an active outdoor lifestyle, you have come to the right place! There are so many activities in which you can participate throughout the year right outside your front door which enable you to meet and interact with others in a safe and friendly manner. Being an avid cyclist, I searched for local bicycling groups and



Ocean Tribe Paddlers on Bowman's Beach canal

photo provided

discovered the Sanibel Bicycle Club ([www.sanibelbicycleclub.org](http://www.sanibelbicycleclub.org)), which hosts at least two weekly rides for different skill levels as well as monthly off-island rides. For paddling enthusiasts, check out the Ocean Tribe Paddlers (OTP) Club ([www.oceantribeoutfitters.org](http://www.oceantribeoutfitters.org)). This welcoming and relaxed group is a recent addition to Sanibel Sea School, which is part of the Sanibel-Captiva Conservation Foundation (SCCF) nonprofit based on Sanibel. You don't even need to have your own kayak or paddle board to join. Members can reserve a vessel for any of the excursions that OTP hosts. Golf and tennis are also great options for meeting others in outdoor, widely spaced small groups. I recently discovered the social

game of pickleball and have connected with a great group of people with whom I regularly play, and I continue to meet new people every week. Again, it takes place outdoors, in small groups with no close contact.

Perhaps you prefer a more relaxed lifestyle or have limitations that prevent you from engaging in more physically active pursuits. There are a myriad of options you might explore to engage safely with others. The Community House ([www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net)), while not able to fully perform its usual role, is still able to offer many classes as well as card games, shell crafting and more. The highest standards of safety have been implemented and mask wearing along

with social distancing are observed by all. Joining a book club or forming a new one provides an opportunity to engage in conversation with other literary minded individuals.

Or perhaps you're interested in an investment club where members share ideas on responsible investing and wealth management. Meetings can occur in small groups with social distancing in effect or virtually where members can participate from the comfort of their own home. There's also a plethora of volunteer opportunities available on our islands that you may choose to explore.

These are just a handful of ideas to help you make meaningful connections in your new community during socially suppressed times. If you're not sure how to find others who may share similar interests, check out the social app: [www.NextDoor.com](http://www.NextDoor.com). It is simple to set up and is a great way to help you communicate with neighbors. There are many other newcomers here, as well as longtime residents, who are also looking for people who may share similar interests or activities. Just reach out! You may start with following your usual pursuits but be open to discovering new ones, and you might be surprised!

*Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.\**

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**Sapodilla**



by Resident Chef Jarred Harris

The sapodilla, also known as sapota, chikoo or naseberry, is an exotic fruit you may come across at a farmers market this time of the year. This fruit is also called the brown sugar fruit because of its super sweet pear-like flavor and grainy texture.

Sapodillas are the fruit of an evergreen tree, native to the Yucatan, Caribbean Islands and Central America. This tree can grow up to 100 feet tall, take up to six years to flower and will produce fruit twice a year. The tree also produces a milky latex sap from its trunk that was once used by the Aztecs to produce chewing gum.

The sapodilla is approximately the same size as a medium tomato with a firm light brown outer skin and flesh that is a cantaloupe color when ripened. The fruit contains several shiny black seeds that are inedible. Ripe sapodillas can be cut in half and eaten raw. They can also be put in salads, mashed up to make smoothies,

ice cream, cakes, tarts or stewed to make jams, syrups and sauces.

Sapodillas have several health benefits. The fruit is high in fiber and contains potassium, iron, copper and calcium. It is also a natural immune booster because of the high amounts of vitamins C and A the fruit contains. Sapodillas contain twice the amount of vitamin C than an orange and they also have anti-bacterial and anti-inflammatory properties.

The best places to find sapodillas are Caribbean markets or farmers markets but, occasionally they appear in grocery stores.

Here is a simple recipe to try:

**Sapodilla Ice Cream**

- 3 cups sapodilla pulp
- Juice of 1 lime
- ¼ cup evaporated milk
- 1 cup sweetened condensed milk
- 1 tblsp. vanilla extract
- 1 cup whipping cream

**Method**

Place all the ingredients into a food processor.

Pulse until creamy and smooth.

Taste and adjust the sweetness as desired.

Remove the ingredients from the food processor and place in an ice cream maker and freeze according to the manufacturer's instructions.

*Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.\**



Members of the Sanibel Bike Club take a break for ice cream photos provided



Members of the club stopping for lunch

## Club Rides From Lovers Key To Vanderbilt Beach

submitted by Karen Weber

On February 10, the Sanibel Bike Club traveled to Lovers Key for an off-island ride. Members had their choice of riding in one of two groups. One group rode to Barefoot Beach Park on Wiggins Island and stopped at the Big Hickory Grill for lunch. A second

group rode to Vanderbilt Beach with a loop through Pelican Bay, then stopped for lunch at Fit and Fuel. Riders rode anywhere from 12 to 30 miles. It was a beautiful day and members were excited that they had a tail wind both ways – as that never happens.

The Sanibel Bike Club is a group of cycling enthusiasts at all levels of ability. The club always welcomes new members to share its on- and off-island rides and its monthly potlucks. For more information about the club and how to join, visit [www.sanibelbicycleclub.org](http://www.sanibelbicycleclub.org). The next off-island ride will be held on Wednesday, March 10 with a destination of Legacy Trail in Venice.\*

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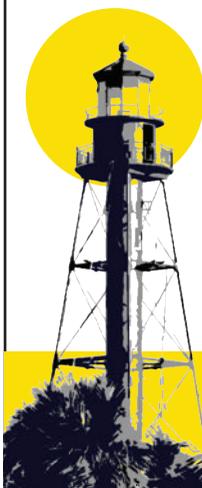
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**Strawberry Buttercream Frosting**

- 1 pound strawberries
- 2 tablespoons honey
- 1/2 lemon, juiced
- 1 tablespoon cornstarch
- 1 cup (2 sticks) unsalted butter, softened to room temperature
- 3-4 cups powdered sugar
- 1-2 teaspoons pure vanilla extract
- Pinch of sea salt

Place strawberries in a blender and puree, strain through fine sieve and pour into small sauce pot. Straining the puree is optional but helps to ensure a smooth and silky buttercream. Mix the cornstarch and the lemon juice together and set aside. Bring the strawberry puree to a boil, pour in the cornstarch slurry while mixing, and reduce to simmer for approximately 10-15 minutes. This will help thicken the puree and concentrate the strawberry flavor. Stir in honey at end of cooking process. Remove and cool completely before adding to buttercream. Store remaining puree in refrigerator for up to seven days. Mix into barbeque sauces or use as a dessert topping!



Strawberry Buttercream Frosting

photo courtesy Fresh From Florida

Place softened butter and vanilla extract into stand mixer bowl and using the paddle attachment, cream on medium-high for 2-3 minutes (or use electric hand mixer). On lowest setting, add in powdered sugar 1/2 cup at a time, ensuring all the sugar is incorporated before adding more. When you have added 3 cups of powdered sugar,

add in 1/4 cup of the strawberry puree and mix thoroughly. Now is the time to evaluate the thickness, sweetness and texture of your buttercream. At this point you can add the remaining powdered sugar or leave out. If the strawberry flavor is not strong enough add 1 teaspoon of the puree at a time. This may call

for additional powdered sugar to retain desired texture. Buttercream, when stored properly, can be stored in the refrigerator for up to one month or stored in freezer for up to three months. Bring to room temperature before attempting to frost cake or cupcakes.\*

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### Fish Caught



Harry Sisamis photo provided

This large jack crevale was caught on February 13 by Harry Sisamis while fishing off his dock in the back bayou of Sanibel. ✨

### Shells Found



Anna and Tommy Bayrd photo provided

Anna and Tommy Bayrd from Minneapolis, Minnesota had a nice day shelling with their family near beach access 3 off of West Gulf Drive. They found some moon shells, banded tulips and a few alphabet cones. ✨

### Shell Found



Rider Jackson with his "Nana," Marylou Habecker photo by Willow Peterson

Marylou Habecker from Coldwater, Michigan found a fighting conch on the beach at Island Inn, where she was staying. She said she "just found this gem along the way." ✨

### Shell Found



Rider Jackson photo by Willow Peterson

Rider Jackson, 6, from Sanibel found an alphabet cone on the beach at Island Inn. He said, "I was praying I would find one and I did." ✨

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# CHR Give Back Wednesday At SpoonDRIFT And Bailey's



From left, Malia, Jeff and Kathy Samson  
photos provided



From left, Dane, Calli and Baillie Johnson



From left, Tom, Diane and Eric Marsh with Steve Wilbur



Angela Ellacott



Annette Pennacchia



Sue and Mick Denham



Char Gulbrandsen



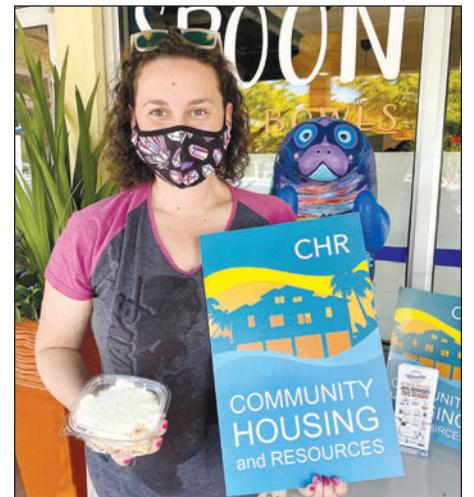
Eli Torregrossa



Wendy Smith



John Raho



Rachel Rainbolt



Marsha Strominger



From left, Jeana, Adler and Ashton Zirlin



Frankie and Linda Linsmayer with Lisa Ann Miller



Lynn Hoops

## BIG ARTS Monday Night Film Series

*Martin Eden*

by Di Saggau

The BIG ARTS  
Monday Night  
Movie for



March 1 is a film from Italy, *Martin Eden*, adopted from a 1909 novel by Jack London. It is set in a provocatively unspecified moment in Italy's history. Martin Eden wants to rise above his status by becoming a great writer with something to say. The film sees this as noble and righteous, and expects us to understand his frustrations while putting up with him being a callous and not especially wise person.

A sailor by trade, Martin longs to join a more elite group. He embarks on a quest to educate himself past the grade school levels he achieved before being sent to sea at age 11. Martin meets Elena after saving her brother from a beating on the docks. He is invited to dinner and sparks fly between the two. He begins to write with a fury that keeps his work being rejected by uninterested publishers. Finally, he gets a success letter. The film runs 129 minutes. Tickets are \$10 and can be purchased



image provided

online or at the box office. There will be no discussion following the film.

Visitors are required to wear masks. BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, call 395-0900 or visit [www.bigarts.org](http://www.bigarts.org).



Floral designer Harriet Pattison teamed up with artist Carol Rosenberg in 2019

photos provided



Artist Vreni Scheu's *The Lighthouse* was interpreted by floral designer Carmen Schramm in 2019

flower arrangements are interpretations of the artists' paintings. The results are unbelievably creative and works of art in themselves."

The public is invited to view this special presentation at the library from noon to 5 p.m. on March 9; 9 a.m. to 5 p.m. on March 10; and 9 a.m. to noon on March 11. The exhibit will be presented in two areas of the library upstairs. There is no charge for this event. Sanibel Public Library is located at 770 Dunlop Road.

Shell Islands Garden Club was founded in 1964 and has over 100 members who share an interest in floral design, horticulture, conservation and local philanthropy. The group meets on the second Tuesday of the month from October through May. Field trips and special events are also held during the season. For more information, visit [www.sanibelgardenclub.org](http://www.sanibelgardenclub.org).

## Popular Art Collaborative Returns To Library

The popular Art in Bloom biennial event returns to Sanibel Public Library for three days only, Tuesday through Thursday, March 9, 10 and 11. Members of Shell Islands Garden Club have collaborated with artists from Sanibel-Captiva Art League to produce an exhibit featuring innovative floral design and art. According to garden club vice president, Gwenda Hiatt-Clements, "The show has generated such positive vibes from library patrons in the past. This will be the fifth time the garden club has presented Art in Bloom at the Sanibel Public Library. Fifteen floral designers are matched with 15 artists. The resulting



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## Book Review

# The Night Portrait

by Di Saggau



**T**he *Night Portrait* is a gorgeous novel that brings to dramatic life the stories of Leonardo da Vinci, the subject of one of his most famous paintings, and the Monuments Men's

quest to rescue that masterpiece from the Nazis during World War II. The novel is a masterpiece on its own, a dual-timeline historical novel about da Vinci's famous *Portrait of a Lady with an Ermine*, and the woman who fought to save it from Nazi destruction.

There are two timelines. Milan, 1492, when a 16-year old beauty becomes the mistress of the Duke of Milan. She has to fight for her place in the palace, against those who don't want her there. Soon, she finds herself sitting before Leonardo da Vinci, who wants to ensure his own place in the ducal palace by painting his most ambitious portrait to date.

Munich, World War II, when a modest conservator unwittingly places a priceless Italian Renaissance portrait into the hands of a high-ranking Nazi leader, she risks her life to recover it, working with an American soldier who is a member of the famed Monuments

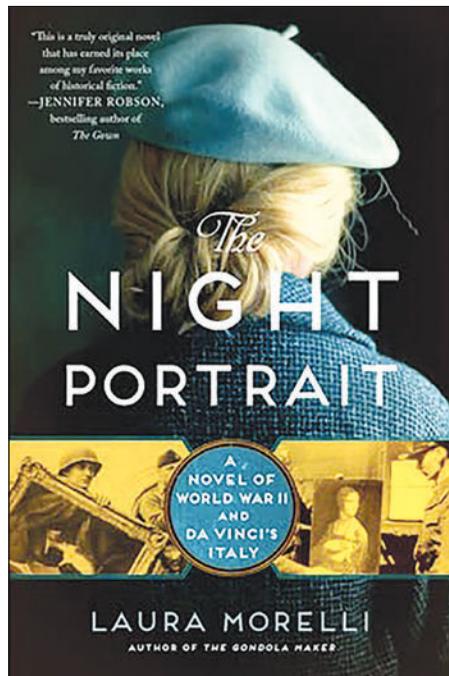


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Men team.

Two women, separated by 500 years, are swept up in the tide of history as one painting stands at the center of their quests for their own destinies. The book is brilliantly written as it cuts back and forth between the 15th and 20th centuries. Morelli brings her historically significant characters to life – a German art restorer and an American soldier who rescue works of art from the destruction of war. *The Night Portrait* is a well researched,

unforgettable tale of bravery and love, hope and redemption. It's the perfect read for any art lover or anyone who wants to understand why we should care about the history of art.\*

## School Smart

by Shelley M. Greggs, NCSP



**D**ear Readers, Here's a great family activity that will take place virtually on March 4 – it's a family Book Club meeting organized by the Sanibel

Captiva Conservation Foundation's newly formed, nature-based book club, The Green Readers. February's book selection is *Hoot* by Carl Hiaasen. *Hoot*, a Newbery winner, is a 2002 mystery/suspense novel, recommended for ages 9 to 12. The setting takes place in Florida, where new arrival Roy makes two oddball friends and a bad enemy, and joins an effort to stop construction of a pancake house which would destroy a colony of burrowing owls who live on the site.

As the book that partially inspired Sanibel Sea School's hands-on, nature-based curriculum, this month's selection can be enjoyed equally by adults and children, particularly those in fourth grade and older. All ages are welcome at this month's virtual discussion, scheduled for Thursday, March 4 at 5 p.m. (for regular participants, please note the time change).

For those already acquainted with Carl Hiaasen's other novels or his weekly opinion column in the *Miami Herald*, *The NY Times* notes that *Hoot* is "...about greedy developers, corrupt politicians, clueless cops and middle-school screwballs of all

persuasions. You don't have to be a young adult to enjoy it. *Hoot* is a story of good versus evil: how to save a species of owl endangered by the imminent construction of the 469th Mother Paula's All-American House of Pancakes."

Book clubs serve an important function in promoting a love of reading and literature. Students learn that by sharing their thinking, they can develop a richer understanding of literature than from reading alone.

Here are some questions you can pose to your children to prepare for this Book Club meeting:

Which character do you think you might be friends with?

Which character do you think you're most like?

Would you like to live in the story's setting? Why?

What are you learning from the story?

If your child is shy and might be hesitant to participate, ask him/her to make a drawing or character chart, to read a special paragraph from the story, or ask them to prepare comments about something that was meaningful for them from the book, so they are ready to share.

If you would like to join The Green Readers group on Facebook, go to SCCF's Facebook page, click on the "Groups" tab, and you can request to join. Otherwise, if you would like to participate in the virtual discussion, email Jenny Evans at [jevans@sccf.org](mailto:jevans@sccf.org) for registration information.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com) or at [www.schoolconsultationservices.com](http://www.schoolconsultationservices.com).\*

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## Southwest Florida Reading Festival Starts Monday

**T**he 22nd annual Southwest Florida Reading Festival will be a fully virtual celebration of the power of reading. Live events start Monday, March 1 but attendees can visit the festival website to view the author lineup, plan their schedule and take a look at the virtual marketplace booths. Visit [www.eventhub.shop/readfest](http://www.eventhub.shop/readfest) today for early access to the online festival.

The festival showcases nearly 30 bestselling authors in addition to crafts, contests and prizes all month long.

Nightly author presentations are offered weekdays through March 12 on the event platform. Youth and teen authors stream online at 6 p.m. and adult authors follow at 7 p.m. These presentations are also being broadcast simultaneously on LeeTV (Comcast Cable channel 97 and CenturyLink's Prism TV

Channel 88 in Lee County).

The award-winning authors scheduled to present as part of the festival include adult authors Jennifer Chiaverini, Gregg Hurwitz, Jayne Ann Krentz and Kyle Mills, as well as youth and teen authors JC Cervantes, Greg Pizzoli, Julie Berry and Ryan La Sala.

"The Lee County Library System is proud to put together such an outstanding event every year," said Library Director Mindi Simon. "The Southwest Florida Reading Festival has a stellar reputation for bringing the best literary talent to our community, and this year is no exception."

This year's festival introduces a virtual marketplace featuring local authors and writing organizations. Vendors will be available to meet festival attendees during the scheduled live booth sessions the first two Saturdays, March 6 and 13, from 1 to 3 p.m. Attendees will be able to chat live within in each participating author's booth.

Other components of the festival

continued on page 38

## FISH Preparing Easter Baskets For Families In Need

**F**ISH of SanCap will be assembling Easter dinner and Easter bunny baskets to make the Easter holiday brighter for those needing assistance.

The dinner basket for families contains everything needed for a healthy, festive Easter dinner. Bunny baskets for children ages 2 to 12 will be filled with candy, small toys, school supplies and other goodies.

Because of the ongoing effects of the COVID-19 pandemic, island neighbors are struggling to recover from job loss and reduced work hours. FISH anticipates providing at least 150 Easter dinner baskets and 120 bunny baskets, however, those numbers could grow as they did over the winter holidays.

Distribution for bunny baskets will begin Monday, March 22 and food basket distribution will be from Tuesday, March 30 through Sunday, April 4. Baskets may be picked up between 10 a.m. and 4 p.m. at the FISH Walk-In Center, located at 2430-B Periwinkle Way on Sanibel. Basket recipients are those known to FISH through involvement with other FISH programs such as the food pantry and emergency financial assistance. Baskets are assembled by FISH volunteers, adhering to COVID-19 safety measures.

"I want to thank all the volunteers



Bunny baskets bring smiles during the Easter holiday

photo provided

who pick up food and donations, assemble baskets and help on distribution days," said Maria Espinoza, assistant executive director. "Like last year's holidays, it may be challenging to secure large quantities due to the COVID-19 restrictions and limitations on available food products. The Sanibel and Captiva Islands Association of

Realtors has set up a food and gift drive for our Easter program, and others have committed to donating as well. We are so grateful for everyone's support."

To donate food products, grocery gift cards or funds toward this program, call FISH at 472-4775. If you know of a family in need of a holiday food basket, contact Espinoza at 472-4775.✧

## Caladiums Still Available

**I**t's not too late to order an assortment of caladiums from the Shell Islands Garden Club. The club is selling a variety of colorful caladiums as a fundraiser to support island and club horticultural activities. The tuberous plants, discount priced at four for \$10, may be ordered until Saturday, March 6 for pickup around mid-March.

Caladiums are known for their big, heart-shaped leaves that display unique color combinations of white, pink, red and green. They thrive in the hot, humid summer climate and will grow well in full to partial shade. These perennials come back year after year with no need to dig them up for winterization.

The garden club is offering five individual caladium varieties: Frieda Hemple, Tickle Me Pink, Candidum, Sunset Pink and Moonlight. For those who cannot decide, there is a mixed color bag of caladium tubers available. Complete instructions for planting and care are included with each order. To order, call Patti Poshek at 472-8078 or Sandra Dalbec at 472-3366.

Shell Islands Garden Club was founded in 1992. Every year, the organization donates the proceeds of its fundraising activities to local nonprofit groups that support the preservation of the island's native vegetation and wildlife habitat. For more information, visit [www.sanibelgardenclub.org](http://www.sanibelgardenclub.org).✧

## FRESH FARE



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BIG ARTS Corner

# Workshops And Seminars

**B**IG ARTS is offering the following workshops and seminars:

Adobe Photoshop (Intermediate/Advanced) with Denny Souers – Mondays, March 1 to 22, 1 to 4 p.m. Member \$80; nonmember \$100.

Watercolors, Beginners with Sunny Krchmar – Fridays, March 5 to 26, 9 a.m. to noon. Member \$156; nonmember \$195.

Watercolors, Intermediate with Sunny Krchmar – Fridays, March 5 to 26, 1 to 4 p.m. Member \$156; nonmember \$195.

Glass Fusing with Petra Kaiser – Wednesdays, March 3 to 24, 9:30 a.m. to 12:30 p.m. Member \$99; nonmember \$124.

Three Trials that Changed America with James Rudin – Wednesdays, March 3 to 17, 9:30 to 11 a.m., Member \$80; nonmember \$100.

Painting Like Georgia O’Keeffe with Genie Kell – Wednesdays, March 3 to 31, 1:30 to 4:30 p.m. Member \$299; nonmember \$373.

Glass Fusing with Petra Kaiser – Thursdays, March 4 to 25, 9:30 a.m. to 12:30 p.m. Member \$99; nonmember \$124.

Art Evening with Jenny Licht: Paint Your Pet on Canvas – Thursday, March 4, 6 to 9 p.m. Member \$70; nonmember \$88.



Photography, Advanced with Denny Souers – Thursdays, March 4 to 25: first class, 9 a.m. to noon; classes 2, 3 and 4, 7 a.m. to noon. Member \$111; nonmember \$139.

Life Drawing – Open Studio Non-Instructed with Carol Rosenberg – Fridays, March 5 to 26, 9:30 a.m. to noon. Member \$69; nonmember \$86.

Alcohol Inks with Ann Dempsey – Saturday, March 6, 9:30 a.m. to 4 p.m. Member \$60; nonmember \$75.

Basket Class: Un-Basket with Gisela Damandl – Monday and Tuesday, March 8 and 9, 9 a.m. to 4:00 p.m. Member \$121; nonmember \$151.

Art Evening with Jenny Licht: Lanai Fish on Palm Frond – Thursday, March 11, 6 to 9 p.m. Member \$72; nonmember \$90.

Palette Knife Painting in Oil from Landscape Photography with Jan Atkielski – Friday and Saturday, March 12 and 13, 9 a.m. to 3:30 p.m. Member \$160; nonmember \$200.

Music and Film: Amadeus Mozart with Thomas Cimarusti – Tuesday, March 16, 9:30 to 11:30 a.m. Member \$40; nonmember \$50.

“Are You Stuck?” Open Paint & Critique with Jan Atkielski – Friday, March 19, 9 a.m. to 3:30 p.m. Member

\$79; nonmember \$99.

Opera, DVD and Discussion: Giacomo Puccini, *Gianni Schicchi* with Thomas Cimarusti – Friday March 19, 1 to 3 p.m. Member \$40; nonmember \$50.

Drawing Basics with Douglas David – Saturday, March 20, 9:30 a.m. to 3:30 p.m. Member \$125; nonmember \$156.

Paint Seascapes in Oil with Douglas David – Monday and Tuesday, March 22 and 23, from 9:30 a.m. to 3:30 p.m. Member \$250; nonmember \$313.

Music and Film: *Immortal Beloved* (Beethoven) with Thomas Cimarusti – Tuesday, March 23, 9:30 to 11:30 p.m. Member \$40; nonmember \$50.

10...10...10 & You: 2-day Abstract Painting Workshop with Genie Kell, Friday and Saturday, March 26 and 27, 9 a.m. to 4 p.m. Member \$239; nonmember \$299.

Music and Film: *Immortal Beloved* (Beethoven) with Thomas Cimarusti – Tuesday, March 30, 9:30 to 11:30 a.m. Member \$40; nonmember \$50.

All students and instructors must wear a mask and social distance. Class seating is carefully spaced. All rooms are sanitized between classes and class sizes are limited.

Pre-registration is required for all classes and workshops. For more information, call the box office at 395-0900, open 9 a.m. to 3 p.m., or stop by BIG ARTS, located at 900 Dunlop Road on Sanibel. For complete course descriptions, workshop and class schedules, visit [www.bigarts.org](http://www.bigarts.org) or email [info@bigarts.org](mailto:info@bigarts.org).

## Shell Found



Mary Anne Kieft Linz and Molly Kreter photo provided

Molly Kreter from New York City found a large whelk and gifted it to her aunt and godmother, Mary Anne Kieft Linz, on the day she was to return home to St. Simon’s Island, Georgia. Kreter has been working remotely from her family’s home on West Gulf Drive since Christmas, and starts each workday morning by searching for special shells.

Kreter’s mother, Laura Kieft Kreter, said, “Loving the surprise on my sister’s face. I snapped this shot so we can always remember this special morning.”\*\*

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Jean Le Boeuf, News-Press



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Duane E. Shaffer leads virtual WWI History Programs

photos provided

## Sanibel Library Presents Virtual WWII Programs

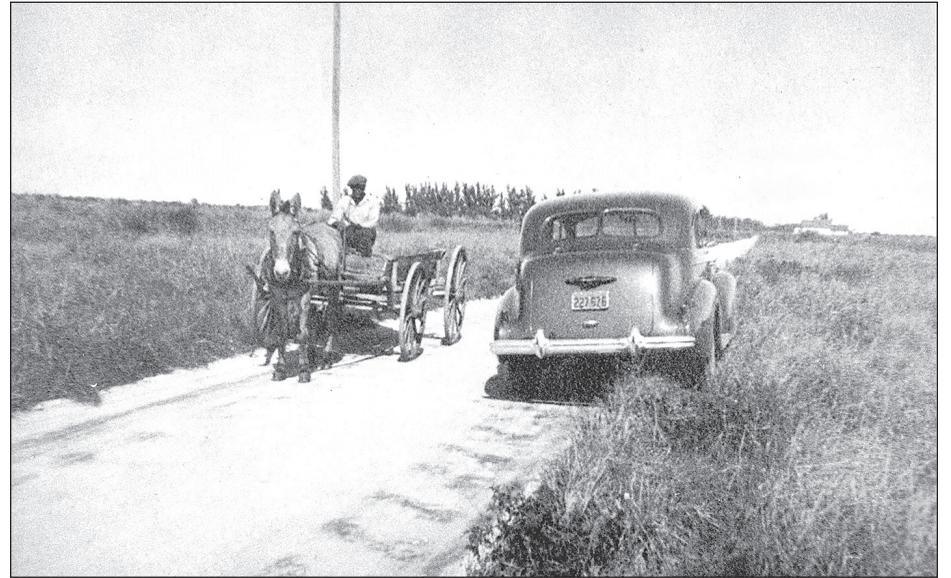
Sanibel Public Library is open to the public and also offering its popular contactless curbside service. Place items on hold online at [www.sanlib.org](http://www.sanlib.org) or call 472-2483. You will be notified when your items are ready for pickup.

Locals and visitors are welcome to virtually attend WWII History Programs with Duane E. Shaffer of Sanibel Public Library. No in-person programs will be presented. Shaffer will present programs on WWII via Zoom. Go to the home

page of [www.sanlib.org](http://www.sanlib.org) and click on the link to login a few minutes before 10 a.m. on Wednesday, March 17 to watch *1943 Operation Eiche (Oak)* online.

February is Black History Month, a time to recognize, celebrate and honor the rich and diverse history and important contributions and achievements of African Americans. In addition to print books and DVDs, patrons can borrow eBooks from curated lists that highlight African American achievements and history via Hoopla or Overdrive Libby apps. Kanopy has also created a special collection of films and documentaries to celebrate Black History Month.

Sanibel Public Library's digital archives are online. The library is seeking stories, photos, videos of people and places of



JW Mitchell driving his mule-powered buggy on Sanibel in 1937

Sanibel and Captiva for the archive. With over a thousand items, this ever-growing collection is a peek into Sanibel's past. Seed development for this ongoing project is supported in part by the Roni Jo Freer Fund of the Sanibel Public Library Foundation.

Youth Services Librarian Deanna Evans posts online storytimes each week. Her videos can be found on the Children's Page. Library cardholders can stream or download eBooks, movies, music, newspapers and magazines through eShelf. Computers, printers, scanners and fax machines are available and are sanitized between each use.

WiFi is available throughout the building. Mobile WiFi hotspots are available for checkout. Many eBooks and several new apps have been added in the past year, including online access to newspapers from around the world.

The library requires that everyone in the building wear masks and follow social distancing practices. The library is quarantining all materials between loans. During this time, library materials may appear as overdue on your account. Do not renew the item if you have returned it. Contact the library at 472-2483 or [notices@sanlib.org](mailto:notices@sanlib.org) if you have any questions.✪

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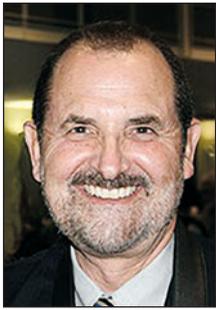


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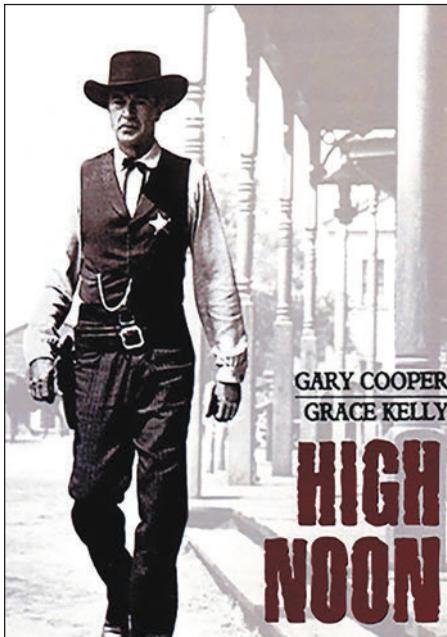
BIG ARTS Ethics In Film Series

# High Noon



by Ron Green

On Wednesday March 3 at 12:30 p.m., BIG ARTS will show *High Noon (1952)*, the first film in this year's BIG ARTS Ethics In Film Series. The film runs 85 minutes



GARY COOPER  
GRACE KELLY

image provided

and will be shown in the BIG ARTS Christensen Performance Hall. After the movie, I will lead a discussion in the theater.

*High Noon* is a classic of American cinema, standing number 27 on the American Film Institute's listing of the 100 Greatest American Films of All Time. Directed by Fred Zinnemann with a screenplay by Carl Foreman, it stars Gary Cooper as Marshal Will Kane, and Grace Kelly, in her second film role ever, as his wife, Amy. Cooper won an Oscar for his performance.

Over the protests of his newlywed bride, Marshal Kane must face a gang of deadly killers at high noon when the gang leader, Frank Miller, an outlaw Kane sent up years ago, arrives on the noon train. We watch in real time as the clock counts down the film's 85 minutes until the train arrives and Kane, abandoned by the townsfolk and

his Quaker wife, must face Miller and his gang alone.

The film raises many ethical questions. Is Kane right to reject his wife's pleas to leave Hadleyville and not face Miller's gang? What about the citizens of the town? Individually and collectively, they must decide whether to support the marshal or work out their own modus vivendi with Miller and his thugs. Why do they make the choices that they do? And then there is the historical context of the film

itself. Zinnemann has written that his approach to filmmaking involves "using the raw material of history in order to make a dramatic document." Against the background of what history (or histories) does *High Noon* emerge? And what are its lessons for our history today?

Remaining films in the four-part series are: *Official Secrets* on March 10; *4 Months, 3 Weeks and 2 Days* on March 24; and *Arrival* on March 31. Each film will be announced in the *Island Sun* a week before it is shown. Please note: the final two film dates have changed since last week's announcement.

Tickets are \$10 and available in advance or on the day of the film at the BIG ARTS box office, located at 900 Dunlop Road on Sanibel. For more information, call 395-0900 or visit [www.bigarts.org](http://www.bigarts.org).

Ronald M. Green is a Sanibel resident and professor emeritus for the study of ethics and human values at Dartmouth College.\*

From page 34

## Reading Festival

were designed to reflect the activities typically found in the annual in-person event. Participants of all ages can enjoy the grab-and-go crafts, online reading program, festival bingo and STEAM contests featuring LEGO, art and creativity challenges. Even autographed

books will be provided to attendees in the form of signed book plates that can be adhered to the inside of books. A limited supply of signed book plates is available at no charge and requests clearly indicating the author preference, along with a physical mailing address, should be made by email to [readingfestival@leegov.com](mailto:readingfestival@leegov.com).

As in previous years, the festival will provide each participating child and teen with a free, new book. This year, the free books will be distributed inside of the age-appropriate grab-and-go craft kits, which can be requested from any of the 13 Lee County Library System branches through curbside pickup or at the reference desks through March 13, while supplies last. Crafts and free books are specifically tailored for each age group: babies, pre-K, kids, middle and high school teens, and adults.

Festival participants are encouraged to sign up for the online reading and activity challenge or to complete the paper-based reading bingo for chances to win prizes and book baskets with festival author book titles. The deadline to log reading and activities is March 31. Free reader accounts can be created using the READsquared app or by visiting [www.readfest.org](http://www.readfest.org).

The Southwest Florida Reading Festival is free and community-supported through donations, sponsorships and grants. For more information or to make a secure online donation, visit [www.readfest.org](http://www.readfest.org) or call 533-4832.\*

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|                                                                                                                                  |                                                   |                                                                                              |                                                               |
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| <b>JAN 13</b><br>CONGRESS JEWELERS<br>SEALIE + FASHION + DIAMONDS + ESTATE<br>Blue Giraffe Restaurant<br>Her Sports Closet, Inc. | <b>JAN 20</b><br>CIELO<br>FRESH FARE • FUN DRINKS | <b>JAN 27</b><br>OLD CAPTIVA HOUSE<br>CROWS NEST Bar & Grill                                 | <b>FEB 3</b><br>Priscilla's OF SANIBEL<br>WHY KNOT SANIBEL    |
| <b>FEB 10</b><br>SPOONDRIFT ISLAND BOWLS<br>Bailey's                                                                             | <b>FEB 17</b><br>Gene's Books<br>Music & More     | <b>FEB 24</b><br>SANIBEL CAFE<br>paper fig kitchen<br>ADVENTURES IN PARADISE                 | <b>MAR 3</b><br>SUNDIAL BEACH RESORT & SPA<br>sea breeze cafe |
| <b>MAR 10</b><br>whims<br>Savory Spoon SANIBEL ISLAND, FL                                                                        | <b>MAR 17</b><br>400 RABBITS                      | <b>MAR 24</b><br>The Sanibel Sprout<br>OIL ISLAND SANIBEL<br>Swatchers' Dream<br>Island Paws | <b>MAR 31</b><br>OEC<br>Island Paws                           |
| <b>APR 7</b><br>Normandie SEASIDE CAFE AT WEST WIND INN                                                                          | <b>APR 14</b><br>RICKY'S MARKET                   | <b>APR 21</b><br>Bailey's                                                                    | <b>APR 28</b><br>J. McLaughlin<br>TRADERS                     |

## Two Compelling Programs Coming To The FORUM

by Di Saggau

The BIG ARTS FORUM Speaker Series will feature guests who will address two topics of interest. On Wednesday, March 3, Professor Bridgette Carr will address Immigration and Women As Trafficking Victims and on Sunday, March 7, Kevin Sites will talk about Getting the Story from the Hot Zone.

Dr. Carr is a professor of law at the University of Michigan. She advocates for the rights of human trafficking victims by developing legal solutions that address the issues of coercion and victimization. She has established clinics in Brazil, Ethiopia and Mexico, and was awarded a Marshall Memorial Fellowship to study human trafficking issues in Europe. During an interview, she said, "Most people think human trafficking is something that does not happen in their community. The truth is, it happens in every community, anywhere there is a potential for a profit to be made. It happens in small towns as well, in the Midwest, to the coasts, anywhere someone can be sold for profit, whether it's in the commercial sex industry or even at the local restaurant.

"I think one of the interesting things is, we often think about human trafficking as immigrants who are women only. Human trafficking also happens to men, women and children. Immigrants and women



Dr. Bridgette Carr photos provided

get most of the media attention when in reality, my clients are much more diverse than that."

I asked if progress is being made in this area. She said, "It's really hard to know when you don't know how many are being sold. It takes a lot of time in the industry to figure out the numbers, so it's hard to know whether we are reducing the number. However, I'm hopeful that the more we shine light into the reality of this and talk about the issue the way it actually happens, the more we can be realistic about what can be done to slow it down."

Sites is known in the international



Kevin Sites

journalism community as "the father of independent backpack journalism." He has worked for every major news organization and for several decades has been in the middle of wars, uprisings and fragile ceasefires as a frontline reporter. He has many stories to tell.

Sites told me that the entire focus of his career as a journalist, author and educator has been on this challenge: how to tell a better story. He said, "Often, that's meant reflecting on my conscious choices, whether they led to success or failure, as well as the accidents that prompted me to adjust, reform and innovate."

He told me, "While working for NBC as a freelance producer, following the 9/11 attacks, I was immediately sent to Afghanistan. I was aggressive about shooting whenever I saw an opportunity. Once, while on the frontlines, without my crew, I videotaped a brief battle between Northern Alliance and Taliban forces in which a mortar shell wounded a National Geographic producer. I was able to tie off his wound and he was evacuated to a medical facility."

In 1988, he reported a retrospective of Saddam Hussein's poison gas attack at Halabja. Sites said, "While it's important to take prudent risks to get a story, sometimes ego driven ambition nearly cost us our lives." He will share these and other stories. Author of three books, *In the Hot Zone*, *Swimming with Warlords* and *The Things They Cannot Say*, Sites is currently an associate professor of practice at the Journalism and Media Studies Centre at the University of Hong Kong.

Both presentations will take place at 7:30 p.m. in Christensen Performance Hall at BIG ARTS, located at 900 Dunlop Road on Sanibel. You can live stream all the FORUM lectures in the comfort of your own home. Following the lecture, you may text your questions and comments to the speaker. The program and technical support instructions will be sent one week in advance of each speaker. For more information and to purchase tickets, call 395-0900. Tickets for both the FORUM and Talking Points lectures can now be purchased online at [www.bigarts.org](http://www.bigarts.org).



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## Question Of The Week

by Wendy McMullen

This week's question to the Sanibel City Council candidates concerns the vital relationship between the Sanibel Plan and the Sanibel Land Development Code.

The question came from Mayor Mick Denham, who is retiring from the city after 16 years as a member of city council. We asked him to pose a question to candidates. This question regarding variances to the development code is essential to the future of the island in that it determines future development on the island.

As many of the candidates state, it's the job of the Sanibel Planning Commission to interpret the code and to grant variances where necessary. The ultimate responsibility, however, lies with the city council and there have been a number of occasions where city council has reversed the decision of the planning commission. Denham asks the candidates about the circumstances in which they might be prepared to vote for such a reversal.

Denham has served as mayor for four years and vice mayor for nine years. During his tenure on city council, he has been active on a large number of committees, both local and statewide, most notably those concerning water quality. He has received the Conservationist of the Year Award by the Southwest Florida Audubon Society and the Florida League of Cities Home Rule Award four times, most recently in 2020.

"It has been an honor to serve the citizens of Sanibel for the past 16 years," said Denham. "I have had some successes, made a few mistakes. But I have always put the health and safety of Sanibel citizens first and aimed at making the island a place people enjoyed to visit and wanted to stay."

The question posed by Denham was:

"What is the relationship between the Sanibel Plan and the Sanibel Development Code and under what circumstances would you be prepared to approve a variance to the Sanibel Development Code?"

### Jason Maughan

The Sanibel Plan is the vision and the aspirational goals of the community, which grow from the special harmony of our diversity, beauty, uniqueness, character, and embody the stewardship obligations incumbent upon us to protect Sanibel for future generations. With regard to the Sanibel Development Code (SDP), this is where the proverbial "rubber meets the road" for implementation of the Sanibel Plan as a matter of law. The circumstances I would be prepared to approve a variance are the same as I have exhibited



during two terms on the planning commission and as a four-year veteran of city council – I follow the laws we put in place to grant variances. The SDP lays out exactly under what circumstances variances may be granted after those circumstances meet all seven required criteria. I intend to continue following the law and not supplant it with my feelings when the law is clear on a citizen's rights or environmental protection.\*

### John Henshaw

Initially adopted in 1976, the Sanibel Plan or the Comprehensive Land Use Plan lays out the principles, policies and practices to control and limit growth that ultimately helps promote, preserve and protect the health, safety and welfare of our residents and the unique natural environments of Sanibel. Sanibel's Land Development Code, as required by the Florida Local Government Comprehensive Planning and Land Development Regulation Act, is the instrument by which land use decisions are made to conform with the intent and provision of the Sanibel Plan. Any variance to the Sanibel Development Code must be thoughtfully evaluated and deference given to the intent and principles outlined in the Sanibel Plan.\*



### Dr. Scott Crater

The Sanibel Plan lays out the broad principles of land use and development on the island, while the Land Development Code enumerates the specific rules for development. These rules include setbacks, maximum building size, vegetation buffers, coverage limitations and much more.

The Land Development Code is interpreted by the planning commission and city staff. The latter are also responsible for enforcement. The planning commission is appointed by the city council and serves in an advisory role to council. Rarely, city council could overturn a planning commission decision, if the council believes they have made an erroneous decision. In general, the Sanibel Land Development code should be followed. Variances might be acceptable when the current code adversely affects the health and safety of building occupants. For example, access for the disabled might be a reason to grant a variance. With few exceptions, I am in favor of adherence to the Land Development Code, which has worked for decades to protect our environment and quality of life.\*



### Mike Miller

The Sanibel Plan is our comprehensive land use plan and sets forth the vision for how our community will be developed and conserved. It is intended to guide our future decisions and actions. In comparison, the Land Development Code is our zoning ordinance and creates the legal basis for enforcement of the plan. The criteria for approval of a variance to the code are set forth in section 82-140 of the code and consist of seven requirements, all of which must be satisfied. In my opinion, the most important requirement is 82-140(6), which states that the variance requested must not be inconsistent with the Sanibel Plan nor adverse to the health, safety and welfare of the community. For variance applications, it is the duty of the planning commission to determine if the requirements are met, but losing parties may appeal to city council.\*



### Mary Bondurant

The Sanibel Plan is designed to protect our unique environment and to limit overdevelopment. The Land Development Code promotes orderly growth within the city in conformity with the Sanibel Plan. I am hesitant to even consider variances without prior due diligence and significant study by experts of the environmental impact on our island. As always, my goal is to keep Sanibel Sanibel.\*



### Tim Drobnyk

The first thought that comes to mind with regard to a variance, or discussion, would be related to property for affordable housing on the island. Of course, this question is general in nature, but we have an ongoing issue when it comes to having options for workforce housing. Addressing the needs of the community versus land that is less environmentally sensitive is a topic I would like to see given more consideration going forward.\*



# Speaker Reports Sunny Outlook For Lee County

Indicators such as building permitting, airport ratings, real estate prices and inventory, and new construction point to the return to a robust economy in Lee County, said John Talmage, director of the Lee County Economic Development Office, at the Sanibel & Captiva Islands Chamber of Commerce February 10 Economic Development Power Hour virtual meeting.

"From an economic development perspective, we've never been more busy," he said. "We hope as a county that our property tax base is stabilized, that we're not going to have to see any serious budget cuts."

For coastal communities such as Sanibel and Captiva islands, staycations and the "snow chicks" trend, where families temporarily relocate here while their children learn remotely, are the silver lining. As a result of the LeeCares Act, the county was able to put about \$2 million into Sanibel, he said, including to nonprofits such as Clinic for



John Talmage

the Rehabilitation of Wildlife (CROW), The Community House and FISH of SanCap; and grants for more than 110 Sanibel-based businesses.

"The coastal communities are alive and well," he said. "The chamber has been the absolute leader on this, but water quality has to continue to be goal one," said Talmage. "(Water quality) is essential for both our hospitality economy, also our business recruitment economy."

Talmage favors "holding the line" on housing development between the causeway and San Carlos Boulevard. "Our goal is to try to grow the economy responsibly but aggressively and at the same time protect our very special communities like Sanibel and Captiva and others. So, we hope they benefit from the revenues that come from growth but not necessarily be victim to traffic."

"John Talmage is no stranger to Sanibel," said John Lai, chamber president and chief executive officer, in his introduction to this month's speaker. "He has helped us to roll out just about every economic initiative that we've been able to cooperate with, and we thank him for what he's done."

Talmage, an expert in the field of local economic and community development for municipal governments and national research organizations, sat for several years on the Sanibel Planning Commission and on a number of island boards of directors including, most recently, Sanibel Community

Association, FISH, CROW and Sanibel Sea School.

In his opening comments, Lai also announced that the chamber will again forego its traditional annual meeting this April. "Certainly, we will have our annual awards as we always do, but we will not be gathering as a large group function - to keep the business community safe."

He also introduced Brian Ososky with the Lee County Visitor & Convention Bureau, who announced a new program to benefit local businesses and visitors. The Sun Saver Passport

is a digital tool that allows restaurants, bars, retail operations and attractions to offer visitors special deals online and via a new app. Already more than 4,600 people have signed up for the passport. Businesses can learn more at [www.explore.fortmyers-sanibel.com](http://www.explore.fortmyers-sanibel.com).

The next virtual business meeting of the Sanibel & Captiva Islands Chamber of Commerce is scheduled for noon on Wednesday, March 10 with VCB Executive Director Tamara Pigott as guest speaker. For more information, contact Lai at 472-2348 or [john@sanibel-captiva.org](mailto:john@sanibel-captiva.org).

## Mighty Mussels Inaugural Season Begins In May

The Fort Myers Mighty Mussels 2021 season schedule will consist of 120 games, including 60 home games at Hammond Stadium. The Mussels' home opener is scheduled for Tuesday, May 11 against the Clearwater Threshers.

After significant restructuring throughout professional baseball, the Mighty Mussels will now compete in the Low-A Southeast region. The new league consists of 10 teams, all of which are previous members of the Florida State League.

The 2021 schedule will feature a six-game series running from Tuesday through Sunday. The entire league will

observe an off day each Monday. The change is aimed at reducing both travel and virus risk after 18 months without baseball.

"We could not be more excited to announce the schedule for the inaugural season of Mighty Mussels baseball," said Mussels owner Andy Kaufmann. "After a year off, we can't wait to see the great fans of Southwest Florida back at Hammond Stadium to enjoy great baseball and affordable family fun for everyone. We want the first season of the Mussels to be a memorable one so stay tuned for the announcement of our promotional schedule, which will have lots of excitement all summer long."

Fort Myers will play 24 games against its closest geographical opponent (Bradenton Marauders) and 12 games against the remaining eight teams in the league.

continued on page 4B

## Buying, Selling or Just Want to Chat... Talk to Chuck!

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**SANDPIPER BEACH UNIT 303**

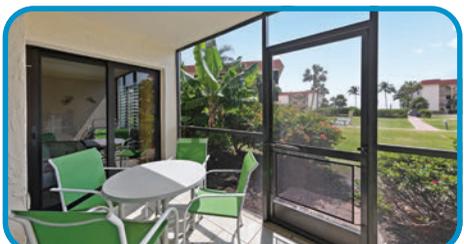


Beautifully remodeled 2 BR/2 BA corner unit with Gulf and pool views. Kitchen has newer appliances and large island/breakfast bar. Beautifully furnished with 'Island style' decor. The unit is fully outfitted for rental including bicycles, beach chairs and flat screen TVs in all rooms. Large exterior storage room and assigned parking under building. Sandpiper Beach is a 27-unit complex on 13 acres along the Gulf of Mexico. **\$825,000**

**Locations In Sanibel and Captiva**

2400 Palm Ridge Rd.  
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11508 Andy Rosse Ln.  
Captiva, FL 33924


# West Gulf or East? Both Great Locations!



## 2nd-Floor Beach-Front

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2311 West Gulf Dr**

Follow the tropical drive into this gulf-side building & enjoy the privacy of a condo community with just 14 owners. Convenient to bike path & within walking distance of shops & restaurants. Recently-renovated building with waterside community pool, tennis, BBQs, & private exterior storeroom. Remodeled 2nd floor 2 bedroom with den in delightful tropical décor including easy-care plank-style tile floors. ~1,350 sq. ft. Offered turnkey including rental bookings (weekly minimum). \$1,099,000



## Top-Floor East-End Gulf-View

**Sandalfort #3B3  
671 East Gulf Dr**

Offering water view & set-back protection. With updated kitchen & bath, plus cheerful beach-chic décor, this condo is ideal as winter residence, vacation rental, & income-producer. On-site office handles guests & offers peace-of-mind when you are away. Weekly rental minimum in "season", otherwise 4 nights ensuring good return. Community offers assigned parking, pool, tennis, shuffleboard, WiFi, laundries, & elevators. Low fees too. \$549,000 furnished & with reservations



## Properties Below Under-Contract Closing-Soon



**1238 Isabel Dr**



**Kings Crown #104**



**1894 Farm Tr**



**Mariner Pointe #541**

2242 Periwinkle Way  
Suite #3 in Sanibel Square

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David Anderson  
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Lisa Murty  
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Elise Carnes  
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## Successful Community Partnerships

“Sanibel-Captiva residents, Ginny Stringer and Jim Pigott are valued members of the firm’s Advisory Board, sharing their expertise and personal insight with the Trust Company team for the good of our community.”

S. Albert D. Hanser, Founder & Chairman

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Lynne Stern, left, and Maryanne Daly, right, PEO Chapter FV PCE chairs, met with Bailey Pederson to give her a grant named in memory of Emy Dietz

photo provided

## Special Grant Awarded To Nursing Student

**B**ailey Pederson has been chosen by Sanibel Chapter FV of PEO International to receive a \$1,000 special grant named in memory of chapter member Emma Lou “Emy” Dietz who passed away last summer.

Dietz’s family requested that donations in her memory be made to Chapter FV. Dietz had been a member of PEO, a philanthropic organization providing funds for women’s education, for over 60 years. She was especially supportive of the PEO Program for Continuing Education (PCE), which grants funds to women who have been in the workforce and are returning to school to pursue a career.

Pederson is food and beverage manager at The Sanctuary Golf Club. She is going back to school at Florida Gulf Coast University to pursue a bachelor of science degree in nursing.

Pederson said, “I am completely blessed and grateful for receiving this grant. It helps relieve so much stress and helps make it possible for me to continue my education without the financial burden.”

She added, “I have always thought about being a nurse. The global pandemic is the little push I needed. I was tired of sitting back and not being able to help people in this time of crisis. And my family and friends are my

main motivation. The members at The Sanctuary are very motivating as well. Everyone is happy to see me going back to school and supporting me through it all.”

Chapter FV member Kerry Salatino, who recommended Pederson for the grant, said, “Bailey is the perfect candidate to represent PEO and benefit from the organization’s desire to further women’s education. Bailey has proven her commitment to personal achievement through documented career advancements with her current employer while also actively pursuing classes in nursing to make a career change. She is pleasant, kindhearted and will be an asset to many people in the future.”

“Family and friends describe Emy as having a true zest for life, an interest in others, and a lively sense of humor. With her bright red, curly hair and twinkle in her eye, she truly lit up the room and brought a smile to your face,” said Gwenda Hiatt-Clements, Chapter FV president. “It is so fitting that Bailey was chosen to receive the funds from Emy’s memorials. Bailey is truly a bright light also. She is a delightful young lady who is destined to make a difference in people’s lives.”

This special grant was given locally. Most grants from PEO International are awarded to women nominated by local chapters and funded by annual donations from the organization’s chapters across the United States and Canada. For more information about PEO and available scholarships, visit [www.peointernational.org](http://www.peointernational.org).

From page 2B

## Mighty Mussels

The Mighty Mussels will begin the season on the road on May 4 in Bradenton, and conclude the season at home on Sunday, September 19 against the Tampa Tarpons.

Fort Myers will be home on both

Saturday, July 3 and Sunday, July 4 against the St. Lucie Mets for Independence Day weekend. Game times for those games and the entire schedule will be announced at a later date.

Season tickets are on sale now, and other ticket packages including single game tickets will go on sale starting in April. Call 768-4210 or follow on social media.\*



**Trevor Nette**  
Broker/Realtor

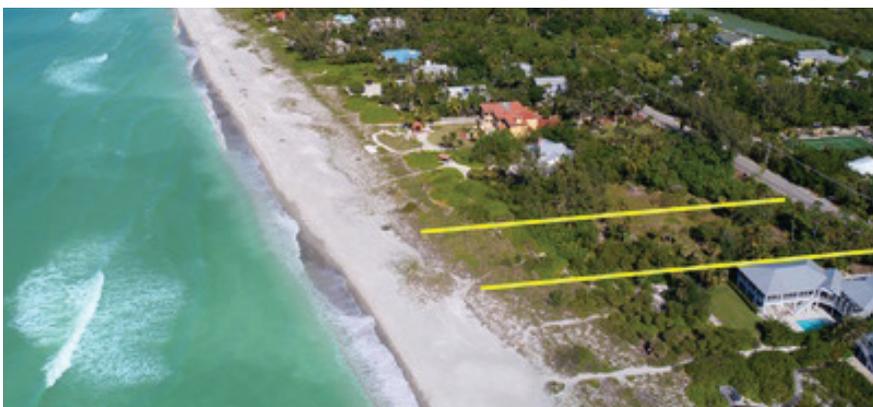
Today is the day to live your beautiful life



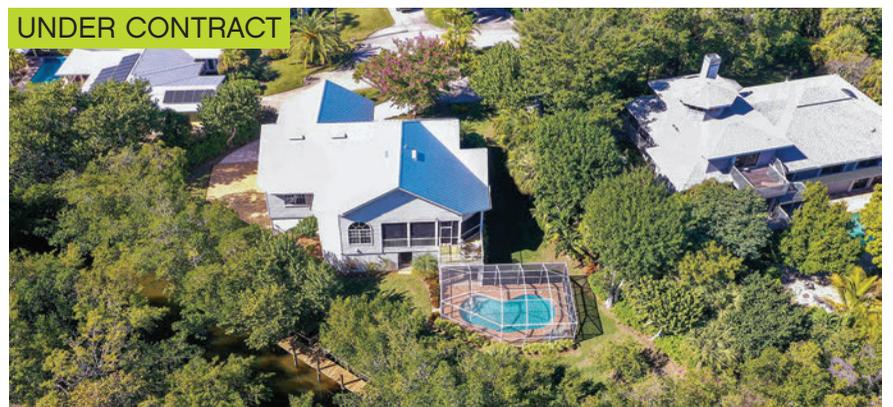
**3767 West Gulf Dr., Sanibel** **\$7,995,000**  
 • Newer construction. Beautifully interior decorated • Wine Cellar. Elevator. Game Room.  
 • Panoramic Beach views. Private Pool and Spa • Fully Furnished. Turn key



**1523 Periwinkle Way, Sanibel** **\$4,950,000**  
 • The Fish House. 3+/- Acres • Prominent + successful Sanibel Island restaurant  
 • 200' + Sanibel River & Periwinkle Way frontage • New Outdoor Seating Area



**16970 Captiva Dr., Captiva** **\$3,995,000**  
 • Prime Location on Captiva Gold Coast. • 100' of Beach Frontage  
 • Western Exposure Direct Sunset Views. • Live the Island dream.



**757 Windlass Way, Sanibel** **\$1,249,000**  
 • Canal. East end private location. • 3/2.5. Pool. Kayak & boat dock  
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Mary Ellen and Eric Pfeifer with their sponsor check

photo provided

## Realtors Sponsor Golf Tournament

Pfeifer Realty Group has donated \$1,500 as a major sponsor for the Play for PINK golf tournament to take place on Saturday, March 27 at The Dunes Golf and Tennis Club. The donation supports the putting contest, a new feature for the golf tournament this year. Thanks to the underwriting of The Estee Lauder Companies, 100 percent of funds raised will go to the Breast Cancer Research

Foundation.

Sixty-four golfers will tee off at 8:30 a.m. Players will purchase mulligans, raffle tickets, pay-the-pro tickets and participate in a putting contest at the conclusion of their round. A luncheon will be held in the pavilion and prizes will be awarded to the first place men's, women's and mixed teams. A virtual silent auction will take place from March 24 through 27. Auction items may be previewed online beginning Saturday, March 20.

To date, Pfeifer Realty Group has donated \$175,500 to local nonprofits.\*

## Rotary Happenings

submitted by Cindy Carter

When the COVID-19 pandemic began to alter life as we knew it, people were very focused on how it affected their lives and their work situations. As we can now sit back and reflect a little more, we are able to begin to see how it affected others' lives and their lines of work as well.



Mark Weber, manager of Florida Business Operations for the Minnesota Twins, spoke to us about the challenges that the athletic industry, specifically baseball, dealt with and the adjustments they had to make to ensure the safety and security of their players, staff and fans. Within 12 hours in mid-March, decisions had to be made on the best process of sending players home to their many different states and several countries as well as the process of clearing out all their equipment.

Since that time, there have been countless meetings with the team's medical personnel and upper level administration about testing protocols in order to maintain the safety of all involved and open the stadiums to fans. They are confident that the season will be safe, successful, a winning one!



Mark Weber

photo provided

Weber started with the Minnesota Twins in 1985 and then started his own business specializing in sports in 1995. He rejoined the Twins in 2014 and oversees all the business operations for the Ball Club in Southwest Florida. He and his wife, Kathy, have been residents of Southwest Florida since 2014.

The Sanibel-Captiva Rotary Club is holding hybrid meetings on Zoom and in person at The Dunes. To attend a meeting in person (limit 20), email Bill Harkey at [william.harkey@gmail.com](mailto:william.harkey@gmail.com) by Wednesday. Zoom meetings are held on Fridays. Log on as early as 7 a.m., meeting begins at 7:30 a.m.\*

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**Your Island Bankers:** (L-R) Robbie Roepstorff, President, Willy Ocasio, V.P. Sanibel-Captiva Office Manager, David Lowden, V.P. Private Client Relations, Geoff Roepstorff, CEO.



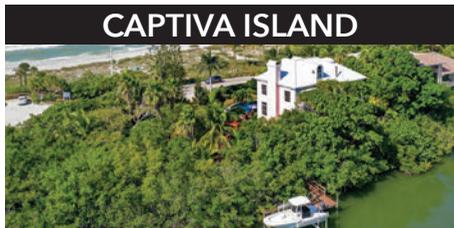
**SANIBEL BEACHFRONT**

**3767 W. GULF DR., SANIBEL**  
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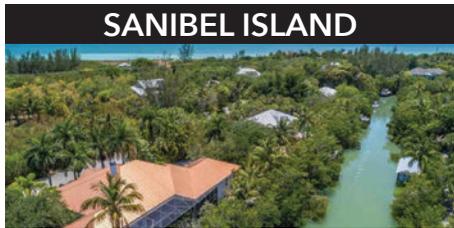
**SEASPRAY**

**1314 SEASPRAY LN., SANIBEL**  
 • New 2020 Construction, Gulf Front Estate  
 • 5 BR, 5.5 BA, Soaring Beam Ceilings  
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**17201 CAPTIVA DR., CAPTIVA**  
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**490 SAWGRASS PL., SANIBEL**  
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NEW PRICE**

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**CAPTIVA BEACHFRONT**

**15138 WILES DR., CAPTIVA**  
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 • Comfort Meets Luxury - 6 BR, 5.5 BA  
**\$6,195,000**    **MLS 220031374**  
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**SOUTH SEAS ISLAND RESORT  
NEW PRICE**

**1634 LAND'S END VILLAGE, CAPTIVA**  
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**MARINER POINTE**

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 • Partial Beach View from Courtyard  
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**1837 BUCKTHORN LN., SANIBEL**  
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**1501 MIDDLE GULF DR. #F108, SANIBEL**  
 • Large 1 Bedroom, 1 Bath  
 • Beautifully Maintained Property  
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# Ribbon-Cutting Held For Bank Relocation

The Sanibel & Captiva Islands Chamber of Commerce celebrated the February 1 opening of Sanibel Captiva Community Bank's new main office at 2406 Periwinkle Way with a ribbon-cutting ceremony recently. Besides a more convenient location, the new office offers customers added features including a drive-up ATM, expanded parking, a larger lobby and the Ken Nirenberg Community Room, named in honor of the late bank director who passed away in December.

"Now with two locations at either end of Periwinkle Way, we are able to more conveniently extend our unmatched, superior customer service in helping customers find smart, thoughtful banking solutions," said Craig Albert, CEO and president of Sanibel Captiva Community Bank. "Our foundation is built on people and relationships, and our success is based on the recognition and value we place on relationships with customers, team members and our community."

The new bank replaces the original



Sanibel Captiva Community Bank staff and chamber representatives celebrated the opening of the new location with a ribbon-cutting

photo provided

Sanibel Captiva Community Bank, which opened at 2475 Library Way on Sanibel in 2003. It was the first office for the bank, which now has grown to include seven other branches throughout Sanibel and Fort Myers.

"We're so proud to be a long-term member of the Sanibel & Captiva Islands Chamber of Commerce," said Albert. "This partnership is important to us because it allows us the opportunity to be actively involved in the betterment of our island community."

"Congratulations to Craig and his team for their expansion – one

more shining example of the bank's vitality and commitment to serving its community," said John Lai, chamber president and chief executive office. "Sanibel Captiva Community Bank has become such an integral part of the islands' financial scene, and we are always happy to applaud its efforts."✪

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## Presentation On Climate Change

submitted by Ariel Hoover,  
Climate Reality Leadership Corps

The year 2020 tied with 2016 for the hottest year on record, even though statistically it was a little bit higher. But the fact that the last seven years are the warmest on record should wake us up. Scientists have warned us that we have to keep the overall rise under 2.5 degrees C to ensure life on earth can continue as we know it. But we are playing Russian roulette with our lives and the lives of all living beings. Heat affects the various threats we face such as health, for example. We know that insects like warmer weather – the ticks that cause Lyme's disease have spread as far north as Canada already, and mosquitoes that cause malaria and other diseases like the extra heat – they reproduce more often, and it makes them hungrier so they bite more often. The extra heat even lowers the nutritional value of our foods, as well as the amount produced. It is important that we come to grips with this issue as we will have a lot more people to feed in 100 years.

Of course, extra heat also evaporates more moisture into the sky, causing heavier downpours. We can see the future already in places like Miami where they routinely experience rainy day flooding. They have had to move some of their wells further west to keep out saltwater intrusion. They are number one for losses due to sea level rise in the not-distant future. We saw some

of these effects last year when we had rain for 24 hours on Sanibel. Although our weirs held, they aren't designed for such events, and more of these events will come. Seeing a lot of the bike path to Bowman's Beach under water was a startling reminder, as was the reminder that we have a lot of Super Fund sites threatened by sea level rise all over the U.S., 52 in Florida alone. An overflow of their hazardous chemicals into the water table or our rivers would be an unmitigated disaster.

We know that the elderly, those with compromised health, communities of color, those who live in densely packed urban areas and children are the most threatened. And the extra heat, coupled with particulate matter from burning fossil fuels, use of traditional agriculture and coal-fired power plants, increase this threat.

As part of The Climate Reality Project, I will lead a presentation at The Community House on Tuesday, March 9 at 6:30 p.m. You can also tune in on Zoom. To register for the Zoom link, go to [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net), click on Calendar, and then click on the March 9 presentation. I will share much more information about the effects of burning fossil fuels on our health, our food and water supply, our pocketbook and our wildlife, along with strategies to sustain our earth and all of the lives it supports.

The Climate Realty Project is a non-partisan organization founded to educate people about climate change and solutions.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, call 472-2155.✪

## Refuge Hires Two New Staffers



Avery Renshaw



Lindsey Voegele

This month, two new federal employees clocked in at JN “Ding” Darling National Wildlife Refuge (NWR) on Sanibel. Avery Renshaw will fill the newly created position of biological technician; Lindsey Voegele steps in as administrative payroll and travel technician for multiple Florida refuges.

Renshaw, who worked at “Ding” Darling from April 2019 to December 2020 as a biology intern, assisted senior refuge biologist Jeremy Conrad with his mangrove fertilization doctorate project, which included field data collection and sample processing.

“In her new position, she will be working with me on all things biological related,” said Conrad. “This includes research, surveys, restoration, water quality and planning.” Hers is a four-year term position. Due to lack of hiring funds in the refuge budget, the “Ding” Darling Wildlife Society-Friends of the Refuge is partially supporting Renshaw’s first-year salary.

“Thank you to ‘Ding’ Darling Wildlife Society for supporting my first year in this exciting new position,” said Renshaw. “They are helping to make it possible for me to pursue my dream career.”

Originally from Mount Airy, Maryland, Renshaw previously interned with Mote Marine Lab’s Coral Reef Ecological Processes Program in the Florida Keys. She graduated in 2018 with a bachelor’s degree in environmental science and studies with a biology concentration from Towson University in Towson, Maryland.

“Through my internship, Sanibel Island and its natural ecosystems have become important and significant places to me, so when this job opportunity arose, I had to apply,” said Renshaw. “I wanted to continue contributing to the refuge’s mission to protect and preserve the island’s wildlife and natural habitats. I’m especially looking forward to important restoration efforts at the newly acquired refuge habitat.”

Voegele, who is currently working remotely from Oregon, will be arriving in March to make “Ding” Darling her home base for working with Crystal River NWR, Florida Keys NWR Complex, and Southwest Florida NWR Complex, which includes “Ding” Darling, Florida Panther and Ten Thousand Islands refuges.

continued on page 10B



# IMPACT 2020 FACTS

food programs • island based education • social & senior services • helping hands & financial assistance



**26,933**

**SERVICE REQUESTS**

WERE ANSWERED IN 2020 BY **FISH OF SANCAP** MEETING VARIOUS NEEDS AND **HELPING OUR NEIGHBORS**



**6,412**

**MEALS-BY-FISH** WERE DISTRIBUTED BY OUR GENEROUS VOLUNTEERS

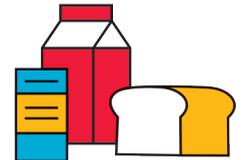


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**205,454** MEALS



**517**

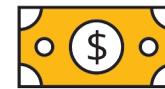
HOUSEHOLDS RECEIVED **HOLIDAY FOOD BASKETS**



**3,589**

**REASSURANCE CALLS**

WERE MADE TO CONNECT WITH ISLAND SENIORS



**494**

INSTANCES OF **EMERGENCY FINANCIAL ASSISTANCE**



**193**

CHILDREN RECEIVED MUCH NEEDED **SCHOOL SUPPLIES**

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Chamber representatives with Chris Kirchner and Sarah Ashton, center, at the ribbon-cutting

photo provided

## Celebration Held For New Real Estate Group

The Sanibel & Captiva Islands Chamber of Commerce celebrated the opening of the Keller Williams Realty office at 2440 Palm Ridge on Sanibel on February 16. The business is

a partnership between longtime Sanibel real estate agents Sarah Ashton and Chris Kirchner. The office officially opened September 1, 2020.

“My business partner and I made the decision last year to open the Sanibel and Captiva office of Keller Williams Realty as we felt that the company was a good fit for how we do business and where we wanted to see our business go,” said Ashton. “In addition to national and international exposure for our properties, they also have a luxury division which was well suited to our business on Sanibel and Captiva.”

Kirchner has been working in real estate since he moved to Southwest Florida in 2009. He has received the International Rising Star, RE/MAX 100% Club, and Executive Club Awards multiple times. Additional awards include top listing and selling agent on numerous occasions.

Ashton moved to Sanibel in 2001

and began selling real estate in 2003. She serves as president of the “Ding” Darling Wildlife Society and is past president of the chamber as well as the American Business Women’s Association local chapter.

The Keller Williams Realty Ashton Kirchner Group prides itself on the relationships it establishes with its clients. “Working with us feels more like a partnership with a good friend to achieve the goal of buying or selling an island property versus just a check-off transaction,” said Ashton.

“We congratulate two fine island business people on their latest endeavor,” said John Lai, chamber president and chief executive office. “Sarah and Chris not only have a proven flair for success, but an invested interest in their community and clients.”

“Being involved in the Sanibel and Captiva communities is key to being in business on the islands,” said

Ashton. “The Sanibel & Captiva Islands Chamber of Commerce is always at the table with the city, the county and, often the state of Florida, when it comes to the business health and community health of the islands. The chamber is often driving the conversations. Chris and I feel that it is really important to support this effort and to stay current with the issues facing the businesses here.”✪

## Upper Captiva Fire And Rescue Receives Grant

The Upper Captiva Fire & Rescue is better equipped to keep all community members safe thanks to a grant from Firehouse Subs Public Safety Foundation. The \$21,408 grant will be used to purchase two sets of the latest generation night vision equipment, fulfilling a critical need within the department and community.

“We are committed to helping organizations such as the Upper Captiva Fire and Rescue District to continue their lifesaving work within local communities. We are honored to be able to award this grant and do our part to ensure that Upper Captiva and its surrounding communities are safer for everyone, including first responders,” said Robin Peters, executive director, Firehouse Subs Public Safety Foundation.

The two pairs of night vision goggles will be used to provide safer and more effective response both on land and waterways that surround the community. Given the remote nature of North Captiva Island, the ability to see in the dark will help the district emergency responders locate and identify people or fire threats even in the darkness of the more remote areas and state lands.

The grant was one of 102 Firehouse Subs Public Safety Foundation awarded to public safety organizations across the country during the most recent grant application period. The 102 grants total more than \$2.1 million.

To donate or learn more about the foundation, visit [www.FirehouseSubsFoundation.org](http://www.FirehouseSubsFoundation.org).✪

From page 9B

## Refuge

Voegele was working for the Bureau of Land Management in Coos Bay, Oregon as an administrative assistant. She graduated from the University of Illinois Urbana-Champaign in 2010 and has worked for other land management agencies including the National Park Service and U.S. Forest Service.

“I have lived in the Fort Myers area previously, and I am excited to enjoy sunshine, beaches and the beautiful Florida coast once again,” said Voegele. “I am looking forward to learning more about the refuge. It is always fun to discover the behind-the-scenes activities each refuge is working on.”✪

## NEED A HOME!



Looking for a home to rent for me and my dad. A year round rental on Sanibel. I'm 5 years old and under 15lbs. My dad is 54 and has worked on Sanibel for 15 years now. We don't need anything huge, a one bedroom/one bath with a small kitchen would work out fine.

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From left: Steve Greenstein of the trust company; Amy Clapp, co-chair of Play for PINK; Al Hanser of the trust company; Jim Clapp, co-chair of Play for PINK; and Gail Latino and Ed Ciskowski of the trust company photo provided

## Trust Company Lead Sponsor Of Golf Tournament

The Sanibel Captiva Trust Company will be the lead sponsor once again of The Dunes Golf and Tennis Club annual Play for PINK (PFP) golf tournament to be held Saturday, March 27. PFP has also received an additional donation from The Hanser Foundation for the coming event. Al Hanser, founder and chairman of the trust company, said, "Over the years, we have supported the tournament to raise funds for the fight

against breast cancer and it has become a proud tradition between the trust company and The Dunes. We also commend the planning committee for their time and creativity to make it an enjoyable day for all."

Thanks to local sponsors and underwriting from The Estee Lauder Companies Breast Cancer Campaign, 100 percent of the funds raised are donated to The Breast Cancer Research Foundation.

Sixty-four golfers will tee-off at 8:30 a.m. Players will purchase mulligans, raffle tickets, pay-the-pro tickets and participate in a putting contest at the conclusion of their round. Prizes will be awarded to the first-place men's, women's and mixed teams. A luncheon will be held in the

pavilion, underwritten by The Sanibel Captiva Trust Company.

A virtual silent auction will take place leading up to the golf tournament with bidding beginning on Wednesday, March 24 and ending at 6 p.m. on

Saturday, March 27. Auction items may be previewed online starting Saturday, March 20 by visiting: <https://www.charityauctionstoday.com/auctions/DunesPlayForPink-21215>.✪

## Shell Museum Names New Finance Manager

The Bailey-Matthews National Shell Museum has named Ryan Powell as its new finance manager.

Powell, who has lived in the Fort Myers area for most of his life, completed his bachelor's in accounting at Florida Gulf Coast University. He most recently worked as an accountant for Wiltshire, Whitley, Richardson & English, PA, a longstanding Fort Myers firm.

Powell also brings extensive management experience to the museum, after working for Publix Super Markets for 14 years. His volunteer work with United Way and its partner agencies over the years has shifted his interest to working in the nonprofit realm, and he looks



Ryan Powell photo provided

forward to becoming a part of the Sanibel community.✪

### Superior Interiors

## Choose A Color Scheme For Your Home Office

by Trinetta Nelson



Today, having a home office is just as essential as having a living room space for most working individuals. Whether it's a separate area that is closed off from the rest of the house, or a space that's carved

out of an existing room, those who work or study from home deserve a workspace to call their own. Working at the kitchen table while your kids learn remotely isn't always going to spark creativity and productivity; you need to establish a specific location to complete your work.

Once you have settled into your home office environment, decorating your workspace in a way that is motivational and free of distractions is a must. Accessories, décor and furniture are a few ways you can express your personality and meet your workspace needs, but the paint and accent colors can set the foundation you need to succeed.

Which color scheme is right for you? Finding a new arrangement of colors is not a one-size-fits-all deal. One person might thrive in a room filled with bright, bold hues, while another might find it more distracting than inspiring. Personal style isn't the only factor that plays a major role in choosing a color scheme; the type of work you do or the way you use the home office can also be a determining factor in your color choice.

Neutral hues – One simple way to make

concentration the top priority in the home office is with neutral tones. Shades of gray, beige and white can paint a clean slate in your workspace, allowing your head space to focus solely on your work.

Bright and lively colors – If you feel that your workspace needs a boost of color as a means of inspiring you throughout the day, brighter, yet subtle shades like blush or coral can bring some personality to the room. Even if you don't want to go full force with these colors, you may consider an accent wall instead.

Saturated dark pigments – While the home office is generally associated with light shades, darker, saturated colors can be freeing for your creative side. Rich, saturated pigments respond extremely well to all types of light and remarkably emerge much more pigmented than on the color card. Do you enjoy the outdoors and are inspired by nature? Consider a rich green, as it is the color of growth, life and renewal, an office clad in this hue will promote calmness, harmony, a strong sense of balance, reassurance, safety and productivity.

All in all, we recommend that you don't stray too far away from the rest of the colors in your home. Your office should not stick out like a sore thumb. It can have its own personality in some form, but it should flow and have a common thread with the rest of your home stylistically.

Lighting is everything in the home office. Whether you are attending Zoom meetings or taking on art and design work, perfecting the lighting is a must. It allows you to pay as close attention to detail as possible and appear as lively as ever via webcam. If natural lighting works in your favor in your office space, take advantage of it. Otherwise, consider the addition of overhead lighting or desk lamps that can help you maximize the efficiency of your workspace area with ease.

Trinetta Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at [trinetta@coindceden.com](mailto:trinetta@coindceden.com).✪

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ISLAND SUN BUSINESS NEWSMAKERS



McMurray & Members

Royal Shell Real Estate

The top producers for January at the Royal Shell Real Estate Sanibel-Captiva office were: McMurray & Members; top listing producers team; Trevor Nette, top listings producer individual/partners; McMurray & Members, top sales producers team; and Cindy Sitton, top sales producer individual/partners.✪



Trevor Nette



Cindy Sitton

VIP Realty Group

The top producers for January at VIP Realty Group were: Lynda and Kit Traverso, top sales; Teresa Baker, top listings; and Janka Varmuza, top producer.✪



Lynda and Kit Traverso



Teresa Baker



Janka Varmuza

Kingfisher Real Estate

The top producers for January at Kingfisher Real Estate were: KC Cuscaden, top listing agent; and Mary Bondurant, top selling agent.✪



KC Cuscaden



Mary Bondurant

John Naumann & Associates

The top producers for January at John Naumann & Associates were: Evan duPont, top listing agent; Marianne and Liz Stewart, top listing team; Linda Naton, top sales agent; and Larry and Deb Hahn, top sales team.✪



Evan duPont



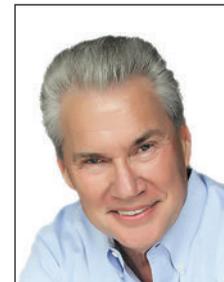
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Liz Stewart



Linda Naton



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Will Power

# Should I Pay Dad's Credit Cards?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**W**hen a parent dies, one of the first questions I receive from their adult children is whether they are responsible for the parent's debts. Home mortgage statements, utilities, credit cards, hospital bills and other such expenses flood the mailbox. What to do?

Florida law answers these questions. Generally speaking, spouses, children and other beneficiaries aren't liable for the individual debts of a decedent. But a misstep can result in personal liability. If you're serving as the personal representative (Florida law's executor) in a probate estate, or as a trustee of the deceased's trust, you should rely on your estate attorney, who knows the

complex rules regarding a decedent's creditors. If you don't adhere to them, invoices that normally wouldn't be your responsibility could become your liability.

Allow me to explain. Florida law provides for the priority of creditor claims. If the decedent's estate is sufficient to pay all the bills, then there's no problem. But what if the estate is insufficient to pay the bills? Should the spouse or adult children or the beneficiaries come out of pocket to satisfy them?

Here we look to the Florida statutes, which sets priorities among the bills. Expenses related to the administration of the estate (lawyers, executors, etc.) are the highest priority and stand first in line. You might scoff that the lawyers are first, but who would help administer an estate if all the other creditors consume the estate?

Next in line are funeral expenses up to \$6,000. After that, federal debts and taxes, then state, including unpaid court costs fees and fines. Doctors, hospitals and attendants relating to the last 60 days illness follow, then business debts up to the value of the business assets, and finally all other debts, which might include unsecured credit cards.

It makes sense that debt secured by assets, such as a mortgage on a home, have priority over unsecured debts. So, if there's a mortgage on a property that wasn't the decedent's Florida homestead, and has sufficient equity to satisfy the creditors, it might make economic sense for the beneficiaries to carry the cost of the mortgage until the property is sold.

The decedent's Florida homestead is exempt from the claims of creditors so long as it is devised to an heir (spouse and children qualify). But it transfers subject to any mortgages or other secured liens. If, however, the will or trust directs the sale of the homestead, then unsecured creditors can reach its equity. The homestead equity is not

protected to the extent that the homestead is devised to someone other than an heir (a friend or charity, for example).

IRA accounts are also generally exempt from creditor claims, unless they are payable to the estate rather than to a beneficiary, in which case the account becomes subject to creditor claims.

If the personal representative or trustee pays bills in the wrong priority, and if there aren't enough non-exempt assets to cover those bills, he or she is personally liable to pay the claims of those that would have been paid had the proper priority been followed. So, for example, if the trustee paid the American Express and Visa bills, but it turns out that there wasn't enough money to pay the doctor and hospital bills, the trustee will then have to come out of pocket to pay those doctors and hospitals because they had priority under the law.

If a probate estate is opened with the circuit court, then the attorney for the file will explain the proper procedure to notify the creditors and satisfy their claims. It's the personal representative's duty to determine any "reasonably ascertainable" creditor. The attorney for the file will send a formal notice of the administration to those creditors, granting them 90 days to make a claim against the estate. The other creditors are noticed in a newspaper legal notice advertisement. The estate can't be closed until all creditor claims have been satisfied, or in the case of insufficient funds, paid proportionally as provided for under the statute.

If no probate is opened, the trustee has a period of two years where he can remain liable to creditors. That's why it might be prudent to open an empty probate simply to run a proper creditor notice period.

I'm sure this is clear as mud to the reader. The law is more complex than I have space to describe. That's why it's so very important to have a knowledgeable attorney lead you through this process.

©2021 Craig R. Hersch. Learn more at [www.floridaestateplanning.com](http://www.floridaestateplanning.com).✪

## A Look At The Science Behind Climate Change

**C**limate change – sometimes referred to as global warming – has gone from a speculative concern to a widely-accepted scientific fact.

Governments from the national to the local level are trying to anticipate the impact that climate change will have on people's lives, from sea level rise to mass human migration. Though the problem is global, solutions often begin with small, personal choices.

BIG ARTS Talking Points series will provide some answers on Thursday, March 4 at 4 p.m. when renowned climate scientist Katherine Hayhoe presents a virtual discussion on current climate science and what individuals can do to make a difference.

Hayhoe is an accomplished atmospheric scientist who studies climate change and why it matters to the here and now. She directs the Climate Center at Texas Tech University and has a PhD in atmospheric science from the University of Illinois; has received the American Geophysical Union's Climate Communication Prize and the Sierra Club's Distinguished Service Award; and has been named one of *Time* magazine's 100 Most Influential People. She hosts the PBS digital series *Global Weirding* and serves on advisory committees for the Smithsonian Natural History Museum and the American Association for the Advancement of Science.

"We know the future is uncertain," Hayhoe said, "but we also know that we can't use past climate to predict the future anymore. Thanks to centuries' worth of carbon dioxide emissions from human

activities, the symptoms are not just limited to increases in mean temperature; they also include more frequent heavy precipitation extremes, rising sea level, stronger hurricanes, and more intense and more frequent heat waves."

Individual activity is part of the climate problem. Most of the electricity used daily is generated by fossil-based fuels. The food people eat is the product of agricultural methods that contribute to global temperature increases. One of the few benefits of the COVID-19 pandemic has been to dramatically illustrate how large-scale changes in human activity can have a major positive impact on the environment. How can individuals best become part of the climate solution?

Hayhoe observed that "as the scientific evidence builds, so does the opposition to solutions: they're impractical, or they'll harm people, or they're even too late, some argue. Why is climate change such a difficult problem to solve, and what can we do about it?"

Hayhoe untangles the complex science behind global warming and highlights the positive impact individuals can have on this human global challenge. Her presentation will be live-streamed and questions may be submitted by text during the session. Tickets can be purchased online at [www.bigarts.org](http://www.bigarts.org) or by calling 395-0900.✪



Katherine Hayhoe

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Want to get ahead of the "curve"? If you are a home buyer in our resale market, odds are, you are looking at 30-40 old houses. Some of these properties have been updated with new wind rated windows, remodeled kitchens and baths, new flooring, new roofs, air conditioning systems and, in some homes, new plumbing. A buyer will recognize these factors and be willing to pay a premium for homes in this condition.

Another viable option is to purchase a lot and build a new home, and be involved with planning the design, cabinetry and colors you prefer. Depending on the size of the home, we can put together a package of a home and lot between 1,500 and 2,000 square feet for a price between \$725,000 and \$900,000. We are very familiar with the city's building regulations. If this applies to you, be sure and talk to us. Here are two lots that will accomplish this goal and price.



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Broker/Owner



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## Community Advocate Shares Personal Story

submitted by Gloria Garrett

**M**ary Bondurant, realtor and Sanibel City Council candidate, presented Making Good Decisions Today at the Sanibel Captiva Business Women's Association February luncheon meeting, engaging both in-person and Zoom participants in a lively discussion.

Bondurant shared her experiences of over 25 years of community involvement on the islands and 15 years building a real estate business. "The decisions we make today on Sanibel will heavily influence the future," said Bondurant. "We need to plan the future based on facts taken in the context of wisdom from the past."

The Bondurant family discovered the islands on vacation and decided to stay after one week. "It was love at first sight with the first view of Sanibel from the causeway," said Bondurant. "It has been a great pleasure over the years introducing newcomers to the islands through real estate and serving with many groups to build a strong community."

Bondurant shared family photos illustrating the experiences in her life that drove her towards being a self-starter, creative problem solver, entrepreneur and eventually, brought her to raise a family on Sanibel. She started life in an



From left: Mary Bondurant, speaker and founding board member; Taylor Osborne, president; and Colleen Zurcher-McGauran, secretary photo provided

orphanage in Ireland. Adopted at the age of 3, Bondurant bravely flew alone to meet her new American family in New York City. She became a citizen and soon was old enough to help in the family business, running a resort in the Poconos. Bondurant joined the United States Air Force and met pilot Fred Bondurant, her future husband. Today, Mary, Fred and son John are island business partners, working with Kingfisher Real Estate.

On Sanibel, Bondurant has been involved in community activities from the

beginning. She has assumed leadership responsibilities in the Independence Day and Thanksgiving celebrations for decades. She founded Let's Pink Out in 2013 to raise funds supporting uninsured women's mammograms. In 2020, she was a founding board member of the Sanibel Captiva Business Women's Association.

Bondurant has also served on the Sanibel & Captiva Islands Chamber of Commerce board, rising to chair in 2019-20, is a volunteer and director at the Sanibel Historical Museum and Village, and served for many years in leadership roles in the local American Business Women's Association chapter. Bondurant received the 2021 Business Person of the Year Vocational Service Award from the Sanibel-Captiva Rotary Club.

"Mary is an outspoken advocate of clean water, small business viability and public health," said Taylor Osborne, president of the Sanibel Captiva Business Women's Association and co-founder of Iris Print & Designs. "She calls for understanding the facts and the history as we plan what's best for Sanibel."

The Sanibel Captiva Business Women's Association welcomes the community to its monthly hybrid meetings showcasing the Women in Leadership Speaker Series. The next meeting is scheduled for Tuesday, March 16 from noon to 1 p.m. Cost is \$30 for lunch with the speaker at Sundial Beach Resort & Spa. A donation to the continuing education scholarship fund is requested to attend via Zoom. Register on Eventbrite

at <https://sancapbwa.eventbrite.com>. Updates are posted at [Facebook.com/SanCapBWA](https://www.facebook.com/SanCapBWA). ✨

## Final Contract Awarded For Reservoir Project

**T**he South Florida Water Management District (SFWMD) Governing Board awarded the final contract needed to build the Stormwater Treatment Area (STA) component of the EAA Reservoir Project. The EAA Reservoir Project reduces harmful discharges to the northern estuaries and moves clean water south to the Everglades.

The \$175 million contract to create the natural wetland includes two pump stations, inflow and outflow canals, levees, culverts and earthwork.

Gov. Ron DeSantis made expediting the completion of the EAA Reservoir Project a key priority with one of his first executive orders, Achieving More Now For Florida's Environment (19-12).

The EAA Reservoir Project is a joint Everglades restoration project between SFWMD and the U.S. Army Corps of Engineers. The 6,500-acre STA, which is being built by SFWMD, will clean the water to meet state water quality standards before it is sent south. It is expected to be completed by 2023. The 10,500-acre reservoir, which is being built

continued on page 18B



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# BURNS *family* TEAM



1



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3

## 1. MAGAZINE READY HOME IN THE SANCTUARY - SANIBEL

- 5 BR/ 5.1 BA property situated on the bay & intercoastal waterway and framed in by the Sanctuary's signature 4th hole.
- Boasting 11,000sqft, the interior finishes include luxurious accent wall of glass, walk-in wine cellar, marble inspired Cambria counters, statement light fixtures & over a million dollars in updates.

• **\$2,998,000 EURO 2,658,932**

## 2. NEAR BEACH HOME OFF WEST GULF DRIVE - SANIBEL

- Fully furnished 3 BR/ 2 BA home (Currently configured as a 2 BR)
- Recently remodeled with coastal finishes, impact resistant windows

• **\$649,500 EURO 547,486**

## 3. BLIND PASS CONDO - SANIBEL

- 2 BR/2 BA bright ground floor condo in community just steps to world famous Bowman's Beach
- Community offers: large heated pool, BBQ grills, tennis, on-site office, and more!

• **\$485,000 EURO 396,021**

## 4. REMODELED IN VICTORIA COVE - EAST END / SANIBEL

- 4 BR +den/ 4 bath home on Sanibel's East end, steps to the beach with private boat dock & 16k lift.
- Gorgeously remodeled, large porches, private pool & spa, top floor master with sundeck and Gulf views

• **\$2,300,000 EURO 1,936,499**

## 5. GULF PINES WITH LAKE VIEWS

- 3 BR/ 3 BA home close to the beach path on Sanibel's west end
- Community amenities include pool and tennis courts

• **\$725,000 EURO 624,266**

## 6. DIRECT ACCESS CANAL HOME WITH PRIVATE DOCK - SANIBEL

- 3BR/ 2 BA ground level home on corner lot in Water Shadows community
- Remodeled home with garage and private pool overlooking the canal

• **\$899,000 EURO 734,303**



4



5



6



7



8



9

## 7. GULF VIEWS AT LOGGERHEAD CAY - SANIBEL

- Enjoy your 2 BR/2 BA condo with vaulted ceilings, situated 1 back from the Gulf with incredible views from the corner lanai
- Pet friendly community offers large pool, tennis, shuffleboard, and weekly rentals – great for families & investors.

• **\$945,000 Euro 777,541**

## 8. 4 BEDROOM HOME ON INTERSECTING CANAL - SANIBEL

- 4 BR/3 BA home with boat dock, lift, and private pool
- Large kitchen, private elevator, multiple lanai's including rooftop deck with Bay views

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## Frankly Speaking

by Howard Prager



Spring is coming (for those of us in the north that means temperatures above freezing – for you transplants you made the right choice this winter). There's not a lot to report. NBA is

moving towards the All Star game with a good number of players and teams still missing games. The NHL doesn't appear to have as many cancellations. In tennis, players for the Australian Open had to quarantine for two weeks upon arriving down under. The finals were somewhat predictable with Novak Djokovic, the number 1 seed, winning his 18th Grand Slam of his career, putting him two wins behind Federer and Nadal. On the women's side, Naomi Osaka showed her brilliance by winning in two straight sets over Jennifer Brady, who was making her first Grand Slam appearance. Osaka earlier beat Serena Williams in the semi-finals. This is Osaka's second majors title in a row after winning the U.S. Open last year. Said *The Guardian*, "Osaka has already established an all-time great hard-court grand slam resume but now her focus turns to increased consistency and the

other surfaces. At 39, Serena's level of play is still wonderful but in order to win again she will have to relearn how to rise for the biggest matches when it counts." But on the fans side, disgusting behavior. Tennis Australia Chair Jayne Hrdlicka was booed by the crowd at the awards ceremony for saying, "It's been a time of deep loss and extraordinary sacrifice for everyone. With vaccinations on the way, rolling out in many countries around the world it's now a time for optimism and hope for the future." Australian tennis fans have been condemned around the world, and it overshadowed Novak Djokovic's record-extending ninth Australian Open triumph on Sunday night.

On a lighter note, Tom Brady tweeted what he should do with his five months off before training camp to his 1.7 million followers. You can only imagine the vast amount of replies he received for that! Several fans tweeted to teach his kids football. Another suggested that "Brady should not veer away too much from the game, all while giving his 43-year-old body a good rest. One way to achieve this is by playing Madden on PlayStation 5." Another fan suggested that "Brady should use his platform to encourage all Americans to get vaccinated, which is not just for health and safety concerns. According to the fan, once people get immune to the virus, then the league can allow them to watch football games, most especially Brady's quest for his eighth ring." I love that CBS Sports tweeted

that Brady should "get his golf clubs and practice his swing." They must be thinking if he ever retires from football, he could take a crack at the PGA circuit, although that may be on the senior circuit at the rate he's going because it won't be until he's in his 50s!

And how does it feel to have pitchers and catchers back? You can tell this season is going to be more normal, because teams are back to paying crazy amounts for free agents, as well as signing their own talent to extensions, such as Fernando Tatis, Jr. agreeing to a 14-year, \$340 million dollar contract with the Padres, positioning themselves for many years ahead.

The good news story of the week is about the most grueling sailing race on the planet and one I just learned about, the Vendee Globe yacht race, where solo sailors race around the world. On the women's side, a new world record. "Clarisse Crémer smashed the women's record for the Vendee Globe sailing race on Wednesday when she arrived just over seven days ahead of the previous mark. The 31-year-old Frenchwoman's *Banque Populaire X* crossed the finishing line at Les Sables-d'Olonne in western France in 12th position after 87 days, two hours, 24 minutes, 25 seconds of solo sailing." A record six women competed in the 33-field.

The men's winner was Yannick

Bestaven, despite finishing behind Charlie Dalin and Louis Burton. This to me is the most compassionate event in sports. "Bestaven was declared the winner of the ninth Vendee Globe race after nearly three months due to an 10-hour, 15-minute bonus for his part in rescuing fellow sailor Kevin Escoffier off the Cape of Good Hope in December." What's more, the competitor who actually finished in front of him totally understood. "It's normal that those who were involved in the rescue get bonuses," said Dalin. "There's no controversy, it's part of sailing, part of the solidarity between sailors. It's not going to be a big deal." On the presentation podium, Bestaven turned to Dalin and said: "There are two winners of this race." Dalin replied magnanimously: "The day is yours to enjoy."

I think a sport that gives bonuses for helping competitors in trouble is a beautiful sight. And I cannot imagine the incredible ability and stamina needed to compete in this race.

Enjoy the week ahead as the first spring training games begin Sunday, as locally the Twins and Red Sox square off.

*Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandnews.com.\**

## Safety Protocols For JetBlue Park

The Red Sox have set safety protocols for fans attending Spring Training exhibition games at JetBlue Park in Fort Myers.

All fans will be issued a digital ticket through MLB's Ballpark App, and parking pass sales will be available online. Entry to JetBlue Park will include contactless ticket scanning. All bags are prohibited, with limited exceptions to accommodate medical needs and diaper bags. Metal detector settings will allow fans to keep common items like cell phones and key rings on during entry. Contactless payment options will be available at all concession stands and

merchandise points of sale. No food and beverage sales will be conducted in the seating bowl.

Face coverings are required for both staff and guests ages 2 and older, with limited exceptions for those actively eating or drinking in their ticketed seats. JetBlue Park will operate at approximately 24 percent of its normal capacity. Buffer zones will be created around the dugouts and bullpens to eliminate access to player areas. Autographs will not be permitted. Medical teams will be on site and an isolation area will be available for fans experiencing potential COVID-19 symptoms.

Sanitizing stations are located at all entrances, throughout the concourses, and in all restrooms. All interior areas of the ballpark will be disinfected nightly.\*

## Memorial Fishing Tournament For Military Veterans

Monday, March 1 marks the start of a month-long memorial fishing tournament honoring Stanley Moore, a World War II veteran and recently deceased father of local resident Pete Squibb. Tournament participants include 20 to 25 local wounded and disabled military veterans, most of whom saw battle in Afghanistan and Iraq.

Larry Kendzior, executive director of sponsoring organization Fish With a Hero, said, "It's about wounded heroes honoring a member of our greatest generation that makes this tournament

such a great event."

The tournament is catch and release, fly fishing only. Cash prizes will be awarded to the largest fish in each of four categories: snook, redfish, spotted sea trout and bluegill (which was Midwesterner Moore's favorite fish). Additional bonuses will be paid if the winning fish are caught on a fly and a fly rod made by the participant. Many local professional guides and captains will be helping the veteran participants, and recognition awards will be given to winning guides and captains.

Any wounded or disabled veteran is eligible to participate in the program upon registration with Fish With a Hero and Project Healing Waters Fly Fishing. Interested veterans or volunteer guides may call Larry Kendzior at 305-942-9678.

To make a donation to help fund tournament prizes or to view tournament

rules, visit <https://www.fishwithahero.com/2021-memorial-tournament>.

Fish With a Hero, started in 2014 by local Fort Myers resident Larry Kendzior and others, provides world-class fishing and outdoor experiences and sponsors programs designed to assist participants in dealing with the effects of PTSD, traumatic brain injury, and other disabilities and wounds of war.

Project Healing Waters Fly Fishing (PHWFF), founded in 2005, is a community-based, nonprofit 501(c)3 volunteer organization dedicated to the physical and psychological rehabilitation of injured active-duty military personnel and veterans with disabilities. This is accomplished through the therapeutic and rehabilitative benefits of fly fishing, patience and relationship-building. Participants include: active duty military,

disabled veterans, Guard and Reserve personnel with VA disability ratings. Whether wounded in combat, injured in vehicle or training accidents, or suffering debilitating illness, PHWFF serves all disabled veterans. Because of this, PHWFF is in a position to lead the way in helping today's young disabled veterans throughout their lifetime.\*

From page 15B

## Reservoir Project

by the U.S. Army Corps of Engineers, will hold 240,000 acre-feet of water.

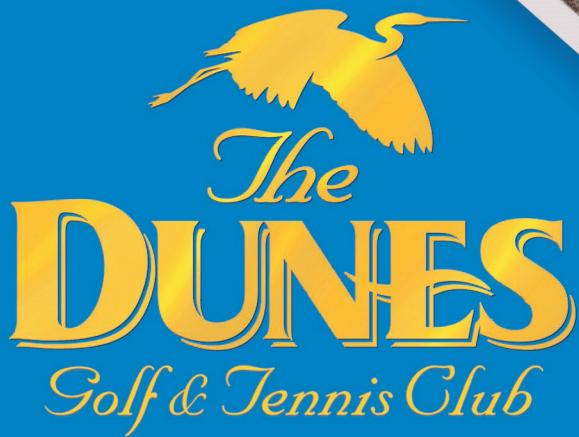
The district continues to advance all components of the Comprehensive Everglades Restoration Plan (CERP) all around South Florida to restore the Greater Everglades Ecosystem.\*

## SPORTS QUIZ

1. Who was the trainer of Triple Crown-winning racehorses Gallant Fox (1930) and Omaha (1935)?
2. It's tradition for Notre Dame Fighting Irish football players to touch a sign posted in Notre Dame Stadium before taking the field. What does the sign read?
3. What former NFL defensive lineman played the role of Sloth in the 1985 adventure comedy film *The Goonies*?
4. What American female distance runner won the Boston Marathon in 1979 and '83, and won the gold medal in the marathon at the 1984 Los Angeles Summer Olympics?
5. What cross-country skiing distance race, first held in 1973, is traditionally run every February in northern Wisconsin?
6. What Boston Celtics player suffered a season-ending knee injury attempting a dunk after the whistle in the final minutes of a 97-84 loss to the Indiana Pacers in 2007?
7. What NHL defenseman, who played with the Montreal Canadiens and Colorado Avalanche from 1990-2009, raced in the NASCAR Canadian Tire Series from 2009-15?

## ANSWERS

1. James "Sunny Jim" Fitzsimmons. 2. "Play like a champion today." 3. John Matuszak. 4. Joan Benoit. 5. The American Birkebeiner. 6. Tony Allen. 7. Patrice Bersebois.



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Health First

# Combating Loneliness And Social Isolation



by Julie Rosenberg, MD

**D**uring the COVID-19 pandemic, the physical distancing and stay-at-home policies implemented to control the spread of the virus have led us to a deeper appreciation of the

psychosocial consequences of loneliness and social isolation. Older adults and those with pre-existing mental health problems are more vulnerable to loneliness and social isolation, especially if they are dependent on family members or support from community services.

The terms “isolation” and “loneliness” are not interchangeable. Isolation is a separation from other people and is defined by the level and frequency of one’s social interactions. Loneliness is the subjective feeling of being alone, which can be experienced regardless of setting or circumstances. Loneliness, especially among older adults, was a growing concern in the pre-COVID-19 world, although the true prevalence of loneliness was unknown. Lonely people have higher rates of high blood pressure, heart disease, anxiety, depression, cognitive decline, and even death. Loneliness is associated with both suicide attempts and completed suicide among older adults. In addition, loneliness is associated with a 26 to 31 percent increased risk for all-cause early mortality. Therefore, we must find strategies to mitigate and prevent these conditions.

Here are seven actionable tips for those combating loneliness:

Maintain social connections with

technology – Technology has changed the way people interact with each other. Social media platforms such as Facebook, Twitter and Instagram enable people to stay connected in a variety of ways. Video chats are a great way to stay connected. If video technology is difficult for you to utilize, set up some phone calls throughout each week.

Move your body – Daily movement improves physical, emotional and mental health, including decreasing loneliness and improving mood. Movement can include any physical activities that you enjoy – walking, biking, hiking, swimming, or more gentle movements like tai chi or gentle yoga. Even taking short walks around your home or yard can help to improve your sense of wellbeing.

Spend time outdoors – For many people, spending time in nature is accompanied by feelings of serenity, peace and calm. In fact, studies have shown that it takes only five minutes to experience the relaxing effects of nature. Being outdoors can also help to improve creativity. If weather or health conditions preclude you from being outdoors, get some plants, herbs or flowers to enhance your home environment.

Relax – Spend at least a few minutes each day doing breathing exercises, light stretching, yoga or meditation. These activities help to calm your body and mind. Try this exercise: Slowly count your breaths from one to 10. For each cycle of breath, take a deep breath in through your nose, hold briefly and then let it out through your mouth via pursed lips. Each cycle of breath is one count. Counting your breaths from one to 10 will help to quiet your mind by focusing your attention on the simple activity of breathing.

Start a gratitude journal – Writing down things that you are grateful for is often a powerful antidote to loneliness and can help you to foster a more open mindset and positive outlook on life.

Practice self-compassion – Don’t blame yourself if you feel lonely. Instead, limit hurtful self-talk. Try talking to yourself in a way that is supportive, kind and caring.

Practicing self-compassion deepens your emotional resilience and can help you to manage feelings of loneliness.

Give back – Consider volunteering to help ensure that the basic needs of individuals in your community are met. This includes ensuring food, supplies and medication availability, especially for older adults who live alone. Contributing to your community in a way that feels good can be an excellent antidote for loneliness.

In summary, loneliness can be a powerful emotion to overcome. Pre-existing public health problems of loneliness and social isolation will continue well beyond the COVID-19 pandemic. On an individual level, practicing

self-compassion and being proactive about trying to overcome loneliness can help to lift your spirits and start you on a path to healing and feeling more connected. On a societal level, we need to increase humankind’s awareness of the epidemic of loneliness and explore effective and sustainable solutions to combat this public health crisis.

*Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at [www.drjulierosenberg.com](http://www.drjulierosenberg.com). For consulting and speaking requests, email inquiries to [info@drjulierosenberg.com](mailto:info@drjulierosenberg.com).*

## Real Estate Firm Makes Donation



From left, Julia Cacioppo, Phaidra McDermott, Mary Bondurant and Lisa Lauther

photo provided

Kingfisher Real Estate, Inc. recently donated \$1,250 to Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel to further assist with the nonprofit’s efforts to protect wildlife through state-of-the-art veterinary care,

research, education and conservation medicine.

For more information about CROW, visit [www.crowclinic.org](http://www.crowclinic.org). If you find an animal in need of help, call the wildlife clinic at 472-3644.

## Chair Elected For Airport Advisory Committee

The Lee County Port Authority Airports Special Management Committee (ASMC) elected Noel Address as chair and Fran Myers as vice chair during its February 16 meeting. Other members of the Airports Special Management Committee include John

Goodrich, Randy Krise and Robbie Roepstorff. The committee also includes two regional members, R. Scott Cameron and Dana Carr, who represent the interests of neighboring Collier and Charlotte counties.

The committee advises the board of port commissioners on policy matters pertaining to Southwest Florida International Airport and Page Field in Fort Myers. Each port commissioner appoints one ASMC member, who serves without compensation.

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## Two Aces At Sanibel Island Golf Club



**Jack Stahl** photos provided

Sanibel Island Golf Club's 6th hole offered up a pair of aces last week. First up was Jack Stahl, who aced the 6th hole playing with Scott Townsley.



**Marie and Frank Knuettel**

This is Stahl's seventh hole in one.

Three days later, Marie Knuettel made her first hole in one. She was playing with her husband, Frank, and Chuck and Keith Dubois.\*

### Life Insurance

## Life Insurance As An Investment



J. Brendan Ryan, CLU, ChFC, MSFS

Some people say that they can do better saving their money in a savings account rather than in cash value (CV) life insurance. These people say that they will not buy

such insurance because "it is not a good investment."

I agree with their analysis, but not with their conclusion. Read on.

First, we should be clear on some terms. Saving and investing are not the same thing.

Saving refers to setting some money aside, presumably for a short-term purpose, to be used for a short-term need, such as buying a car or getting together a down payment for a home purchase. Or the goal could be a somewhat longer need, such as accumulating an emergency fund for whatever may come up.

Investing usually refers to the accumulation of money for a long-term goal, such as a college fund or retirement.

When you are saving for a short-term goal, you need to protect the money from loss because you may need to use that money soon without being able to wait out a temporary setback in its value. When you are investing for the longer term, however, it is considered safe to expose the fund to some risk because the money will not be needed for a period of time and, thus, one can wait out a temporary setback on value.

So, the logical choice of a saving vehicle is a savings account, certificate of deposit, or perhaps a money-market fund. The vehicle for an investment could be, depending on one's risk tolerance,

real estate or the stock market. Such instruments have greater risk of loss but are usually safe for the long haul, and are chosen for their opportunity for better growth.

But when one buys life insurance, the goal is neither saving nor investing. Rather, life insurance should be considered an expense that one chooses to make in order to transfer one's risk of dying, transferring the risk from a family or a business to an insurance company.

The purchase of CV life insurance compared to term insurance should not be evaluated on its saving efficiency, that is, on its ability to accumulate funds during one's lifetime. The only considerations should be the most economical way to provide the needed death protection for the desired period and the likelihood that it can be afforded for the entire period. If the need is short-term, say five or 10 years, term insurance will usually be best. For an intermediate period, term may still be better. But, because CV insurance builds up cash, which is available when canceling the policy, thus reducing the overall net cost, that may be the better choice. But, since the premium for term insurance increases down the road to unaffordable levels, CV insurance is always better for the longer haul.

And in this decision-making process, it is important to bear in mind that the need for insurance typically never goes away, but rather just changes. People wind up wanting to keep their coverage for the future benefit of a spouse, an adult dependent offspring, a needy grandchild, or a charitable cause. Some just want to use life insurance in later years to increase the financial legacy that they leave behind.

But, despite these aspirations, those with term insurance are forced by increasing premiums to discontinue their policies while the level premium of CV coverage allows them to keep the policy until death. It can last until it is needed.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at [jbryanclu@aol.com](mailto:jbryanclu@aol.com).\*

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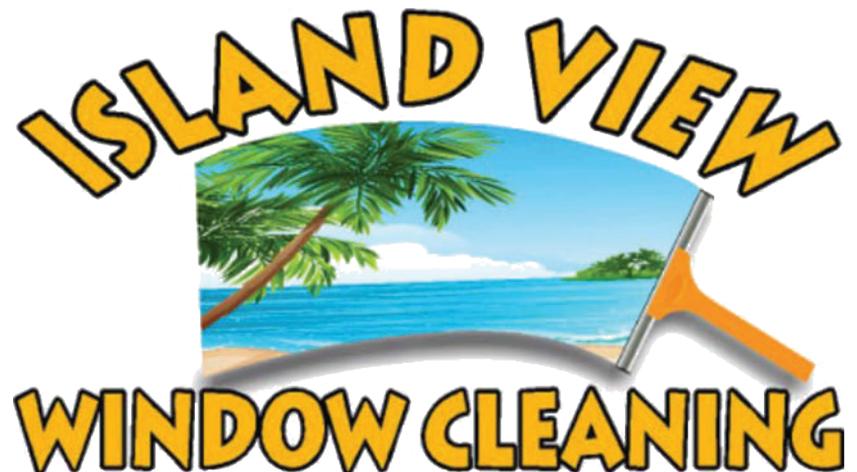
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# Tears



by Kay Casperson

I was recently reminded of how essential it is for us to cry now and then. A dear friend of mine had been dealing with personal things and, unfortunately, kept things inside for quite some time.

Instead of talking them out with friends or family, she instead held her emotions together herself. She thought she could handle it all independently.

One of the things I used to teach individuals when I did some public speaking years ago was to ask for help when you know you can't do it all on your own. This is a crucial lesson for us because so often, we think we are invincible. No matter how strong we are as individuals, we all need help to manage certain things.

Expressing our emotions through tears and crying is extremely important to let things out and clear our minds. Tears don't necessarily mean that you are sad or hurt. Tears can also come from being happy, proud, relieved, caring and connected. It actually shows a side of sensitivity that is essential in having your best and most beautiful life.

When I was a young girl, I remember that I never wanted anyone to see me

cry. I was the person that always lent a listening ear, a shoulder to cry on and tried to inspire people, even back then. So, I would find a place where no one could see me, and I would shed some tears to clear my mind and unload some emotions. I also recall how relieved I felt when I did. I regained my strength and stamina to keep being that person that people would lean on.

There are health benefits to shedding tears that might surprise you.

Tears may help to flush stress hormones and other toxins from your body.

Tears may help to give you a calming and soothing sense of relief.

Tears can release endorphins which are feel-good chemicals that may ease both emotional and physical pain.

Tears can restore emotional balance and lift your spirits.

So, grab a tissue and find a quiet place somewhere, whether in your home, car, porch, beach, woods or backyard. Shed some tears to clear your head, lift your spirits and soothe your soul.

My affirmation for you this week is: "I will allow myself the time and a place to cry now and then to stay healthy in my mind, body and spirit."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.\**

dearPharmacist

# How To Treat Post-Vaccination Symptoms



by Suzy Cohen, RPh

**Dear Readers:** Millions of people around the world are opting for the COVID-19 vaccine, and pharmacists are the front line health professionals

that see people coming in and asking for help. So, today, I'd like to offer tips and remedies in regards to this. I'd like to make one thing clear, this article is not a statement about whether you should receive the vaccine, or not. That is entirely up to you. Speak to your practitioner about what is right for you. My article is intended to help those of you who do opt to get it and then suffer with post-vaccination discomfort.

Here's what you can do to help yourself:

Make sure they inject it properly – You've probably seen people on TV getting vaccinated, but if the skin is pinched as the needle is injected, it could cause the vaccine to get placed into the fatty tissue right underneath your skin, instead of the muscle where it's supposed to be. In other words, they don't need to be pinching your deltoid muscle.

Pain at the site of injection – This is a very common occurrence. If you have ever received a shot in your arm, you already know how the surrounding muscles feels sore for up to a week. The reaction may be immediate, or slightly delayed. If it is pinkish-red, you

can apply some hydrocortisone to the area to help reduce that. Some experts suggest an antihistamine if the redness and heat is too much, in which case, something like Benadryl or Claritin.

You may take over-the-counter (OTC) analgesics such as acetaminophen (Tylenol) or ibuprofen (Advil) if you need to. There are some subtle differences between those two medications that you should be aware of. Please be sure to read the precautions for each medication to know which is right for you. These medications are useful to relieve minor aches and pains. Currently, it is advised not to take them in advance of the shot, as doing so may impact your immune system response to the vaccine.

Swelling at the site of injection – The fastest remedy for this is to put a cold pack on your arm for about five to 10 minutes. You can repeat the application every few hours. Another trick is to try a warm compress (soak a towel in very warm water, and wring it out). You could even alternate with an ice pack and then a warm compress. OTC analgesics like those listed above could be handy for this problem as well.

Pain and aches or fever – In most cases, mild discomfort in the body, or fever, is quite normal. You may take OTC analgesics such as acetaminophen or ibuprofen to reduce the aches/pain and fever. If it's mild, give yourself a sponge bath with lukewarm water and epsom salts. Get into bed with lighter pajamas and drink plenty of cool water.

Sensitivity to the first shot – If you have a severe reaction to the first shot, then you need to contact your physician for more instructions, and naturally cancel your second shot if scheduled.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).\**

# Scholarship Applications Close In March

The deadline to apply for the Red Sox's scholarships for the spring of 2021 is approaching. Applications are due by Friday, March 12.

The Red Sox Foundation will award a \$5,000 scholarship to 14 academically talented Lee County public high school seniors who have demonstrated a commitment to community service. One student from each of the 14 public high schools in Lee County will be awarded.

Applications are available to local Lee County public high school seniors online at [www.redsoxfoundation.org/leecountyscholarship](http://www.redsoxfoundation.org/leecountyscholarship).

Scholarship funds are raised annually from proceeds of the Red Sox annual Swings for the Sox Golf Tournament. "The Red Sox Foundation continues its commitment to providing the funds for these scholarships," said Brennan

Whitley, senior manager Florida business operations for the Boston Red Sox. "Despite COVID, we were really pleased that our ninth annual Swings for the Sox golf tournament was once again a huge success in our efforts to raise more money for these scholarships."

The Red Sox Foundation is a 501(c)3 nonprofit organization and the official team charity of the Boston Red Sox. The foundation's primary focus locally is in serving the health, education, recreation and social service needs of youth and families across Southwest Florida. The Red Sox Foundation is one of the most successful nonprofit organizations in all of Major League Baseball.

For more information, visit [www.redsoxfoundation.org](http://www.redsoxfoundation.org).\*

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Doctor and Dietician

## Health Benefits Of Tea Drinking



by Ross Hauser, MD  
and Marion Hauser, MS, RD

Tea has long been associated with good health. In Eastern cultures, tea held the key to good health. Current research now supports this. More specifically, studies from various universities such as Purdue, University of Wisconsin and Harvard have revealed a variety of health benefits from drinking tea.

Why is tea so good? It helps improve immune function, cognitive function, has been associated with decreased risk of cardiovascular issues, less fatigue, lower blood pressure, slowing the aging process, reducing stress, improved digestion, helping with sleep and may even aid with weight stabilization.

Green tea, black tea, white tea and oolong tea are considered by purists to be the only “real” teas. They are all derived from *Camellia sinensis* plants, shrubs native to China and India. They contain unique antioxidants, flavonoids, that help fight free radicals and assist with the above-mentioned health benefits.

Interestingly, green tea has a high concentration of EGCG (antioxidant) that has been widely studied. These antioxidants have been associated with reducing cancer growth and helping to burn fat and improve neurological and cardiovascular disorders.

Oolong tea has been shown in animal studies to help lower LDL cholesterol. Recent articles have associated it with weight loss and fat burning, but more studies need to be done.

We also found it interesting that black tea, which contains the highest amount of caffeine, may show protective properties on lungs exposed to cigarette smoke, and may also help reduce stroke risk.

So you may be thinking, hum, how could I start drinking more tea? Well, first of all, we are not talking about Lipton’s iced tea, sweet tea, or Arnold Palmer tea! You want to be purchasing organic, high-quality tea that is either loose or packed in unbleached tea bags. Quality tea is grown on good land, and processed with skill and care and not with a lot of added chemicals. Just like coffee or wine, you can spend loads of money on specialty teas.

We found a great source for tea at [www.republicoftea.com](http://www.republicoftea.com). Their motto is “Sip by sip rather than gulp by gulp.” Their mission is to canvass the most prized tea gardens in the world and find the worthiest of leaves for their customers. There are many other wonderful tea merchants out there. When we lived in Illinois, we purchased tea from Todd and Holland Tea Merchants – [www.todd-holland.com](http://www.todd-holland.com). The owner, Bill Todd, has made many journeys to China, Taiwan, Tibet and Japan. They are enthusiastic and passionate about fine teas and love to help their customers learn to appreciate the excitement and love of tea.

So take a little breather from coffee and add some tea to your life. It may extend it even longer too!

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*

## Chronic Disease Virtual Program

Lee Health’s Lee Health Solutions, in partnership with many local community agencies and supported in part initially by a grant from the Southwest Florida Community Foundation, is offering a research-based Chronic Disease Self-Management virtual program on Tuesdays beginning

March 16 from 1 to 3 p.m. and Wednesdays beginning March 17 from 1 to 3 p.m.

It’s All About You, originally developed at Stanford University Patient Education Research Center, is a program designed for people age 18 years or older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany chronic health conditions.

The free virtual workshop is two hours once a week for six weeks. To register, call 343-9264.\*

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** My husband left me for another woman. We were married 20 years. I am devastated and ridden with negative self-talk feeling that there is something wrong with me. Where

can I turn next?

**A:** What you have experienced is extremely painful, and you are grief stricken. I am sorry you have to go through this pain.

Life is challenging enough and now you have an additional burden. I have

worked with many clients, both male and female who have experienced abandonment, betrayal, and it is one of the worst encounters one can experience.

First, it is important that you have a support system. It can be clergy, friends, family, counseling, or all of the above. You don’t have to go through it alone. Next, you want to shift the negative self-talk by writing positive affirmations. Even though you may not believe them initially, the more you write positive affirmations down, you will begin to resonate with them. Some examples of positive statements/affirmations are:

1. I am a lovable person
2. I care about myself
3. I am practicing extreme self-care
4. I deserve love
5. I am a beautiful human being
6. I am surrounded with love

Begin to recognize that you have many positive attributes and although you were betrayed, often it’s the betrayer who is not healthy and has a void within. It is now your turn to rise to resilience and get the support you need to do this. Work on being in the present, so that you can heal the past and move forward.

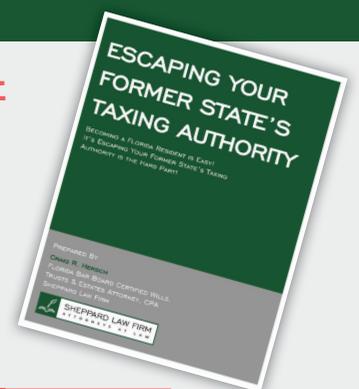
Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).\*

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- Fire Department, Captiva ..... 472-9494
- Florida Marine Patrol..... 332-6966
- Florida Highway Patrol ..... 278-7100
- Poison Control..... 1-800-282-3171
- Chamber of Commerce..... 472-1080
- City Council ..... 472-4135
- City Building Department..... 472-4555
- City Manager ..... 472-3700
- City Planning & Code Enforcement Department ..... 472-4136
- City Public Works ..... 472-6397
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- Library, Captiva ..... 239-533-4890
- Lee County Mosquito Control ..... 239-694-2174
- Post Office, Sanibel ..... 472-1573
- Post Office, Sanibel (toll free) ..... 800-275-8777
- Post Office, Captiva..... 472-1674
- Sanibel Community House..... 472-2155
- Center 4 Life, Senior Center..... 472-5743
- ARTS**
- Arcade Theater..... 332-4488
- Art League Of Fort Myers..... 275-3970
- BIG ARTS..... 395-0900
- Broadway Palm Dinner Theatre ..... 278-4422
- Fort Myers Symphonic Mastersingers ..... 288-2535
- Gulf Coast Symphony..... 277-1700
- Herb Strauss Schoolhouse Theater..... 472-6862
- Lee County Alliance for the Arts ..... 939-2787
- Naples Philharmonic..... 597-1111
- Sanibel Music Festival ..... 336-7999
- Sanibel-Captiva Art League ..... sancapart.org
- Southwest Florida Symphony ..... 418-0996
- Symphonic Chorale of Southwest Florida ..... 560-5695
- CLUBS & ORGANIZATIONS**
- ABWA..... <http://abwasanibelcaptiva.org>
- American Legion Post 123..... 472-9979
- Angel Flight SE ..... 1-877-4AN-ANGEL
- Audubon of SWFL..... <https://www.audubonswfl.org/>
- Audubon Society..... 472-3744
- Bailey-Matthews National Shell Museum ..... 395-2233
- CHR Community Housing & Resources ..... 472-1189
- Community Foundation of Sanibel-Captiva ..... 274-5900
- COTI Committee of the Islands ..... coti@coti.org
- CROW, Clinic For The Rehabilitation of Wildlife..... 472-3644
- Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211 984-5920
- FISH OF SANCAP Neighbors Helping Neighbors ..... 472-4775
- FISH OF SANCAP 24-hr service..... 472-0404
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- Horticulture and Tea Society of Sanibel and Captiva . 472-8334
- JN "Ding" Darling National Wildlife Refuge ..... 472-1100
- Kiwanis Club ..... 677-7299
- League of Women Voters ..... sanibelLWV@gmail.com
- Lions Club, Jeff MacDonald..... 302-521-1158
- Master Gardeners of the Islands ..... 472-6940
- Military Officers Assc. of America, Alex MacKenzie .. 395-9232
- Newcomers ..... 472-9332
- Notre Dame Club of Southwest Florida ..... 768-0417
- Optimist Club..... 472-0836
- PAWS, Protection of Animal Welfare Society . . . 239-313-6918
- Progressive Club of the Islands ..... pcisancap@gmail.com
- Rotary Club ..... 472-7257 or 472-0141
- Sanibel Bike Club ..... sanibelbicycleclub.org
- Sanibel Beautification Inc. .... 470-2866
- Sanibel-Captiva Orchid Society..... 472-6940
- Sanibel-Captiva Power Squadron . . . www.sancapboating.club
- Sanibel-Captiva Republican Caucus..... 395-0819
- Sanibel-Captiva Shell Club..... 267-7291
- Sanibel Historical Museum & Village ..... 472-4648
- Sanibel Island Fishing Club..... 472-8994
- Sanibel Youth Soccer..... 395-2040
- SCCF Sanibel-Captiva Conservation Foundation..... 472-2329
- SCCF Sea Turtle Hotline..... 978-728-3663
- Shell Islands Garden Club ..... 246-8875
- United Way of Lee County - 24 hour helpline 211 . . . 433-2000
- Zonta Club ..... 728-1971

To be listed in calling card email your information to: [press@islandsunnews.com](mailto:press@islandsunnews.com)

# PUZZLES

Answers on page 31B



"First thing we gotta get you, boss, is a new \_\_\_\_\_!"

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Awe   \_\_\_\_\_

Deliver  \_\_\_\_\_

Oppose   \_\_\_\_\_

Saunter   \_\_\_\_\_

**TODAY'S WORD**

\_\_\_\_\_

## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Sale sign is added. 2. Button missing from woman's jacket. 3. Ceiling light is added. 4. Bottle is missing. 5. Man's tie is white. 6. Row of rings is missing.

## To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 6 |   |   | 4 |   | 9 |   |
| 4 |   |   |   | 7 |   |   |   | 2 |
|   | 5 |   | 2 |   |   |   | 1 |   |
|   | 2 |   |   | 9 |   |   | 6 |   |
|   |   | 7 |   |   | 8 |   |   | 3 |
| 8 |   |   | 7 |   |   | 5 |   |   |
|   |   | 2 | 1 |   |   |   | 7 |   |
| 7 |   |   |   |   | 5 | 4 |   |   |
|   | 9 |   |   | 8 |   |   |   | 1 |

# PETS OF THE WEEK



**Maverick and Monte ID# A850693**

shorthair. I'm part of a dynamic duo of brothers. While I'm similar in appearance to Maverick, we are quite different in personality. I'm the more outgoing brother that will take the lead, while Maverick is more of the shy, quiet type. I can play for hours, and Maverick is more of a crawl-in-your-lap-for-cuddles sort of fellow. My adoption fee is \$50, and you can adopt a kitty friend for me at no additional cost.

*Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit [www.leelostpets.com](http://www.leelostpets.com) to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.\**

Ashley ID# A852355 photos provided

Lee County Domestic Animal Services

## Ashley And Monte

**H**ello, my name is Ashley. I'm a 7-year-old red female pit bull mix. I'm an expert cuddler and can find the squeaker in any toy in 2.5 seconds. I'm told that any family would be lucky to have me, and that I'm truly a gem. My adoption fee is \$25.

Hi, my name is Monte. I'm a 5-month-old black male domestic

## Lee Health Hospitals Among America's Best

**A**ll Lee Health adult acute care hospitals have been named among America's Best Hospitals for 2021, a distinction that places them in the top two and five percent of hospitals nationwide, according to Healthgrades, a leading online resource for information about physicians and hospitals. This designation rewards hospitals that consistently exhibit comprehensive, quality care across all clinical areas.

"We are honored to be recognized among the best in the nation for consistently providing safe, quality care," said Larry Antonucci, MD, MBA, president and chief executive officer of Lee Health. "This achievement is a testament to the extraordinary care that our amazing team provides and the lasting contribution they are having on the community's health through achieving excellent outcomes."

This year, Cape Coral Hospital earned a coveted Top 100 spot, placing them in the top two percent of hospitals nationwide. Gulf Coast Medical Center, HealthPark Medical Center and Lee Memorial Hospital earned the Top 250 best hospitals designation, placing them in the top five percent. The top distinctions mean patients at Lee Health hospitals are less likely to experience medical or surgical complications and have the best chances for survival during and after hospitalization.

The list is based entirely on clinical quality outcomes for 32 conditions and procedures. Healthgrades evaluates hospital performance for more than 4,500 hospitals across the nation annually based on Medicare inpatient data from the Centers for Medicare and Medicaid Services Medicare Provider Analysis

and Review (MedPAR) database. No hospital can opt-in or opt-out, nor can they pay to be evaluated. To learn more about how Healthgrades determines America's Best Hospitals award recipients, visit [www.healthgrades.com/quality/hospital-ratings-awards](http://www.healthgrades.com/quality/hospital-ratings-awards).

The honor builds on Lee Health's hospitals' recent recognitions for quality and safety. Last year, all four Lee Health hospitals earned "A" grades in the Leapfrog Group's biannual hospital safety grades. The group also named Golisano Children's Hospital of Southwest Florida a "top hospital" for the fourth straight year.\*

## Learn How To Prevent Diabetes

**L**earn about a variety of tools that have been proven to prevent or delay the onset of Type 2 Diabetes during a free virtual program on Wednesdays, beginning March 3 from 6 to 7 p.m. The program is designed to help participants make modest lifestyle changes and cut the risk of type 2 diabetes by more than half.

The year-long program involves weekly meetings for the first six months, then once or twice a month for the second six months. It is part of the National Diabetes Prevention Program, led by the Centers for Disease Control and Prevention (CDC).

Information presented in the workshop can help you become empowered to prevent type 2 diabetes. Learn about the benefits of physical activity, manage symptoms of stress, make smarter decisions related to healthy eating and stay motivated with provided tips. Participants will receive a guide to use as an ongoing reference tool once the classes are completed.

Registration is required. Call 424-3127 for more information.\*

## My Stars ★★★★★

**FOR WEEK OF FEBRUARY 21, 2021**

**Aries** (March 21 to April 19) Time is on your side in the early part of the week. But anything left undone by midweek will need to be put into rush mode. The weekend offers choices for you and someone special.

**Taurus** (April 30 to May 20) Finally getting credit for a contribution is nice for all you idea-generating Ferdinands and Fernandas. But don't sit on your laurels under the cork tree. Use it as a first step to a bigger opportunity.

**Gemini** (May 21 to June 20) Despite the progress made, a hint of doubt might set in. That's OK. You need to stop and consider not only what you're doing but also how you are doing. Make adjustments where needed.

**Cancer** (June 21 to July 22) The dreamer is dominant in the Moon Child's aspect, but a dollop of hardheaded practicality is coming up fast and jockeying for space. The challenge is to make room for both modes.

**Leo** (July 23 to August 22) It's a good week for Leos and Leonas to start assessing what they've done and what they plan to do. Moving to a new environment – home or job-related – is a

possibility for some Cats.

**Virgo** (August 23 to September 22) The week calls for Virgos to make tough decisions, but in a way that leaves the door open for changes. Ask for advice from someone who has been in the position you're in now.

**Libra** (September 23 to October 22) Disappointments are never easy to take, but you have the ability to learn from them and go on to success. Meanwhile, continue to build up your contacts. You'll need them soon.

**Scorpio** (October 23 to November 21) Things might still be going much too slowly to suit you. But you need the time to make sure they're going in the right direction. It's easier to make a course correction now rather than later.

**Sagittarius** (November 22 to December 21) Showing some temperament at the way things are going is one way of getting your point across. Just don't overdo it, or you risk turning away more-moderate supporters.

**Capricorn** (December 22 to January 19) Things could change more quickly this week than you like. But don't fret; you'll most likely find that you're up to the challenges. The weekend offers much-needed relaxation.

**Aquarius** (January 20 to February

18) Big challenge coming up? Uncross those fingers and believe that you're going to do well. And keep in mind that so many people have faith in your ability to succeed.

**Pisces** (February 19 to March 20) Testing the waters is a good way of learning about an opportunity before plunging right in. Ask more questions and be alert to any attempts to avoid giving complete answers.

**Born This Week:** You have a gift for making people – and animals, too – feel special and loved.

### MOMENTS IN TIME

- On March 5, 1770, a mob of American colonists gathers at the Customs House in Boston and begins taunting the British soldiers guarding the building. The protesters, who called themselves Patriots, were protesting the occupation of their city by British troops.

- On March 3, 1865, President Abraham Lincoln signs a bill creating the Freedman's Bureau. The federal agency oversaw the transition of African Americans from slavery to freedom. The bureau was given power to dispense relief in the South, provide medical care and education, and redistribute "abandoned" lands to former slaves.

- On March 2, 1904, Theodor Geisel, better known as Dr. Seuss, the author and illustrator of such beloved children's books as *The Cat in the Hat*, is born in Springfield, Massachusetts. Geisel used his middle name (which was also his mother's maiden name) as his pen name.

- On March 4, 1918, the first cases of the deadly Spanish flu pandemic are reported in soldiers at Fort Riley, Kansas. The virus soon traveled to Europe with U.S. soldiers heading to aid the Allies in France. The flu would eventually kill 20 million to 50 million people around the world.

- On March 7, 1923, The New Republic publishes Robert Frost's poem *Stopping by Woods on a Snowy Evening*, which begins with the famous line "Whose woods these are, I think I know."

- On March 1, 1966, Venera 3, an unmanned Soviet probe launched from Kazakhstan, collides with Venus, the second planet from the sun. It was the first spacecraft to reach the surface of another planet.

- On March 6, 2001, Napster begins complying with a federal court order to block the transfer of copyrighted songs over its peer-to-peer network. Some 60

continued on page 30B

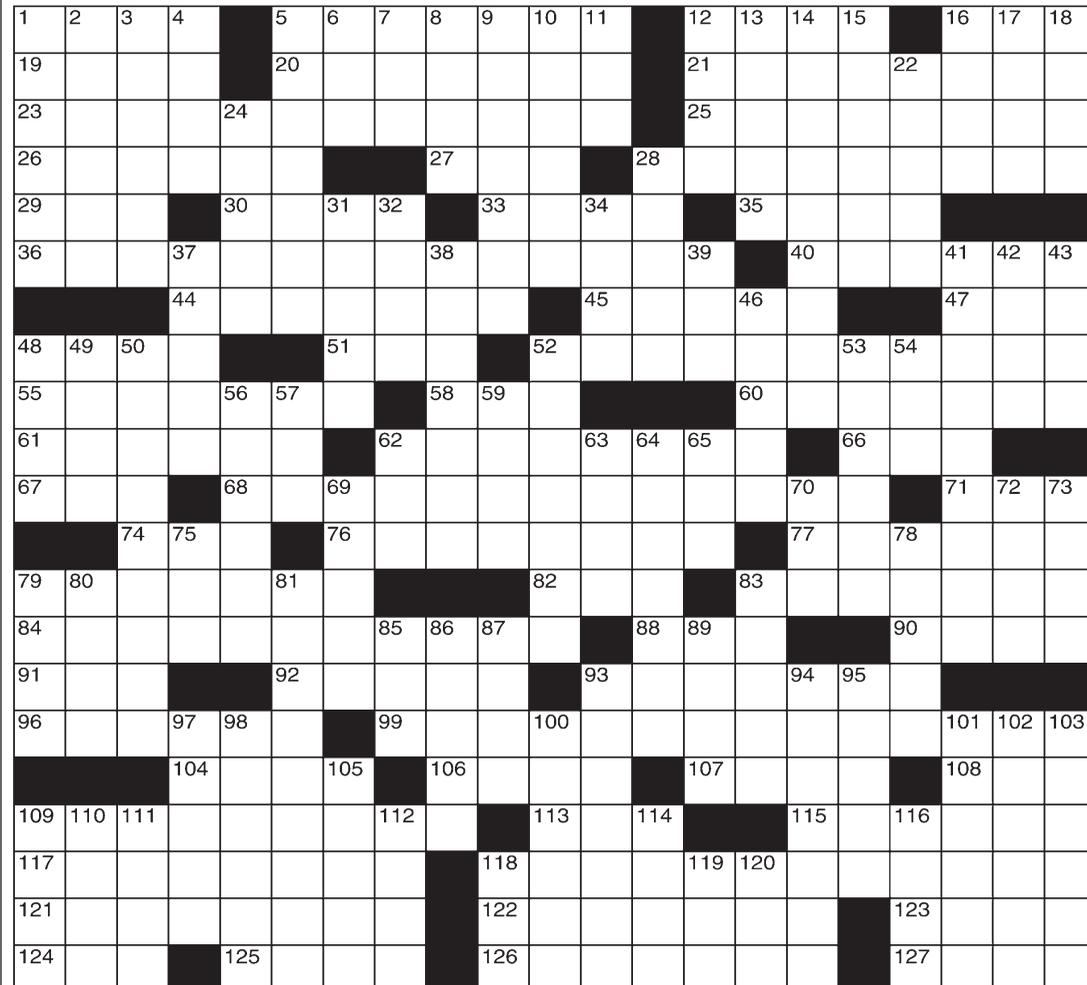
# PUZZLES

Answers on page 31B

## Super Crossword

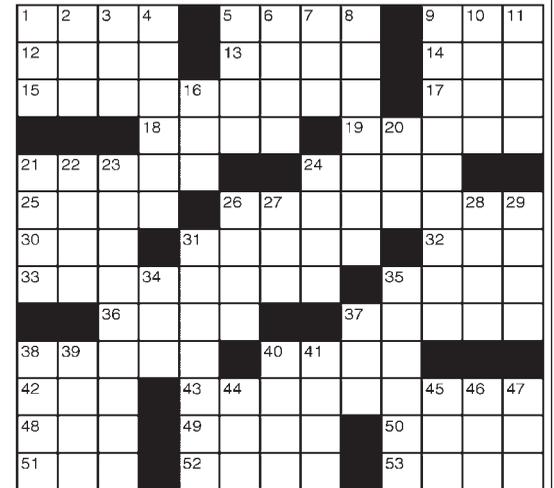
BACKUP  
FUNCTION

- ACROSS**
- 1 "When — your age ..."
  - 5 Having two systems
  - 12 One of the "Little Women"
  - 16 Angry crowd
  - 19 "99 Red Balloons" band
  - 20 Really foolish
  - 21 First digits dialed, often
  - 23 \* President of Nicaragua
  - 25 Added yeast to, as bread
  - 26 San —, Buenos Aires
  - 27 Oklahoma tribe
  - 28 \* Rock yielding element #28
  - 29 Riddle-me- —
  - 30 1/36 yard
  - 33 Jai —
  - 35 Head, to Fifi
  - 36 \* Historical French area
  - 40 Way of being torn, thrilled or loved
  - 44 Put aside for future use
  - 45 Handed out
  - 47 Prefix with soul
  - 48 With 8-Down, 1859 George Eliot novel
  - 51 Cal. neighbor
  - 52 \* Crank-turned instrument
  - 55 Prioritizes, as patients
  - 58 Hosp. area
  - 60 TV antennas
  - 61 Bond film
  - 62 Place for a welcome mat
  - 66 CPR giver
  - 67 Mil. officer
  - 68 \* An off-Broadway theater is named for her
  - 71 Linden of TV
  - 74 Ice-T's music
  - 76 Plane fliers
  - 77 Viewpoint
  - 79 Apple tablet download
  - 82 A fifth of fifty
  - 83 Nuclear reactor part
  - 84 \* Popular citrus fruit
  - 88 "I solved it!"
  - 90 Nile vipers
  - 91 China's Lao- —
  - 92 Fully enjoy
  - 93 1966-2013 bookstore chain
  - 96 Funny feline photo meme
  - 99 \* Musical group playing industrial drums
  - 104 Egg cell
  - 106 Genesis twin
  - 107 Diana of "Dance Hall"
  - 108 Ball or bass ender
  - 109 \* Mafia boss
  - 113 Newsman
  - 115 2017 biopic about an Olympic figure skater
  - 117 Per-night cost to stay at a 105-Down
  - 118 "Mr. Mom" plot premise (and what the answers to the starred clues have)
  - 121 Like not-yet-sampled food
  - 122 Two-function
  - 123 Fodder tower
  - 124 Day, in Spain
  - 125 Squirmy fish
  - 126 Lee who advised Reagan and Bush
  - 127 Couturier Cassini
  - DOWN**
  - 1 Gandhi of India
  - 2 Ferret's kin
  - 3 Lennox and Potts
  - 4 Uttered
  - 5 "Nonsense!"
  - 6 Kin of "equi-"
  - 7 Old space station
  - 8 Hip about
  - 9 Related to food intake
  - 10 African land
  - 11 Meadowland
  - 12 Island east of Java
  - 13 Build
  - 14 Stovetop whistler
  - 15 Can't say no
  - 16 Part of MSG
  - 17 Polish river
  - 18 See 48-Across
  - 22 Big name
  - 24 "Fanny" author Jong
  - 28 San Fran NFLer
  - 31 Tribal groups
  - 32 Gordie of hockey
  - 34 Verdi's title slave
  - 37 Makeup brand
  - 38 Pasta dish
  - 39 Head of corn
  - 41 Collects, as a harvest
  - 42 River duck
  - 43 Many heirs
  - 46 Sprang
  - 48 24-hr. "bankers"
  - 49 Tow
  - 50 Business of Delta
  - 52 Chemistry lab tube
  - 53 Ominous last words
  - 54 Cup edge
  - 56 Female bud
  - 57 Rhea's kin
  - 59 Fizzy drink
  - 62 Fraction: Abbr.
  - 63 — gin fizz
  - 64 Vicious vortex
  - 65 Lifesaving locs.
  - 69 "Lady for a Day" director
  - 70 It flows in la Seine
  - 72 Rent- — (security guard)
  - 73 Classic Ford models
  - 75 Ending for lime
  - 78 Blueprints
  - 79 Part of IHOP: Abbr.
  - 80 Part of UTEP
  - 81 Claim the truth of
  - 83 Actress Edie
  - 85 Colorado NHLers, to fans
  - 86 Eminent
  - 87 Coll. seniors' tests
  - 89 Challenging
  - 93 "Never on Sunday" rule
  - 94 Person who is prospering
  - 95 Opposite of east, in Madrid
  - 97 Key next to a period
  - 98 Disinclined
  - 100 Dine away from home
  - 101 Throat part
  - 102 "Casino —" (Bond film)
  - 103 Not digital
  - 105 Roadside lodging
  - 109 "Damn it!"
  - 110 Rice-A- —
  - 111 Greek vowel
  - 112 Crimson and cherry
  - 114 Boxer Oscar — Hoya
  - 116 Roughly
  - 118 Std. for a nutritionist
  - 119 Deep groove
  - 120 Suffix with Siam



## King Crossword

- ACROSS**
- 1 Seize
  - 5 Butte's kin
  - 9 Cardinal cap letters
  - 12 "Othello" villain
  - 13 In — (lined up)
  - 14 Weeding tool
  - 15 Reality show for aspiring entrepreneurs
  - 17 PC key
  - 18 Minor quibbles
  - 19 Hospital sections
  - 21 Type of beam
  - 24 Pack (down)
  - 25 Reverberate
  - 26 Rubber wedge, say
  - 30 Small battery
  - 31 All better
  - 32 Actress Thurman
  - 33 Hoedown musicians
  - 35 Author Harte
  - 36 Seeing things
  - 37 Tubular pasta
  - 38 Tribal emblem
  - 40 Coffee, slangily
  - 42 Mess up
  - 43 Temporary
  - 48 GPS suggestion
  - 49 Last write-up
  - 50 Despot
  - 51 British verb
  - 10 Snatched
  - 11 Reply to "Shall we?"
  - 16 White wine cocktail
  - 20 Mornings (Abbr.)
  - 21 Piece of lettuce
  - 22 Exotic berry
  - 23 Elm, for one
  - 24 Low digits
  - 26 Union payment
  - 27 Bruins legend
  - 28 Portent
  - 29 Canape spread
  - 31 South Carolina uni-
  - 34 Decorate
  - 35 Actor Warren
  - 37 Beetle
  - 38 Bailey's rank (Abbr.)
  - 39 Garr of "Tootsie"
  - 40 Scrap
  - 41 Museo display
  - 44 Showtime rival
  - 45 Jargon suffix
  - 46 Squealer
  - 47 Hosp. scan
- DOWN**
- 1 USO audience
  - 2 Fan's cry
  - 3 Khan title
  - 4 Third-largest island
  - 5 "The Martian" actor Damon
  - 6 Historic periods
  - 7 Junior
  - 8 Clumsy
  - 9 Mountain road feature



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 Z X E W O A A I U T S Q I W O  
 N L J C G T T H R I L L E R H  
 F D N A N I C A Y O W S V T E  
 S Q S A L **A D V E N T U R E** P  
 N L F O B K M Y R E T S Y M I  
 H F P E C R B O R Z Y W I V U  
 S R Q P N M U N R O R R O H L

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
 Unlisted clue hint: **Saying One Thing Implying Another**

- |           |            |           |          |
|-----------|------------|-----------|----------|
| Action    | Drama      | Mystery   | Thriller |
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|                                                                                                                             |                                                                                                                                |                                                                                                                              |                                                                                                                              |                                                                                                                                 |                                                                                                                                   |                                                                                                                                  |
|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
|  <b>FRIDAY</b><br>Sunny<br>High: 76 Low: 64 |  <b>SATURDAY</b><br>Sunny<br>High: 77 Low: 67 |  <b>SUNDAY</b><br>Sunny<br>High: 76 Low: 65 |  <b>MONDAY</b><br>Sunny<br>High: 77 Low: 66 |  <b>TUESDAY</b><br>Sunny<br>High: 72 Low: 60 |  <b>WEDNESDAY</b><br>Sunny<br>High: 70 Low: 61 |  <b>THURSDAY</b><br>Sunny<br>High: 74 Low: 62 |
|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|

| Redfish Pass Tides |          |         |         |          |
|--------------------|----------|---------|---------|----------|
| Day                | High     | Low     | High    | Low      |
| Fri                | 1:49 pm  | 6:49 am | None    | 5:52 pm  |
| Sat                | 12:23 am | 7:20 am | 2:01 pm | 6:39 pm  |
| Sun                | 1:11 am  | 7:50 am | 2:16 pm | 7:29 pm  |
| Mon                | 2:02 am  | 8:18 am | 2:35 pm | 8:22 pm  |
| Tue                | 2:57 am  | 8:45 am | 2:59 pm | 9:21 pm  |
| Wed                | 4:01 am  | 9:08 am | 3:28 pm | 10:28 pm |
| Thu                | 5:23 am  | 9:25 am | 4:02 pm | 11:47 pm |

| Point Ybel Tides |          |         |          |          |
|------------------|----------|---------|----------|----------|
| Day              | High     | Low     | High     | Low      |
| Fri              | 12:54 pm | 6:51 am | 11:28 pm | 5:54 pm  |
| Sat              | 1:06 pm  | 7:22 am | None     | 6:41 pm  |
| Sun              | 12:16 am | 7:52 am | 1:21 pm  | 7:31 pm  |
| Mon              | 1:07 am  | 8:20 am | 1:40 pm  | 8:24 pm  |
| Tue              | 2:02 am  | 8:47 am | 2:04 pm  | 9:23 pm  |
| Wed              | 3:06 am  | 9:10 am | 2:33 pm  | 10:30 pm |
| Thu              | 4:28 am  | 9:27 am | 3:07 pm  | 11:49 pm |

| Punta Rassa Tides |          |         |         |          |
|-------------------|----------|---------|---------|----------|
| Day               | High     | Low     | High    | Low      |
| Fri               | 12:58 pm | 6:49 am | None    | 6:25 pm  |
| Sat               | 12:18 am | 7:25 am | 1:28 pm | 7:12 pm  |
| Sun               | 12:58 am | 8:00 am | 1:56 pm | 8:01 pm  |
| Mon               | 1:46 am  | 8:34 am | 2:21 pm | 8:51 pm  |
| Tue               | 2:51 am  | 9:06 am | 2:43 pm | 9:40 pm  |
| Wed               | 4:01 am  | 9:34 am | 3:08 pm | 10:34 pm |
| Thu               | 5:13 am  | 9:57 am | 3:41 pm | 11:44 pm |

| Cape Coral Bridge Tides |         |          |         |          |
|-------------------------|---------|----------|---------|----------|
| Day                     | High    | Low      | High    | Low      |
| Fri                     | 1:44 am | 10:05 am | 3:59 pm | 9:08 pm  |
| Sat                     | 2:33 am | 10:36 am | 4:11 pm | 9:55 pm  |
| Sun                     | 3:21 am | 11:06 am | 4:26 pm | 10:45 pm |
| Mon                     | 4:12 am | 11:34 am | 4:45 pm | 11:38 pm |
| Tue                     | 5:07 am | 12:01 pm | 5:09 pm | None     |
| Wed                     | 6:11 am | 12:37 am | 5:38 pm | 12:24 pm |
| Thu                     | 7:33 am | 1:44 am  | 6:12 pm | 12:41 pm |

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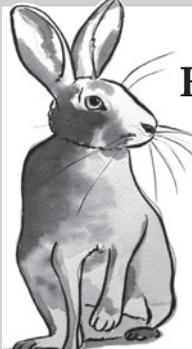
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From page 25B

## Moments In Time

million users around the world had freely exchanged digital mp3 files using Napster, which folded three months later.

### NOW HERE'S A TIP

- Fruit math: A tomato or an apple plus green bananas in a paper bag equals ripe bananas.
- Empty tissue boxes have so many uses. Try lining one with a plastic grocery bag and keeping it in your car for stray trash. Or you can use it to corral all of those plastic grocery bags until you need them – just stuff them in one at a time. Lastly, and probably my favorite: Cut out doors and windows to use as houses for kids' toys. Imagination makes the possibilities endless. – JoAnn
- "Jazz up your pancakes by adding pureed frozen blueberries or strawberries. It

turns the mix either blue or red, and it's fun for the kiddos." – VR in Florida

- "We are always prompted to choose strong passwords, but a random collection of letters, numbers and special symbols can be hard to remember. I make a strong password by using a coded phrase, like "My three boys are No. 1," which might be "MY3boysR#1." Just thought I'd share my trick, but not my password!" – RW in Iowa
- Keep a bottle of club soda handy for spot stains on carpets or upholstery. It's good for more than just drinks.

### STRANGE BUT TRUE

- A team of Japanese scientists and engineers created a fire alarm for the deaf that works by spraying vaporized wasabi into the air – it will even wake them up if they're sleeping.
- Bees can fly higher than Mount Everest.
- In 1960, during a period of high tensions between Havana and Washington,

a Cuban cow got hit by a chunk of a falling U.S. satellite. Islanders got a dig in at their American neighbors by parading another cow through the streets sporting a sign that read, "Eisenhower, you murdered one of my sisters!"

- Before trees existed, the earth was covered with giant white mushrooms.
- All astronauts going to the International Space Station have to learn to speak Russian, as the controls of their Soyuz spacecraft are in that language.
- Fried chicken originated in Scotland.
- Off-duty paramedic Matthew McKnight earned the dubious Guinness World Record for furthest distance thrown by a car when he was hit by a vehicle traveling 70 mph and was catapulted 118 feet. Amazingly, while he suffered serious injuries, he managed to recover.
- There is a Fictitious Athlete Hall of Fame. Inductees include Rocky Balboa, Mr. Miyagi and Happy Gilmore.
- You're more likely to be bitten by a

human than a shark.

- Not that we think you'd actually drink this much, but 10 gallons of carrot juice will kill you. Its vitamin A content is high enough to make your brain swell, along with other nasty symptoms. By the way, you can also overdose on the vitamin by eating a pound of polar bear liver every day.

### THOUGHT FOR THE DAY

"Actually, in my opinion you never completely find yourself because you are always growing as a person and learning throughout your life. It is a process." – Robert A. Bofman

### TRIVIA TEST

1. **Theater:** Which city was the setting for the musical "Cabaret"?
2. **Language:** What does the Latin phrase "veritas vos liberabit" mean?
3. **Television:** What was the name of

# CLASSIFIED

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1/4 \* TFN

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1/8 \* 4/2

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2/26 \* 2/26

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2/26 \* 2/26

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### ANNUAL RENTAL

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### HELPER

Are you elderly, disabled or just don't have free time?  
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12/11 \* TFN

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## PSA

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7/31 \* TFN

## HELP WANTED

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2/26 \* 2/26

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10/30 \* TFN

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1/22 \* TFN

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2/5 \* 2/26



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  - Short Walk to beach or west end village
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  - Weekly Rentals, Best Investment on the Island!
- \$1,099,999**

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  - Perfect Island Getaway, Beautiful Clear blue waters!
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